



recharge your soul

**A year-long journey
to becoming your
best self**

OCTOBER 24 - OCTOBER 31, 2023
8 DAYS IN ISRAEL

join

women from all over the world for a revitalizing year of self-exploration, unforgettable experiences in Israel, and inspiring Jewish learning.

enjoy

empowering Jewish classes led by world-class speakers and Israeli thought-leaders

explore

spiritual Tsfat, dynamic Tel Aviv, Masada's desert magic, Shabbat in Jerusalem, and many more unique experiences

discover

how to connect deeper with yourself, your family, and your community



apply now

Free trip*

For more information, please contact:

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520-465-0364

* Momentum Trips are free for participants excluding airfare. Additional costs for participants include \$100 for tips and a "Year of Growth" book, a \$99 acceptance fee, and some meals. Participants pay a \$500 deposit, which is fully refundable upon returning from the trip.