

Senior Adult Committee

Margot Kling, Chair

Rosita Kaplin	Emily Podgursky
Joyce Myers	Joe Rothstein
Margaret Mazanec	Martha Bennett
Gale Karem	Mag Davis
Roy Frye	

Dues for the Adult Social Club are as follow:

\$30.00 JCCM
\$35.00 JCC Couple
\$80.00 NM
\$95.00 NM Couple

JCC Staff

Diane Sadle, Senior Adult Director
Natalie Kusyo, Nutrition Site Manager
Gerry Burns, Nutrition Cook

Day Trip to Berea, Kentucky

Sunday, October 14-Leave JCC at 9:30AM.

Join us as we travel to Berea, KY, first stopping at the historic Boone Tavern for Sunday Buffet Brunch. After the delicious meal, we will visit the Kentucky Guild of Artists & Craftsmen Fall Fair at The Historic Indian Fort Theater. This events showcases products like glass, ironwork, jewelry, pottery, wood, photography, and 2D fine art and much more. Space is limited, so make your reservations early.

Cost of Transportation, Brunch & Admission: \$42/M, \$50/NM

Reservation & Payment Deadline: Thursday, October 4

TITLE III: Title III of the Older Americans Act provides Federal funding that enables the Senior Adult Department to operate a dining facility and provide delivered meals for senior adults. Funds for this project are administered by Louisville Metro Human Services, KIPDA, Metro United Way, The Jewish Community Federation and the Jewish Community Center. The Jewish Community Center Nutrition Site is the only kosher one in the State of Kentucky. Title III also provides for counseling, outreach and health related activities to our program participants. All participants who receive health related counseling or outreach services will be given an opportunity to make a voluntary donation. The Jewish Community Center does not discriminate against anyone because of race, color, religion, sex or national origin.

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SENIOR TIMES

September 2018

UPCOMING EVENTS

For LUNCH Reservations, call 459-0660, ext. 143.
For ALL other Reservations, call ext. 149 or ext. 143

The JCC Nutrition Site will be closed on Monday, September 3 for Labor Day, 10th & 11th-Rosh Hashanah, 19th for Yom Kippur & 24-25th for Sukkot .

Senior Retirees Meeting
Tuesday, September 4-12:45PM. Bruce Gadansky, Chief Operating Officer from the Better Business Bureau will speak on Scams & Financial Exploitation. Refreshments will be served after the program.

Reminder: Day Trip to Huber Farm
Thursday, September 6
Leave JCC at 11AM

Annual Sukkot Luncheon
Friday, September 28-12PM. Please join us as we celebrate the holiday Sukkot. We will have a special luncheon in the Sukkah. Rabbi Hillel Smulowitz will be our guest speaker. Please make your reservations by Friday, September 21.

Day Trip to Churchill Downs
Thursday, November 1-Leave JCC at 11:00AM. Join us on Millionaire’s Row -4th floor. We will have a delicious buffet lunch and be able to watch the races from the four-tier balcony overlooking the finish line. Cost includes lunch, admission, reserved seat, racing form & transportation. Space is limited.
Cost: \$32/M, \$38NM.
Reservation & Payment Deadline: Friday, September 14th

JBook Club & Gourmet Dining will not be held in September due to the Jewish Holidays. Both programs will resume in October.

Attention:
Boomer Wall Exercise Class has been renamed: “Regain & Maintain”. This class will help with your balance, coordination & stability. Class will be held on Tuesdays & Thursdays @ 11:00AM in Dance Studio.

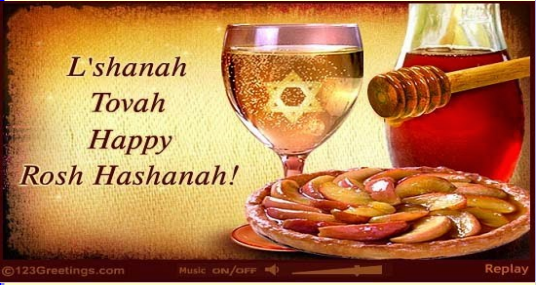
New Class: Crochet Club
First meeting of Crochet Club will take place on Tuesday, September 18 at 11AM in Senior Adult Lounge. This group is for beginners and for those who have experience at crocheting. Marilyn Mattingly & Natalie Kusyo will be the instructors. If you have crochet needles & yarn, bring them with you. You will have the opportunity to crochet items for yourself and will also make items to donate to a local charity.

A Message from Diane & Natalie:

Dear Fellow JCC & Adult Social Club Members:

Hi Friends,
Summer is almost over but our fun at the JCC continues. Many exciting programs are being planned for your enjoyment and we hope to see many of you at the J. Programs and trips are filling up quickly, so remember to get you reservation & payment in as soon as possible so you will not miss out on any of our exciting events.

As the High Holidays approach, we wish all of you a very happy and prosperous New Year. May good health and joy fill your homes throughout this coming year.



L'shanah
Tovah
Happy
Rosh Hashanah!

The JCC Senior Adult Program is open to all seniors regardless if you are a member of the JCC or Adult Social Club.
Non-Members are welcomed to all programs.

Funded in part by:
May Kletter Senior Adult Special Projects Fund
Ethel Kozlove Levy Senior Adult Hospitality Fund
Rebecca Levy Senior Adult Dance Fund
Irvin & Jeanne Wasserman Senior Adult Musical Arts Fund
Denise & Jacques Wolff Senior Adult Fund
Irvin & Betty Zegart Senior Adult Fund
Judith Bensinger Senior Adult Fund
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