

## Senior Adult Committee

Margot Kling, Chair

Mag Davis	Emily Podgursky
Rosita Kaplin	Joe Rothstein
Margaret Mazanec	Si Wolf
Joyce Myers	Martha Bennett
Gale Karem	Roy Frye

Dues for the Adult Social Club are:  
 \$30.00 JCCM  
 \$35.00 JCC Couple  
 \$80.00 NM  
 \$95.00 NM Couple

### Jewish Community Center JCC Staff

Diane Sadle, Senior Adult Director  
 Natalie Kusyo, Nutrition Site Manager  
 Gerry Burns, Nutrition Cook

TITLE III: Title III of the Older Americans Act provides Federal funding that enables the Senior Adult Department to operate a dining facility and provide delivered meals for senior adults. Funds for this project are administered by the Office of Resilience & Community Services, KIPDA & The Commonwealth of KY, Cabinet for Health & Family Services with funds from U.S. Department of Health & Human Services, Metro United Way, The Jewish Community Federation and the Jewish Community Center. The Jewish Community Center Nutrition Site is the only kosher one in the State of Kentucky. Title III also provides for counseling, outreach and health related activities to our program participants. All participants who receive health related counseling or outreach services will be given an opportunity to make a voluntary donation. The Jewish Community Center does not discriminate against anyone because of race, color, religion, sex or national origin.

## Lunch & Show-"Annie" Sunday, March 31-12:15PM Lunch-2PM Show



“Leapin’ Lizards! The irrepressible comic strip heroine takes center stage in one of the world’s best-loved musicals. With equal measures of pluck and positivity, Little Orphan Annie charms everyone’s hearts despite a next-to-nothing start in 1930s New York City. Based on the popular comic strip by Harold Gray, *Annie* has become a worldwide phenomenon and was the winner of seven Tony Awards, including Best Musical.”

**Cost of lunch & admission: \$25/M, \$35/NM**  
**Reservation & Payment Due: Friday, March 22**

### SAVE THE DATE

**Purim Celebration with Cantor David Lipp**

**Tuesday, March 19-12:30PM**



# SENIOR TIMES

## February 2019

### A Message from Diane & Natalie:

Dear Fellow JCC & Adult Social Club Members:

As the New Year has started, we would like to remind you of your Club Dues renewal. Dues for the Adult Social Club are as follows:

**\$30.00 JCCM**  
**\$35.00 JCC Couple**  
**\$80.00 NM**  
**\$95.00 NM Couple**

Being a Club member is not only a rewarding experience and opportunity to socialize with your friends and meet new people, but also a great way to participate in many programs for minimal or no fee. So make your New Year’s Resolution to come to the J and participate in the many great activities being offered for our senior members. You won’t be disappointed! Hope to see you soon!

**.The JCC Senior Adult Program is open to all seniors regardless if you are a member of the JCC or Adult Social Club. Non-Members are welcomed to all programs**

### Funded in part by:

May Kletter Senior Adult Special Projects Fund  
 Ethel Kozlove Levy Senior Adult Hospitality Fund  
 Rebecca Levy Senior Adult Dance Fund  
 Irvin & Jeanne Wasserman Senior Adult Musical Arts Fund  
 Denise & Jacques Wolff Senior Adult Fund  
 Irvin & Betty Zegart Senior Adult Fund  
 Judith Bensinger Senior Adult Fund  
 Gus Goldsmith Transportation Fund  
 Harry & Jeanette Weinberg Foundation  
 Jewish Heritage Fund for Excellence  
 Metro United Way  
 Meals on Wheels America  
 KIPDA

**For LUNCH Reservations, call 238-2743**  
**For ALL other Reservations 238-2749**

### Musical Presentation

**Tuesday February 5-12:45PM.** Nada returns for another dynamic classical music presentation. Refreshments will be served after program.

### Bingo Sponsored by Belmont Village

**Tuesday, February 12-12:45PM**

### Gourmet Dining Club

**Monday, February 18-5:30PM.** We will dine at The Olive Garden on Hurstbourne Lane (cancelled from last month).

**Transportation Fee: \$4**

### Musical Presentation

**Tuesday, February 19-12:45PM.** Tyrone Cotton returns to perform on guitar some blues, folk & rock music. Come & enjoy this wonderful musical event. Refreshments will be served after the program

### Who Dunnit Murder Mystery-

**Performed by Ann Waterman & Niles Welch**

**Tuesday, February 26-12:45PM.** “Calling all Sherlocks. Actors from Who Dunnit Murder Mystery will present 3 short murder mystery plays. Refreshments will be served after program.

### Jewish Film Festival Presents: The Samuel Project

**Wednesday, Feb. 27, 7:00 p.m. at Adath Jeshurun Synagogue**

### Closing reception following the film

In this heartwarming English language film, Eli gets to know his grandfather Samuel when he makes him the subject of an animated art project for school. With dreams of becoming a professional artist, Eli discovers that his Jewish grandpa, a San Diego dry cleaner, was heroically saved from Nazi capture in Germany by a young woman when he was a boy. As they reconnect and strengthen their relationship, the teenager hears the story that hasn’t been told in 75 years.

**Cost of admission: \$10/admission. Transportation available for an additional \$3.**

### KCD High School Community Performance-Les Miserables”

**Thursday, February 28-More details to follow!**

### Musical “Hello Dolly !”

**Wednesday, May 15-7:30PM, Kentucky Center for the Arts**

“Tony Award-winning Broadway legend Betty Buckley stars in Hello, Dolly! -the universally acclaimed smash hit. Breaking box office records week after week and receiving thunderous raves on Broadway, this Hello, Dolly! pays tribute to the original work of legendary director/choreographer Gower Champion—hailed both then and now as one of the greatest staging’s in musical theater history. Rolling Stone calls it “a must-see event. A musical comedy dream.”

**Reservation & Payment Due by February 22**

**Cost of admission & transportation: \$46/M, \$54/NM**

**Save the Date:**  
**Mammogram Screenings**  
**BROWN CANCER CENTER MOBILE UNIT**  
**Monday, March 18, 8:30AM-3:30PM.**






NONPROFIT ORG.  
 U.S. POSTAGE  
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 LOUISVILLE, KY  
 PERMIT NO. 510

JEWISH COMMUNITY CENTER OF LOUISVILLE  
 3600 Dutchmans Lane • Louisville, KY 40205  
 502-459-0660 • www.jewishlouisville.org



**Lunch is served  
at 12 noon.  
Reservation &  
Cancellation call 238-2743.**

# February 2019

MON	TUE	WED	THU	FRI	SAT/SUN
					
<b>4</b> Active Adult Fitness 9:45am Chair Exercise, 10:30 a.m. Tai Chi-11AM  Panko & Feta Tilapia/dill sauce, rice pilaf, garden peas, cole slaw, tropical fruit salad, wheat bread. *	<b>5</b> Light Weights, 10 am Crochet Club-11AM Nada-Classical Pianist-12:45PM  Turkey breast/stuffing, mashed potatoes, steamed carrots, Romaine salad, pears, dinner roll.*	<b>6</b> Active Adult Fitness-9:45AM Chair Exercise, 10:30 a.m. Continuous Line Dancing, 1 pm  Spaghetti/marinara sauce, steamed zucchini & yellow squash, tossed salad/ tomato, breadstick, pineapple tidbits *	<b>7</b> Light Weights-10am  Grilled Cheese sandwich, tomato soup/ crackers, Israeli salad, chocolate chip cookie, chilled peaches *	<b>1</b> Friday Flex-9:45am Chair Exercise 10:30am  Ginger barbecue chicken breast, baked potato, green beans, Romaine salad, pineapple tidbits, Challah *	
<b>11</b> Active Adult Fitness 9:45am Chair Exercise, 10:30 a.m. Tai Chi-11AM Senior Adult Committee Meeting-1PM  Tomato stuffed/tuna, cream of mushroom soup/crackers, potato chips, honey wheat bread, orange slices, chocolate chip cookie.*	<b>12</b> Light Weights, 10 am Crochet Club-11AM Bingo-12:45PM  Chicken Cacciatore /penne pasta, green beans, Romaine Salad, dinner rolls, tropical fruit .*	<b>13</b> Active Adult Fitness-9:45AM Chair Exercise, 10:30 a.m. Continuous Line Dancing, 1 pm  Hamburger on bun/lettuce, tomato, onion, potato wedges, baked beans, broccoli raisin salad, pineapple tidbits. *	<b>14</b> Light Weights-10am  Fettuccine Alfredo with broccoli & mushrooms, Spinach fruited salad, breadstick, chilled peaches/craisins. *	<b>8</b> Friday Flex-9:45am Chair Exercise 10:30am  Meatloaf, oven brown potatoes, vegetable medley, spinach salad, apple sauce, challah*	<b>9/10</b> <i>Please Note: Call JFCS at 452-6341 for counseling, evening caregiver groups, support</i>
<b>18</b> Active Adult Fitness 9:45am Chair Exercise, 10:30 a.m. Tai Chi-11AM Gourmet Dining Club -5:30pm  Spanish Omelet, zucchini/yellow squash casserole, tossed salad/ tomato, apple crisp, wheat bread *	<b>19</b> Light Weights, 10 am Crochet Club-11AM Tyrone Cotton, Guitarist-12:45PM  Cabbage Roll, mashed potatoes, peas and carrots, Spinach Fruited Salad, chilled peaches, dinner roll.*	<b>20</b> Active Adult Fitness-9:45AM Chair Exercise, 10:30 a.m. Continuous Line Dancing, 1 pm  Turkey Sandwich on rye bread/lettuce & tomato, minestrone soup/crackers, pineapple tidbits, potato salad. *	<b>21</b> Light Weights-10am  Herbed baked fish/dill sauce, scalloped tomatoes, orzo salad, Chocolate pudding, sugar cookie wheat bread. *	<b>15</b> Friday Flex-9:45am Chair Exercise 10:30am Pre-School Shabbat Celebration- 11:45AM  Pot Roast, mashed potato, steamed carrots, tossed salad, pears, Challah *	<b>* Tea &amp; Orange Juice</b>  
<b>25</b> Active Adult Fitness 9:45am Chair Exercise, 10:30 a.m. Tai Chi-11AM J Book Club-11AM  Sloppy Joe on bun, potato wedges, baked beans, cole slaw, chilled pears*	<b>26</b> Light Weights, 10 am Crochet Club-11AM Who Dunnit Murder Mystery-12:45PM  Chicken Picatta/bow pasta, vegetable medley, Romaine salad, dinner roll, apple sauce.*	<b>27</b> Active Adult Fitness-9:45AM Chair Exercise, 10:30 a.m. Continuous Line Dancing, 1 pm Jewish Film Festival-7PM  Herbed crusted salmon, rice pilaf, garden peas, Israeli salad, sliced peaches/craisins, dinner roll. *	<b>28</b> Light Weights-10am KCD Community Performance- "Les Miserables"-10AM  Egg salad on rye bread/lettuce & tomato, cream of mushroom soup/crackers, potato chips, orange wedges, chocolate chip cookie .*	<b>22</b> Friday Flex-9:45am Chair Exercise 10:30am Nutrition Education-11:30AM  Oven fried chicken breast, roasted red potatoes, vegetable medley, Romaine salad, tropical fruit, Challah *	
<b>MONDAY-FRIDAY: Fitness Walking, on the track in the lower gym MONDAY -WEDNESDAY- FRIDAY: Shallow Water Exercise, 9:30-10:30 WEDNESDAY: Deep Water Wellness-10:30AM MONDAY, WEDNESDAY, FRIDAY-Chair Exercise-10:30AM, MONDAY,WEDNESDAY: Active Adult Fitness-9:45AM MONDAY-Tai Chi-11AM TUESDAY, THURSDAY: Light Weights-10AM FRIDAY: Friday Flex-9:45AM</b>					