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COMMUNITY

FRIDAY VOL. 42, NO. 6 ■ 26 ADAR 5777 ■ MARCH 24, 2017

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We are one



As many as 500 people gathered at the front steps of The J on Sunday, March 12 for the #WeStandTogether Rally for Unity. They heard an array of speakers condemn the hatred that led to this month's bomb threat at the center. (photo by Ted Wirth)

Hundreds rally at J as threats to Jewish institutions continue

By Lee Chottiner
Interim Editor

If the idea behind the March 8 bomb threat at The J was to scare people away from the center, it didn't work.

In fact, an estimated 500-plus people converged upon the front steps of The J Sunday, March 12, for the #WeStandTogether Rally for Unity to demonstrate solidarity with the 127-year-old Louisville institution. They sang America the Beautiful, taped solidarity signs to the

bricks and cheered as a diverse group of speakers called upon them to resist hatred now and in future.

"We have no time to be silent," said Jewish Community of Louisville President and CEO Sara Klein Wagner. "It's time to stand together."

Jews, Christians and Muslims of all races and ethnic backgrounds were in the crowd.

Nevertheless, bomb threats continue to come in to JCCs and other around Jewish institutions around the country.

As of Wednesday, March 15, more than 150 threats had been reported to JCCs, day schools and other Jewish institutions.

The FBI, Department of Homeland Security and other law enforcement agencies have been investigating the threats, but have yet to charge anyone with committing the vast majority of them. Juan Thompson, a St. Louis resident, has been charged with committing eight of the threats, but appears to be a copycat.

The attacks have begun to take different forms. Last week, the website for the metropolitan Detroit area's Walk for Israel was hacked and peppered with hate-filled and anti-Semitic expressions.

Even, so those who came to the Louisville rally saw their attendance as necessary to combat evil.

Fred Whitaker, who teaches Holocaust Studies at St. Francis of Assisi Catholic School, and brought a group of his sign-waving students to the rally,

See **RALLY** on page 27

PERIODICALS
POSTAGE
LOUISVILLE
KENTUCKY

JTomorrow! to hold planning sessions for future center

By Lee Chottiner
Interim Editor

Months after JTomorrow! was first announced, the effort to envision the services and programs Jewish Louisville will need in the 21st century – and the facility to provide them – is turning to the people for help.

The JTomorrow! steering committee has scheduled three "charrettes" – enhanced brainstorming sessions – where members of the community can meet with an architectural team, landscape designer, the project manager and staff to propose and work out what they want from a new center.

The charrettes have been scheduled for Sunday, April 23, 3-5 p.m., at The J; Tuesday, May 9, 7-9 p.m., at the Standard Club; and Sunday, May 22, 3-5, also at the Standard.

A charrette is commonly defined as

a meeting at which all stakeholders in a project resolve programming and design conflicts and map solutions. It is considered a standard tool for the planning stage of a capital project.

"We really do need input put from many people from across the community," said Jeffrey Goldberg, chair of JTomorrow! He said now is the time to weigh in on what a future J campus would look like.

"This [project] is only as good as the information that goes into the design," Goldberg said.

The charrettes will be seeking information in six different areas: arts and ideas, health and wellness, camp programming, early learning, Jewish learning, youth & teens, and seniors.

The steering committee is particularly interested in hearing ideas for unique or innovative services that will make the new J a destination site. For example,

Goldberg noted that the JCC in suburban Detroit has a ropes course on its campus.

"People will visit that campus for no other reason than to use the ropes course," he said. "We're looking for those sorts of ideas. We really want to generate some buzz and excitement."

Goldberg said the charrettes are not meant to hammer out what the actual building will look – that's left for another phase.

"We want to identify services and programs the Jewish community needs in the 21st century," he said.

But the information that comes from the charrettes will inform the design of the building and the campus.

That said, Goldberg identified a couple "functional" issues that will be addressed in the campus design.

For instance, he said the building
See **JTOMORROW!** on page 27

SHOWCASE STORY

Louisville's Maccabean

Andrea Glazer to take passion for riding to this year's 'Jewish Olympics'

By Lee Chottiner
Interim Editor

Andrea Glazer rode her first horse when she was 6 and, figuratively speaking, never dismounted.

"I think it's in my blood," she said. "My brother and sister [stopped riding], but my mom and I still ride together."

She grew up to become a competitive rider.

Now, the Louisville native is taking her love for the sport to Israel. She has been named to Team USA to compete at the 2017 Maccabiah Games, the so-called "Jewish Olympics". At 22, she will be the youngest member of the team's equestrian squad.

It will be her first appearance at the games. Though she applied in 2013, she withdrew to try out for the Junior Olympics.

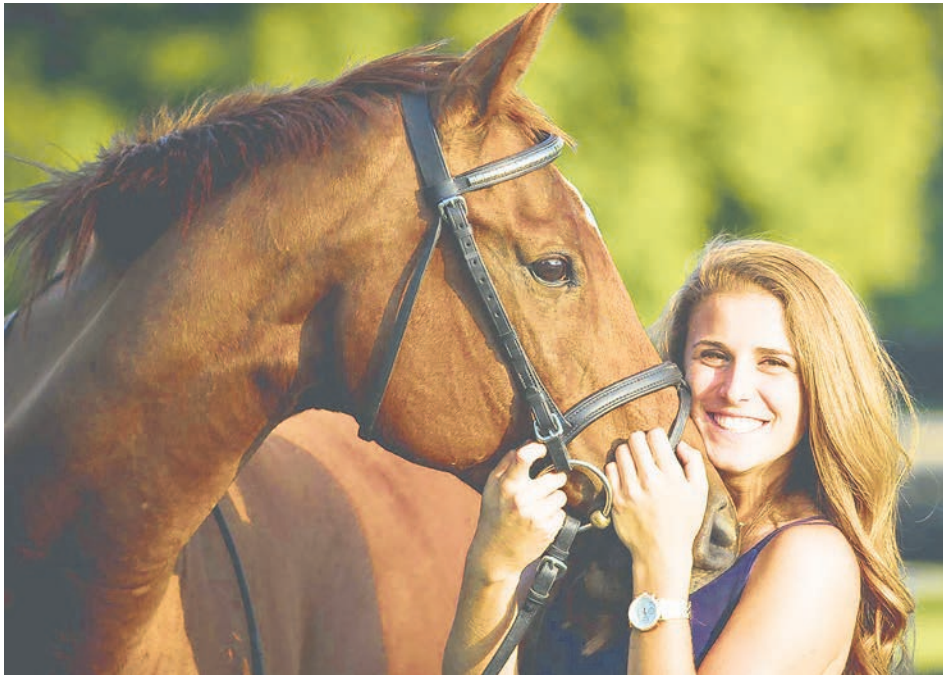
"Ever since," she said, "this has been like my main goal."

But Glazer faces two obstacles in Israel.

First, she has always trained in three events – dressage (horse-rider ballet), cross-country, show jumping – but in Israel, she will compete against riders who specialize.

"These are people who really have been doing just dressage their whole lives or just stadium (another name for show jumping). I've done all three; I wasn't specializing, but I guess they thought I was good enough."

Second, she will have to compete without her own horse, an 8-year-old bay thoroughbred named Noble. While



Andrea Glazer will compete for Team USA in this year's Maccabiah Games in Israel. (photo by Alex Banks)

other riders are flying their horses over, she and another teammate must draw names of horses from a hat.

That means, during competition, Glazer must clear jumps as high as four feet on a mount she barely knows, and they'll only have a couple days to get acquainted.

"Some may draw from a hat and get an easy horse to ride; others may be young horses that you have to ride with every bit of experience you've ever learned."

"It makes it harder for me for sure,"

she added. "A lot of people, like the Israeli team, know their horses, get to ride their horses, so they have a big advantage."

To neutralize that advantage, Glazer has been by training on several horses. Plus, she's working with two notable trainers – Neal Shapiro, a silver and bronze medalist in the 1972 Summer Olympics in Munich, and Julie Richards, a bronze medalist in the 2004 Olympics in Athens.

"Hopefully, no matter what horse I get," Glazer said, "I'll be able to use my skills I've developed over the years to put in a good round."

Richards, who has been working with Glazer for 1½ years at her farm in Georgia, said her protégé has a tough, but not insurmountable, challenge.

"She's very dedicated," Richards said. "She's a brave rider; she's got a lot of a natural talent."

"If she wants it, she'll get there," Richards said. "There are so many people in the sport riding only one horse and getting confident on that one horse. She's been working with me riding other horses on our farm, and she's leased many new horses ... I have been impressed with the way she has it down."

Glazer has been riding almost as long as she's been walking.

In fact, Karen Abrams, her mother, recalls the day Glazer and her sister, Mallory, sat in the saddle for the first time.

"I do remember it," said Abrams, former chair of the JCL Board of Directors. "The girls had their lesson first then I had a lesson. I almost cried; I was so excited to see that they both loved horses."

Mallory (Glazer's sister) rode until she was 14. Nicholas (her brother) rode until he was 18, so they stuck with it a long time. But they didn't live and breathe horses the way Andrea did. She would have lived at the barn if I would have let her."

Glazer said her father, Jeff Glazer, who does not ride, has nevertheless been "passionate" in his support for his daughter sports career.

The Maccabiah Games, which run from July 4-18, were first held in 1932 in British mandate Palestine. This year, about 10,000 athletes from more than 80 countries are expected to compete in 43 sports. The Maccabiah also has masters, juniors, paralympic and open divisions.

An Adath Jeshurun member and BBYO alumnus, this will be Glazer's

second trip to Israel. "Before my bat mitzvah, I went with my family. I'm so excited for falafel."

She'll also find time to work with her horse and connect with the rest of the equestrian time (all women) with whom she's only communicated on Facebook.

After the games, Glazer, senior marketing major at Auburn University, will fly directly to Melbourne, Australia to take a marketing job with the Melbourne Cup, the biggest horse race down under.

Previously she had a marketing internship at Churchill Downs.

"I interned there when American Pharoah won the Triple Crown and I got to meet him," Glazer said. "He was so sweet and so nice. You'd expect him to be mean and crazy but no, he loved to be petted. He was great."

Horses are definitely in her future.

One hundred percent," she said, "and in the racing industry. After Churchill Downs I knew this is what I want to do. Horse racing and marketing, they're my passions."

He said Purim teaches a vital lesson in the face of today's resurgence of intolerance.

Finally, Teddy Abrams, music director of the Louisville Orchestra, performed two selections, including one by Gustav



Glazer, riding Bea, when she became the 2015 Intercollegiate Intermediate Rider of the Year. (photo by J.J. Sillman)

Mahler, to conclude the rally. (photo by Courtney Hatley)

"It is a lesson of solidarity," Rapport said of the gathering. Esther, he noted, could have saved herself, and perhaps her family, by staying silent. Instead, she risked everything to save her people.

"Sooner or later, when the lots are cast, they will fall on us," he said.

While Sadiqa N. Reynolds, president and CEO of the Louisville Urban League, did not invoke Purim herself, she passionately delivered a similar message.

Mentioning how people have lamented how such rallies are happening too often; Reynolds claimed they're not happening often enough, and that Louisvillians of color live their lives at risk.

"Don't just rally today; it goes beyond today," she said, practically shouting at the throng. "There are terrorists who make no bomb threats, who make no calls.... If I stand for you today, can I count on you tomorrow?"

(JTA contributed to this story.)

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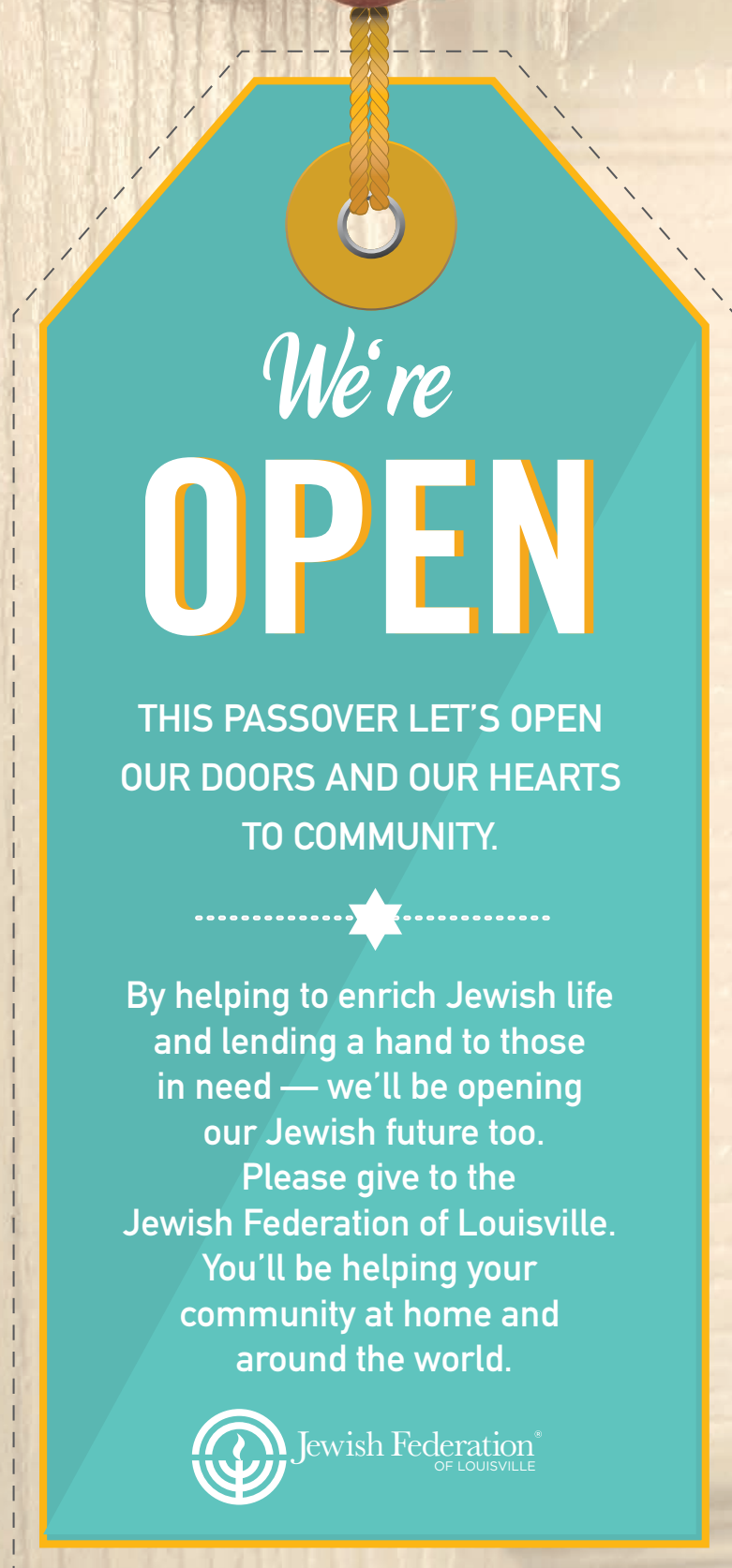
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Ex-Louisvillian elected president of AZM at biennial

Richard Heideman vows to 'reenergize' Zionism in America during term

By Lee Chottiner
Interim Editor

As Richard D. Heideman takes the reins of one of largest Zionist organizations in North America, one crisis keeps him concerned.

"The attitudes of too many people against Israel – against the Jewish people and against Zionists – is worse than I have experienced in my lifetime," the former Louisville resident told Community. "It's more than just the United Nations; it's seen in the spirit of the anti-Semitic boycott movement. It has become almost a field day to attack Israel, attack the Jewish people, and to attack Zionism."

Yet Heideman, who was elected president of the American Zionist Movement at its March 6 biennial assembly, sees his job, not to redefine Zionism, but to "reenergize" it.

"Zionism has become a misunderstood and maligned term," he said. "It requires a fresh approach to reenergizing people in support of Zionism rather than accepting the assaults that our enemies have thrown at the feet of Zionism."

He identified several short-term ways to breathe fresh air into the movement:

- AZM is co-sponsoring a program called Ambassadors against Boycott, which will highlight improper funding of hate education provided through the U.N. Relief and Works Agency (UNRWA).

Heideman has inveighed against continued U.S. funding for UNRWA. "For the U.S. government to spend our precious tax dollars supporting hate education is violative of all we, as Americans, stand for," he said.

- It is partnering with the World Zionist Organization to co-sponsor



Incoming AZM President Richard D. Heideman Inaugural Address at the 2017 AZM Biennial Assembly. (photo provided by AZM)

"L'chaim Yerushalayim", a celebration of 50 years of Jewish unity in Jerusalem, from May 21-27.

- It is planning a conference called "A World with Zionism" to counter Iran's call for a world without Zionism. He anticipates the conference will happen this year, saying it will include activities tied to the Balfour Declaration and the 1947 partition resolution and a Washington policy conference to address Jewish unity, Jewish-Zionist education, and advocacy.

Long term, Heideman said there will be other programs rolled out by the by under the banner Zionism Forward.

"We must return to the basics of Zionism," Heideman said in his March 6 inaugural speech, "that which unites us all in this hall here today, and make it relevant to our families, our communities, our synagogues, our schools and beyond."

A Washington, D.C., attorney, Heideman brings a career's worth of Jewish

activism to his new post.

His law firm, Heideman Nudelman & Kalik, has been at the forefront of representing victims of terrorism. It served as lead co-counsel in Litle et al v Arab Bank, Plc, a case brought by American victims of terror attacks during the Second Intifada, including families who lost relatives. A jury eventually found the Jordan-based Arab Bank – which does business in the West Bank, and around the world, including New York – liable of funding and sponsoring terrorism in violation of the U.S. Anti-Terrorism Act.

It was the first time a financial institution had been found liable for violating that law.

Heideman also served as chair of the Herzliya Conference of International Advisory Board, the Hebrew University Faculty of Law Institute for Law and Policy, Jerusalem; and the United States Holocaust Memorial Museum Lawyers Committee. He currently chairs The Israel Forever Foundation, a charitable

foundation that highlights Jewish and Israeli contributions to humanity.

He also served two terms as president of B'nai B'rith International and was head of delegation for the Conference of Presidents of Major American Jewish Organizations (CPMAJO) to the 2004 Durban Conference against Racism.

The AZM is an umbrella organization that represents 25 Zionist organizations from the across the political spectrum and all streams of Judaism.

It is, in part, because of this diversity that Heideman believes Zionism merely needs a good jolt of energy.

"AZM represents the wide diversity of the American Jewish community with Israel at the center," he said,

Since AZM is a member of the CPMAJO, he said AZM members that do not have a seat at the conference are nevertheless represented.

"That's a strength for the organizations and a strength for AZM itself," he said

Though not actually a native Louisvillian, Heideman comes pretty close.

Born in Detroit, he and his wife, Phyllis Greenberg Heideman, and oldest daughter, Stefanie, moved here following his graduation from George Washington University Law Center in 1972. They stayed until 1988 when the family returned to Washington. His younger daughters, Elana and Ariana, were born here.

"My wife and I were very involved in the community," Heideman recalled. "Our children went to the day school; we went to Keneseth Israel, where my wife was president of the Sisterhood. We were honored in Louisville by State of Israel Bonds with the Heritage Award."

In addition, much of his family still calls Louisville home.

His brother Michael (Mickey) and his wife, Carol, still live here. Two of his daughters and a son were born here, and his sister, Gayle Heideman, and her husband, Ronald Nackson, live here. His parents lived her from 1967 until their deaths.

Nine local Jewish organizations chosen for LIFE & LEGACY program

By Lee Chottiner
Interim Editor

Addressing the need for greater endowment giving in Jewish Louisville, nine local Jewish organizations – synagogues, schools and social service agencies -- have been selected by the Harold Grinspoon Foundation for a four-year, incentive-based program to increase so-called "legacy" donations here.

The LIFE & LEGACY endowment program will offer the chosen entities the guidance and resources needed to secure legacy giving. It will also release grants to the organizations once they achieve certain levels of financial commitments.

The nine organizations are: Congregation Adath Jeshurun, Jewish Learning Center (Chabad), Jewish Community Center, Jewish Family & Career Ser-

vices, Jewish Federation of Louisville, Keneseth Israel Congregation, Louisville Beit Sefer Yachad, Temple Shalom and The Temple.

Each organization will receive a \$5,000 grant if it secures 18 legacy commitments and another \$1,000 when it secures 25 commitments each year for the next two years of the program.

They also are invited to four workshops taught by Grinspoon Community Consultant Christine Kutnick, a certified fundraising executive. In addition, LIFE & LEGACY Coordinator Jennifer Tuvlin will be working with the entities.

"It's a four-year program," Tuvlin said. "The first two years are about securing society commitments; the final two are about finalizing them. Then there's the hope that Jewish Louisville will continue asking for legacy gifts continue after the Grinspoon involvement is over."

Though the program was announced last December, it will begin in earnest in April.

According to Tuvlin, legacy giving must grow for Jewish Louisville to remain vital.

"Legacy solicitations have not been a primary source of funding for Jewish institutions," she said. "By bringing the LIFE & LEGACY program to Louisville, JCL (Jewish Community of Louisville) hopes to change the charitable narrative for participating organizations."

She added that all interested local Jewish organizations are invited to attend Kutnick's workshops, whether they were selected for the program or not. Tuvlin can be reached at (502) 238-2735.

LIFE & LEGACY has a proven track record in helping organizations build endowments. Nationally, 391 participating organizations have secured more

than 11,000 legacy commitments with a total estimated value of \$450.5 million during the program's first five years.

The program stresses community teamwork. By coming together, the nine organizations are expected to create synergy that will benefit the whole community and secure their own futures. A legacy commitment from an individual can result in endowment gifts to multiple organizations.

Through LIFE & LEGACY, the JCL is working with organizations to pay it forward and leave a legacy for Jews in the future, Tuvlin said. "Legacy giving is not focusing on what you are leaving for today. It's what we are creating for a generation of Jewish people who might not even be born yet."

Goldberg, Tobin to debate 'for Israel's soul' at Adath Jeshurun program

Two well-known Jewish journalists – one from the left, one from the right – will debate the future of Israel in a May 1 program at Congregation Adath Jeshurun

The program, called "The Battle for

Israel's Soul," will start at 7 p.m. and is free to community. A dessert reception will follow the program.

From the left, the program will feature J.J. Goldberg, editor-at-large of Forward and former U.S. bureau chief of

The Jerusalem Report.

From the right will be Jonathan S. Tobin, senior online editor and chief political blogger of Commentary magazine.

Contact Adath Jeshurun at 502-458-5359 or info@adathjeshurun.com for

more information.

Adath Jeshurun, the Charles & Jean K. Erskine Fund of Congregation Adath Jeshurun, The Jewish Federation of Louisville, and The Temple are sponsoring the program.

COMMUNITY

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Community reserves the right to refuse to publish any letter, to edit for clarity while preserving the meaning, and to limit the number of letters published in any edition.

Email your comments to: **Community**, Letters to the Interim Editor, lhottiner@jewishlouisville.org.

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FORUM

Rally teaches lesson: Jewish Louisville needs you

By Sara Klein Wagner
For *Community*

"I understand community to be a world in which my ties to others are a series of mutual obligations and privileges that connect us now and into the future."

– Mitch Balf, Forward

We are both fortunate and lucky to have inherited a community and traditions that link us together through a shared history, present and future.

The word community means many things. Among them, it means that we each have our roles and responsibilities to one another. It means that we have a shared definition of who belongs, and it means that we strive to meet the needs of each individual.

At the March 12 Rally for Unity on the front steps of The J, I saw a collage of communities come together. Our early learning center families, our BBYO region and members of our sister JCCs in Indiana and Ohio, the Louisville Jewish community, as well as interfaith, arts and civic leaders – a true cross-section of Louisville standing together on a cold day in March. These communities and networks of people demonstrated their unity, pride and support.

While it is unacceptable and abhor-

rent that anti-Semitism, bigotry and hate of any kind still permeate our world, it is the powerful, positive spirit and energy of hundreds of people coming together that I choose to embrace. We live in difficult times, but we have the ability to make the community and communities we interact with better places. I am grateful to everyone who stood together and to those who reached out to our community via email, social media or phone calls. We heard from and saw so many people, including those with whom we have lost contact with or have never met. There were people of our front lawn who have never set foot inside The J.

I also was moved to receive a call from a neighbor who shared her concern and offered to open her home if it is ever needed.

On behalf of the Jewish community of Louisville, I am grateful for the support and wonderful messages you have all shared over the past week. Now, I need to ask you for some help:



Sara Klein Wagner

Even today, anti-Semitism must still be addressed

By Robert Sachs
For *Community*

As I write this, the Jewish holiday of Purim is underway. It is a holiday in which we celebrate a significant victory over anti-Semitism. But it was surely not the victory over anti-Semitism, for there have been many since.

That we should have to fight these battles now, here in America where a recent Pew Research Center poll found (again) that Jews are the most warmly regarded religious group in the country, seems incongruous.

But those of us of a certain age might recognize the existence of a constant hum of hatred, which ebbs and flows over any political landscape. Whether it is hatred of Jews or of African-Americans, of Muslims or immigrants, of indigenous peoples or Latin Americans, it is there. And now, in 2017, it is, once again, rising.

And once again, Jews in Louisville

must address anti-Semitism in our community. Whether it is the five recent instances in our area public schools or the chilling bomb threat against our Jewish Community Center.

There have been over 131 bomb threats at 87 JCCs, according to the JCC Association of North America. In addition, hundreds of gravestones have been toppled at Jewish cemeteries from Philadelphia and Rochester to St. Louis.

In Evansville, IN, a gunshot was fired through the window of a synagogue classroom.

"American Jews assumed that anti-Semitism had largely been overcome," said Jonathan Sarna, professor of American Jewish history at Brandeis Univer-

sity. "And then all of a sudden, unexpectedly, anti-Semitism of a virulent kind came roaring back."

Let's be clear: This hatred for the Jews comes from both the right and the left. Pointing fingers from one side of the aisle to the other is both flippant and ineffectual.

We must address every incident of anti-Semitism. But we must also address incidents of racism. We must stand behind our black brothers and sisters, we must support our Muslim friends. We must speak up for the rights of immigrants. The words of our rabbinic sage, Hillel, still ring true: "If I am not for myself, who will be for me? If I am only for myself, what am I? If not now, when?"

(Robert Sachs, chair of the Jewish Community Relations Council, can be reached at bob.jcrc@gmail.com.)

(Sara Klein Wagner is president and CEO of the Jewish Community of Louisville.)



Robert Sachs

Teaching English in Israel is the challenge of a lifetime

By Rebecca Walker
For Community

Imagine you are leading a class of fifth and sixth graders four days a week. They speak three languages – which is two more than you do – and seem to have more energy in one day than you had in all your years of elementary school.

But then again, nothing about their school is like yours. Theirs is in Israel, in the heart of the Negev Desert.

Sound challenging? You have no idea. For the past six months, I have been leading a class just like that, teaching English at the Yachdav School in Be'er Sheva. It has been an unbelievable challenge – yet at the same time, it has been one of the most rewarding times of my life. As I learn more about each of the children I teach, I also learn more about myself.

This isn't my first time living and working abroad. As a student at the University of Louisville, I participated in the International Service Learning Program, an interdisciplinary initiative that took me to Croatia and the Philippines. There, I supported learning and development among local youth, which were incredible experiences. During my last semester, as I thought about what to

do after graduation, I kept returning to the idea of going overseas again.

It was a chance encounter at my local Jewish Community Center's 125th anniversary gala, where I ran into an old friend who had participated in a Masa Israel Journey program, that led me to the Masa Israel Teaching Fellows (MITF), which is designed for young professionals like myself who want to teach English as a second language. Hearing about it, I knew I wanted to combine my passion for international education with my Jewish identity.

I had been to Israel a couple of times before, on Birthright and Onward Israel trips, but nothing could have prepared me for that first day as a MITF fellow in an Israeli classroom. I had no knowledge of the educational system there; I spoke a completely different language than just about everyone at the school; and I was an outsider to the Yachdav community.

Understanding the curriculum, the school structure as well as the school and class layout also were problems that I immediately faced. And the students I was assigned to presented their own unique challenges.

Still in Israel, I work with a wide range of fifth- and sixth-graders, includ-

ing some who don't know the English alphabet and others who are almost fluent English speakers. I help lead classes, tutor students one-on-one, and lead small-group instruction, which has become the highlight of my fellowship. Every morning I gather with a group of fifth grade girls, all of whom struggle with behavior issues and hyperactivity. They barely spoke a word of English when I first met them.

It took a while for me to determine the best way to engage those girls in particular. However, as I've gotten to know them, I've learned to get creative, using pictures and charades, allowing me to gain their attention and trust – all while incorporating as much English as possible. Over the past six months of my 10-month fellowship, I've been so proud to watch them grow and learn. I'll always cherish the relationships we've built.

I couldn't have done it on my own. Through the Uplan (Hebrew language school) classes arranged by Masa Israel, my comprehension of the Hebrew language has drastically improved, and I'm now able to hold basic conversations. My Masa Israel program advisors give me the resources I need, and the other MITF fellows help me get me through

the long days. There are 13 of us here in Be'er Sheva, and it is refreshing to know we have each other.

The staff at the Yachdav School has also been incredibly welcoming. It seems that each week I'm being invited to a different bar mitzvah, wedding or Shabbat dinner.

Overall, my time teaching in Israel has been nothing short of amazing. The challenges I face are endless, but I wouldn't trade them for anything. The kids I work with each day and the strangers, now family, I've met so far, have made this journey something special. This has been the experience, and the challenge, of a lifetime.

(Rebecca Waller is a Louisville native and a 2016 graduate of the University of Louisville. She is currently in Israel through Masa Israel Journey, an initiative of The Jewish Agency for Israel and the Israeli government, which offers individually tailored programs that immerse participants in the community as they embark on a journey that will change both the course of their lives, and of the Jewish people's future.)

J-Map to give guidance to young Jewish professionals

By Lisa Sobel-Berlow
For Community

When I applied to graduate school in Pittsburgh, I thought I knew what I wanted to do with my career. As time progressed, though, I wasn't so sure.

Luckily, I could turn to the Center for Women in that city, which offered a mentorship program for women in transition. I was paired with an executive level career woman who coached me through the application and interview process.

My experience is becoming the new norm.

As young professionals seek guidance from mentors to advance their careers, opportunities for learning on the job are drying up and professional development budgets are being slashed.

So millennials are turning to trusted advisors to help them make smart moves instead of lateral moves.

"More than previous generations, millennials want to find meaning by integrating who they are with what they do in their quest toward a holistic, authentic identity," stated the UJA-Federation in New York study.

The Jewish Family & Career Services and the Young Adult Division of the Jewish Federation of Louisville have responded to this demand by starting J-MAP: The Jewish Mentorship Alliance for Professionals. The new effort

is designed to help young professionals within the Louisville Jewish community navigate career advancement and professional development.

J-MAP is geared to help young professionals develop leadership and interpersonal skills through coaching and feedback while gaining new tools to advance their goals. Mentors have the opportunity to expand their leadership and interpersonal skills and gain new perspectives and ideas while sharing key insights, tools and experiences.

Applications for the first cohort of mentorship pairs will open in late April. Young professionals who have been in the workforce for at least one year will be paired with mentors who have been in the workforce for at least five years. Mentors will act as guides and challengers for their charges rather than career counselors.

The pairs will meet monthly for six months with support from YAD and Hillel Director Benji Berlow and JFCS Career Counselor Erin Heakin. The pairings will be made based on career interests, professional and personal goals.

The program is free to the participants and is funded in part through a Jewish Heritage Fund for Excellence grant. Contact Benji Berlow at bberlow@jewishlouisville.org or Erin Heakin and eheakin@jfcslouisville.org for more information.

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Ex-Louisvillian elected president of AZM at biennial

By Lee Chottiner
Interim Editor

Though one of the greatest novelists Israel has produced, David Grossman is no one's idea of a stand-up comic.

Yet Grossman, who took questions at a March 7 forum at the University of Louisville, made such a comic the main character of his latest novel, *A Horse Walks Into a Bar*, the story of a funnyman who can't fake it anymore.

The story centers around one evening's performance at a nightclub in a small Israeli town where an aging comedian, Dov Greenstein, meets a boyhood friend in the audience, District Court Justice Avishai Lazar, among other past acquaintances in the crowd.

As the night progresses, Dov's monologue becomes a confession of sorts as his jokes give way to uncomfortable stories about his past, including one difficult week at a military camp for youth.

None of these digressions are funny to the increasingly restless audience.

But in talking questions for the capacity crowd at the Chao Auditorium at the Ekstrom Library, Grossman challenged his audience to look at comics in a different way.

"Even in the extermination camps there were funny men," he said. "This is such an act of liberty, of freedom. They might have been murdered an hour later, and yet by changing the point of view, they weren't exactly passive victims."

So it was for Dov, the author said. He wanted that act of freedom, too. Instead of his normal routine, "he tells another story — let's say the real story — of his life. It bursts out of him," Grossman told the



Israeli novelist David Grossman (right) reflected on his work during a March 7 forum at the University of Louisville. Professor Ranen Omer-Sherman, JOFEE Chair for Judaic studies at UofL, acted as moderator. (photo provided by Lee Chottiner)

capacity crowd. "Suddenly, it's a new reality."

Taking questions from JHFE Chair for Judaic Studies Ranen Omer-Sherman, who moderated the program, Grossman spent an hour reflecting on how he researches his work, what motivates him, and what influences his writing.

For instance, he loves to get out and do first-hand research for his books, whether that takes him to the West Bank or the Israel Trail, which runs the length of the country.

I like these periods of research," he

said. "They take me away from my desk. I spend much of my life in one room."

There can be rewarding moments during this research, such as the time on the Israel Trail — scene of the novel *To the End of the Land* — when a hiker he met broke open his backpack to show Grossman a worn copy of one of his books.

A secular Israeli and a self-described atheist, Grossman nevertheless loves Hebrew, the language in which he writes. If Abraham could come back to life and join him at his dinner table, he said, the

patriarch could probably understand much of the conversation.

Though he lamented that many people cannot read his work in its original form, he considers it an "honor" to write in Hebrew.

"It's a good feeling to write in this language," Grossman said.

The program began with a performance artist reading lines from *A Horse Walks Into a Bar* and ended with Grossman autographing copies of the book.

JHFE, Hillel of Louisville, the Commonwealth Center for the Humanities & Society, University of Louisville Office of Diversity and International Affairs, International Students and Scholars Services, Department of Comparative Humanities, Liberal Studies Creative Writing and the Department of English supported the program.

Omer-Sherman couldn't resist ending the program by asking Grossman about politics — a touchy subject these days in Israel, the author said.

Outspoken on the Israeli-Palestinian situation, Grossman acknowledged the hatred for his country in the Arab world and the need for a strong army to defend the Jewish state.

Burt Israel's future depends upon more than a strong army, he said, warning that too many of his fellow Israelis have grown too comfortable with the status quo.

"If you occupy a people for 50 years, existentially, you start to think you're superior to those people. This is the first crack in your democracy."

'Disturbing the Peace' a gritty way to start Film Festival-Speed partnership

By Lee Chottiner
Interim Editor

A Palestinian imprisoned for attacking Israelis with a knife watches Schindler's List while behind bars and is moved to tears.

An Israeli Defense Forces (IDF) soldier directing a bomb strike on Gaza says he didn't consider the collateral damage while scanning his radar screen.

A suicide bomber, the mother of one, whose mission was thwarted, has a different kind of moment when she confronts a forgiving jailer whose brother was killed in another attack.

Another IDF soldier is dumbfounded when he sees that the mission of a West Bank raid is to arrest a 10-year-old boy. All four of these people, and many others who told their stories for the Israeli documentary, *Disturbing the Peace*, started at the same place: They hated the other side; they suffered; they were

prepared to make war.

Until they met the other side.

So began the movement called Combatants for Peace, which works to foster understanding instead of hatred on both sides of the Green Line.

Disturbing the Peace, which was part of this year's Louisville Jewish Film Festival, tells the story of this movement.

The film was screened Thursday, February 23, at the Speed Cinema on the University of Louisville campus, drawing a hefty crowd of 117 people. Many stuck around afterwards for a discussion led by Ranen Omer-Sherman, the JHFE chair in Judaic studies at U of L.

Festival Director Marsha Bornstein said she was surprised by the turnout.

"There were people there who had never been to the film festival," she said. "That was more important to me [because] it was more diverse audience."

Calling the film the most "consequential" he has seen on the subject,

Omer-Sherman, himself a former IDF soldier, said it points up a serious obstacle in the quest for Israeli-Palestinian peace. The two sides don't know each other.

Most Israelis and Palestinians can live their entire lives without really knowing someone from the other side, Omer-Sherman said. That's despite the small size of the country, what he called "claustrophobic proximity."

That must change, he said. "The process of truth and reconciliation is not easy. It's tough and gritty.... Peace is hard work."

The film reenforces idea when it reenacts a clandestine meeting between former IDF soldiers -- founders of Combatants for Peace in 2006 -- with ex-Palestinian fighters. The scene was tense at first with neither side trusting the other.

They built trust by "confessing," telling their personal stories.

Fast forward eight years. The men

and women in that room were meeting as friends, doing theatrical exercises to envision a different reality than the status quo, planning peace demonstrations and rallies and dealing with setbacks in their quest for peace.

On the Israeli side, another scene shows a rally in Tel Aviv where members of Combatants are jeered by heckled by Israelis who accuse them of being "traitors."

On Palestinian side, a Palestinian member of the group argues with his wife over whether their daughters should come to a peace rally with him. He sees such actions as the only way to improve their lives. She sees Israel as an occupying power and believes no good can come from such demonstrations.

It's not just misunderstanding that thwarts peace, Omer-Sherman said. It's the leaders too.

"We can't always rely on our leaders to See **PEACE** on next page



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Anxiety riddles nation, but unplugging for a day can help

By Jacob Efman
For Community

Jews across the country, myself included, and others from different faiths took a pledge on Friday, March 3-4, to unplug.

National Day of Unplugging, a 24-hour period of commitment, has its origins in the Sabbath Manifesto, a creative project produced to meet the collective need to fight back against the increasingly fast-paced way of living. Conceived by Reboot, a network of leaders who work toward a common goal to "reboot" the culture, rituals, and traditions of Judaism, the day offers a chance for people of every color, faith and creed to slow down and reconnect with friends, family, the community and themselves.

This is done simply (or not so simply) by avoiding technology, connecting with loved ones, nurturing your health, getting outside, avoiding commerce, lighting candles, drinking wine, eating bread, finding silence and giving back.

What could be easier, right?

My National Day of Unplugging started at the home of Benji and Lisa Berlow, who hosted a Mexican-themed First Friday Shabbat. They asked their guests to fill out a pledge card to unplug with a "purpose." For examples, disconnect from the stress of work, spend more time with family and less time on the internet, take time to reflect on the week just completed and to dream on goals for the week ahead.

I encountered my first unplugged pang as I watched the Shabbat candles being lit. I wondered why there are two instead of three or even eight as on Chanukah, and why a woman traditionally lights them. I tried to recall the answers from memory since my pledge to unplug denied me the instant gratification of googling the answers.

I did just that at the end of the day, but more on that later.

To be sure, we live in a hectic nation. Approximately 30 percent of the adult population in North America has an anxiety disorder. These disorders af-



fect 18.1 percent of adults in the United States (approximately 40 million adults between the ages of 18 to 54), according to the National Institute of Mental Health (NIMH). Also, 65 percent of North Americans take prescription medications daily, 43 percent take mood altering prescriptions regularly.

Anxiety is expensive. According to The Economic Burden of Anxiety Disorders, a study commissioned by the Anxiety and Depression Association of America, such disorders cost the nation more than \$42 billion a year, almost one third of the \$148 billion total mental health bill for the United States.

A poll by Deseret News found that half of all American adults today (50 percent) say Shabbat has personal spiritual meaning for them, down from 74 percent in 1978. However, 62 percent agree that it's important for society to have one day a week set aside for spiritual rest.

More than nine in 10 Jews believe that a person can be Jewish and still work on

the Sabbath, according to a 2013 survey of American Jews from Pew Research Center.

While there no detailed study on the mental health benefits of keeping the Shabbat, though every study that has been done has shown an overwhelming positive response to observing it.

Dr. Mehmet Oz of The Dr. Oz Show has aired an episode called "The 7th Day Restart Plan," which encouraged viewers to go outdoors and spend time in nature. "When we put patients into nature after procedures," said Oz, a professor of surgery at Columbia University College of Physicians and Surgeons, "they actually recover faster."

While the nation's overall mental health may look dim, National Unplugged Day, and similar efforts, can brighten its outlook. When the 24 hours were up, I googled the significance of candles in Judaism and found that candles represent the human soul. Like the soul, they must breathe, change, grow and strive against the darkness. Ultimately, they also fade away.

I also learned that women light the Shabbat candles because women set the foundation for every Jewish home. Traditionally, their primary task is to ensure that each domicile is a haven of light, peace and harmony, suffused with an atmosphere conducive for spirituality. Shabbat reminds us, just like International Women's Day on March 8, to honor the role women have in the family and in society.

The flickering of candle lights remind us of the fragility of our lives. Life must be embraced and cherished at all times. Lighting two candles has great significance in explaining why observing Shabbat has been surely one of the oldest traditions in Judaism, I leave it to you to find the answer.

Peace

continued from page 8

do the right thing," he said.

Only a few audience members commented on the film. One man suggested that the English language could be common ground to draw the two sides, though Omer-Sherman Israeli and Palestinian activists already know the language.

Some comments were critical of Israel. One man, Russ Greenleaf, who said he's a member of The Temple and the Louisville Committee for Peace in the Middle East, called for a boycott against Israel.

"It's the only thing the Israeli government is paying attention to," he said afterwards.

But he stopped short of calling

himself anti-Israel.

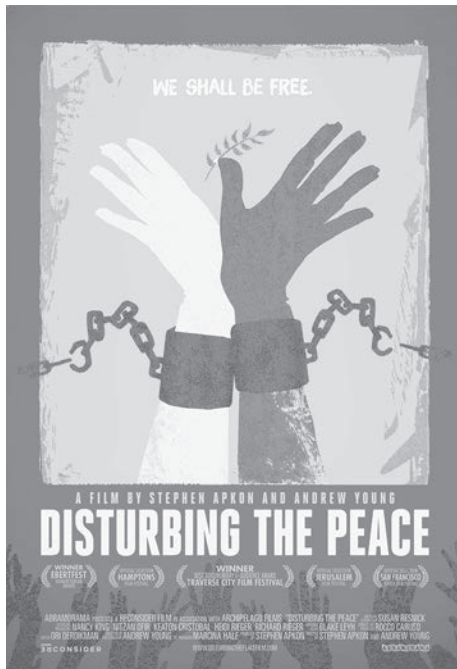
"I'm pro-peace and pro-justice."

The screening marked the first time a film festival offering had been shown at the Speed, but Bornstein and Speed Art Museum Film Curator Dean Otto said it won't be the last.

I hope to [go back]," Bornstein said.

"We were both very pleased with the partnership. The cross-marketing was valuable to both us of because there were so many who had never been to the Speed Cinema nor knew about it."

Added Otto, "I was thrilled with the attendance. In fact, it exceeded my expectations for the first year of our partnership with the Louisville Jewish Film Festival. Marsha was a great collaborator and I'm looking forward to future partnerships with the festival."



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PICTURE THIS: RALLY FOR UNITY

Photos by Ted Wirth

Some 500 people, Jew and non-Jew alike, from all walks of Louisville life, gathered at the front steps of The J Sunday, March 12, to demonstrate unity in the wake the previous week's bomb threat there. The #WeStandTogether Rally for Unity featured speeches by several leaders, including U.S. Rep. John Yarmuth, and music by Louisville Orchestra Music Director Teddy Abrams.



PICTURE THIS: RALLY FOR UNITY



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ARTS

‘Mary Poppins’ offers audience a different treatment of classic story

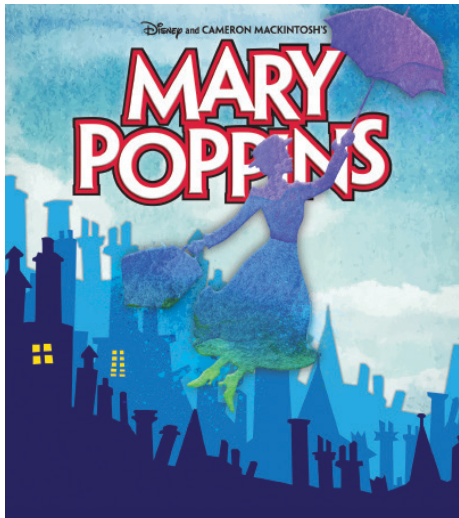
By David Wallace
For Community

P.L. Travers’s Mary Poppins series (1934-1988) formed the foundation for the film Mary Poppins (1964) which preceded the play of the same name 40 years later.

By that time, Mrs. Winfred Banks had evolved from a stereotypical suffragette to a former actress and Mr. George Banks had developed a past where he was traumatized by his sadistic nanny, Miss Andrew.

Any production of Mary Poppins rises and falls with the title character and CenterStage’s presentation is no exception.

Melissa Shepherd’s performance



captures the ephemeral personality of nanny Mary Poppins and does justice to the classic songs “Spoonful of Sugar,” “Chim Chim Cher-ee,” and “Supercalifragilisticexpialidocious.”

Her co-conspirator Bert – chimney sweep, screever and jack-of-all-trades – played by Pete Lay, sings and dances in fine style, especially in “Step in Time.”

The Banks children, Michael, played by Finnegan Broyles, and Jane, played by Ruthie Belza are not just “children.” They are actors and singers and hold their own with the adults.

Kristy Calman, as the sadistic Miss Andrew, chews up the scenery and provides a stark contrast to Mary Poppins in the scene “Brimstone and Treacle Revisited.” In the end, Miss Andrew is

banished, George gets his job back in the bank with a promotion, Mr. and Mrs. Banks are in harmony again as in the early days of their marriage and the children have evolved from spoiled brats to caring individuals.

In addition, loyal CenterStage fans got a treat on opening night when they saw the director, John Leffert, appear as the formidable Admiral Boom.

And Mary Poppins? Like the Lone Ranger, her job is done and she leaves to find another family who needs a “spoonful of sugar.”

The final musical for this CenterStage season is Sondheim on Sondheim, which will run from May 11-21. Tickets can be purchased online at centerstagejcc.org.

Aviv Quartet, Israeli group, showcased ‘energy’ in Louisville debut

By Lee Chottiner
Interim Editor

Sergey Ostrovsky knows there are edgy string quartets out there. They’re playing modern classical music, reaching out to schools and getting young people hooked on the genre.

It’s just that the Aviv Quartet, the string instrument group he founded 20 years ago in Israel, isn’t one of them.

“I must say, I’m a little old fashion and conservative,” the first violinist of the group told Community. “We do play quite a few pieces of contemporary music, pieces that were written for us –

we do pieces of living composers – but we’re selective in the choices. There are a few groups that specialize in that. I let them do what they do best and I try to do what I do better.”

So when the Aviv comes to Louisville for its first performance here on Sunday, March 19, 3 p.m., at University of Louisville School of Music, Comstock Hall, it will perform works by Mozart, Shostakovich and Ravel.

No apologies, Ostrovsky said. Even the great masters, whose works have been played for decades, have plenty of musical secrets yet to yield.

“There is so much to learn,” he said,

“and I would like to spend my time, and the time of my quartet, focusing on that.”

The quartet actually began playing under another name in 1996, according to Ostrovsky. It renamed itself a year later.

“We looked for a name that would reflect the young spirit of Israel, and Aviv represented the best way,” he said. (Aviv means spring in Hebrew.)

Since its founding, the Aviv has performed at Carnegie Hall, Alice Tully Hall, the Library of Congress, and has played at several international festivals and competitions.

In so doing, the group has made an even bigger name for itself: fame.

“Aviv String Quartet is rapidly emerging as one of today’s finest chamber ensembles,” wrote Tim Ashley in The Guardian. “Rich, warm and distinctive in sound, their playing combining technical exactitude with instinctive emotional intensity...”

The quartet consists of Ostrovsky and Philippe Villafranca on violin, Noemie Bialobroda on viola, and Daniel Mitnitsky on cello.

They play as a unit, Ostrovsky said; no one performer outshines another.

See **AVIV** on next page



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J's community garden growing; volunteers to keep it green

By Lee Chottiner
Interim Editor

Within earshot of Watterson Expressway traffic, plots of young wheat and rye are growing.

Fruit trees are budding, albeit prematurely, due to the unusually warm February.

Cabbage, kale, carrots, turnips, beets and radishes are ripening to the point that they are ready to be eaten straight off the stalks or right from the ground.

This is the community garden at The J, a source of fresh produce for the Meyer Food Pantry at the Jewish Family & Career Services.

The garden sits just beyond the ball field and Klein shelter, far from the foot traffic at The J, yet Michael Fraade, JOFEE (Jewish Outdoor Food Farming and Education) fellow, who tends the garden, thinks its purpose – even its existence – have become better known since his arrival in Louisville.

But there is still work to do.

“More and more since I got here, I hear that people are aware of it, which I think is great,” he said. “There are still people who do not know about it, but I think that’s changing.”

Recently, Fraade led seventh and eighth graders from LBSY on a tour of the 1/6-acre garden, explaining growing seasons, composting and drip irrigation. The students also planted their own vegetable seeds, which will sprout in their classrooms before being replanted in the garden when weather gets warmer.

While the garden may seem dormant at first blush, it is actually full of maturing crops, even during winter.

All vegetables currently growing in the garden are the kind that survive, even thrive in cold weather, though most of them must be covered when the temperature drops below freezing. Fraade even snapped off some of the Kale leaves and carrot greens for the kids to sample.

The orchard, and grain plots sit beyond the garden’s fence line. While the wheat and rye have already sprouted and look like the grasses that they are; they can grow as tall as three feet by summer.

Only a little of the grain will be harvested for educational purposes, Fraade said. The rest was planted to choke off weeds in the bed, prevent runoff and ultimately to be plowed back onto the ground, improving the soil quality.

It’s the first year The J has planted grains, Fraade said. “My assumption is a lot of people have never seen standing grain and have walked through the pro-



JOFEE Fellow Michael Fraade (right) led 7th and 8th graders from LBSY on a recent tour of the community garden. He explained composting, irrigation and how many vegetables continue to grow in the garden over the winter. (photo provided by Lee Chottiner)

cess of harvesting and processing it.”

The small orchard consists of apple, pear, apricot and plum trees. The early budding could limit the harvest this year, Fraade said, but he noted that the trees haven’t yet produced significant yields anyway.

“Last year, they produced very little,” he said. “I’m not sure if it’s due to the age of the trees or cross pollination. It’s something I want to explore a little more this year.”

He demonstrated how vegetables planted this spring will be irrigated, producing a section of plastic tubing with holes. Unlike a water can, which soaks the ground around each vegetable plant, this method, known as drip irrigation, will deliver water in measured quantities only to the crops themselves – a water savings of 50 percent.

“It was invented by the Israelis,” Fraade said. “Now it’s being used all over the world.”

He also has four bins of compostable material, which he uses to nurture the crops. The compost – decomposing fruits, vegetables and other organic matter – comes largely from J members themselves who dump it into plastic cans stationed outside the center near the parking lot.

“When we first started in November,

we got about 40 pounds [of compost] that first month,” he said. “For February, we’re on track we had over 340 pounds.”

The compost contains nutrients necessary to grow food. Without it, food scraps wind up in landfills where they release methane gas, which is far more potent, heat-trapping greenhouse gas than CO2. By composting, landfill space is saved, methane emissions are curtailed and, as Fraade said, “I never have to buy fertilizer again.”

Finally, Fraade showed the students how to plant their own seeds by making containers out of newspaper – biodegradable material. Those seed-bearing containers can then be transplanted into the ground when the weather warms.

While the garden is somewhat out sight and out of mind, its visibility suddenly spiked last September when JOFEE and New Roots partnered to open a Fresh Stop produce market in the Klein shelter. At last, shoppers were being brought to the garden gate.

“We were definitely able to use Fresh Stop to spread the word a little bit,” Fraade said.

It seems to be working. Susan Kwasny, The J’s Kindred Fellow Coordinator is organizing a Community

Garden Volunteer Program, which line up people to help Fraade take care of the garden.

The program, which begins April 6 and is open to all age groups, will run each Thursday from 10 a.m. to noon.

“For the first two Thursdays we’re going to do lunch and learns,” Kwasny said. “We’re going to have lunch with fresh foods from a garden, not necessarily our garden. Then we’ll have speakers.”

“After that, we’re going out to the garden,” she continued, and we’ll be working every Thursday as long as we can.... We’ll do anything from ground preparation to watering, to planting, to harvesting.”

Kwasny can be reached at skwasny@jewishlouisville.org for more information.



Michael Fraade uncovers a bed in the community garden, revealing cabbages that have been growing during the cold weather. Vegetables that grow over the winter must be covered when temperatures drop below freezing. (photo provided by Lee Chottiner)

Aviv

continued from page 12

“Each voice in a strong quartet is very personal,” he said. “Each one has its role and importance. When you’re playing in a string quartet, it’s a real voice and not an instrument. We try to achieve a real voice.”

Tickets may be purchased at the door, or online at louisvillechambermusic.eventbrite.com/. General Admission tickets are \$25; students, \$5 (age limit applies). A talk will precede the performance at 2 p.m. in the School of Music, adjacent to Comstock Hall.

Audience members, Ostrovsky said, will hear how powerful such a small music ensemble can be.

“The energy created by the quartet is sometimes much stronger than the orchestra,” he said. “Sometimes the orchestra does not achieve the sound as strongly as a quartet of voices achieves.”



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Building families

Susan Silverman brings Second Nurture to Louisville during shabbaton

By Lee Chottiner
Interim Editor

As Rabbi Susan Silverman touched on Purim during her sermon, Saturday, March 18, at Congregation Adath Jeshurun, she invoked one of the lesser-known aspects of the holiday.

Esther, the savior of the Jews of ancient Persia, was the adopted daughter of Mordechai.

Later, as she spoke to Community, she went further. Not only had Esther been adopted, but so had Ruth, even Moses.

“It’s amazing in history how many kids were adopted,” she said.

Yes, Silverman spoke about Women of the Wall, and she does sit on the board of that well-known organization, which fights for pluralistic worship at the Kotel. But this visit to Louisville, as well as her 20-city swing through North America, is primarily about adoption.

Silverman, the sister of comedian Sarah Silverman, has started a non-profit organization, Second Nurture, which is encouraging adoption within the Jewish world of children in foster homes and institutions.

Adoption has become the primary thrust of Silverman’s rabbinate and Second Nurture is attracting attention. It has even forged some notable partnerships such as the Dave Thomas Foundation. Thomas, founder of the Wendy’s hamburger chain, was a champion of adoption and he, too, had been adopted.

Silverman, who along with her hus-



Rabbi Susan Silverman, seen here with her husband Yosef Abramowitz and her five children, is promoting adoption through her new non-profit organization, Second Nurture. She has made adoption the centerpiece of her rabbinate. (photo provided)

band, Israeli businessman and activist Yosef Abramowitz, adopted two boys from Ethiopia (they also have three other children), said Second Nurture is geared to older children. Infants, she said, are easier to place.

“Our concern is getting kids who don’t have families into families,” she said. “What we’re talking about is older kids in foster care and older kids in institutions internationally.”

According to the Second Nurture mission statement, “There are 81 million Americans who have considered adopting waiting children – children who are not yet adopted because of their age, health or being part of a sibling group — but have not.

It gives three reasons why: a cumbersome bureaucracy, affordability, the need for support.

“Our mission” the statement con-

cludes, “is move those adults from hesitation to action in order to get children into the permanent, loving families they need and deserve by creating cohorts of adoptive families within supportive communities.

Silverman wants Second Nurture to change the way Jewish American families view adoption.

“Mainly, the way we look at adoption in society is it’s a way for families to become parents (who can’t do so naturally). My job is to switch that paradigm on its head and say, that’s well and good, but adoption is also a way for kids to get parents.”

Locally, Silverman named Judy Tiell, executive director of the Jewish Family and Career Services, which cosponsored the rabbi’s visit, as her contact in Louisville as she tries to establish her organization here.

A 501.(c)(3) charitable organization, Silverman said the one-year-old Second Nurture is still in its infancy. Much fundraising and organization remains to be done before it can provide the assistance necessary to make more adoptions possible.

“All we’ve done so far is planted the seeds, we’ve done that in lots of places and lit lots of fires, and we’ve gotten some incredible partners like the Dave Thomas Foundation,” she said. “Now, phase 2, is where we’re ready to come home and map everyone everywhere [who has expressed interest], see where we want to have our hyper-focus and raise money so we have the staff and the funding to move forward.”

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JFCS announces 2017 MOSAIC Award Honorees

By staff and releases

Five people – a transportation expert, a technology entrepreneur, a gerontology specialist, a Grammy-nominated composer/arranger and a restaurateur extraordinaire – will be recognized for their accomplishments at the annual MOSAIC Awards, Thursday, May 18, at The Hyatt Regency Louisville.

This fundraising event, which benefits Jewish Family & Career Services, honors international Americans who have made a significant contribution in their profession and in our local/global community.

"JFCS was founded to assist newcomers to Louisville, and this event honors its original mission," comments Judy Freundlich Tiell, JFCS executive

director, said in a prepared statement. "To date, the event has recognized 57 international Americans who make our community a richer and more interesting city, creating a mosaic of many colors and perspectives."

This year's honorees are:

- Barry Barker of Great Britain, a leader and innovator in the fields of public transit and community planning for over four decades and currently the director of TARC.

- Vik Chadha of India, co-founder of two successful technology companies - Backupify and GlowTouch - that collectively employ over 1,300 people globally.

- Annatjie Faul of South Africa, associate dean for academic affairs at the Kent School of Social Work and

executive director of the Institute for Sustainable Health and Optimal Aging, at the UofL School of Medicine.

- John La Barbera of Sicilian descent, a Grammy-nominated composer/arranger whose music spans many styles and genres, and professor emeritus of music at the U of L School of Music.

- HUONG "COCO" TRAN of Vietnam, a Vietnamese refugee in 1975 who opened the first Chinese fast food restaurant in Louisville. She has since opened nine restaurants and has hired many of the first Vietnam refugees who came to Louisville.

"Many new businesses only have a small budget for marketing," Jarett Duker, Navigate Director said in a prepared statement. "By introducing our

businesses to the people attending the MOSAIC Awards, we hope to generate interest in the products and services they provide and create new clients for them."

The Jewish Heritage Fund for Excellence is the Title Sponsor and Kindred Healthcare is the New American Sponsor. WLKY 32 is the media sponsor and Papercone Corporation, PharMerica and Churchill Downs are also major sponsors. Rachel Greenberg is this year's event chair.

Tickets to the event are \$150/person, and table sponsorships begin at \$2,000. For reservations, contact Beverly Bromley, JFCS Director of Development, at 502.452.6341, ext. 223 or bbromley@jfcslouisville.org.

Mannel to value parent contact as camp, youth and family services director

By Lee Chottiner
Interim Editor

When parents of preschoolers drop their kids at The J each morning, they're bound to see Mindye Mannel sitting in the lobby with Early Childhood Director Norma Cahen.

That's no accident. According to Mannel, the parent-staff relationship is "vital" to child development. This way, the two administrators have daily contact with the parents as they enter the building.

It's that type of relationship Mannel hopes to nurture in her new position – director of camp, youth and families services. She starts March 13.

"I value that relationship, Mannel said on her contact with parents. "That

relationship is vital in running family programs. That's the reason Norma and I sit in that lobby every day."



Mindye Mannel

Getting to know the parents kids in camp and teen activities will take longer, she noted (there are considerably more of them), but she plans to do it.

Mannel is no stranger to teen and camp programs.

She went to Camp Rickaree as a girl and worked at JCC camps in high school and college. She then taught preschool at The

Temple. She's been the early childhood assistant director for two years.

A graduate of the University of Louisville, where she earned a master's degree in education and studied educational psychology, she also spent time in the social service sector, working at Safe Place Services and Home of the Innocents.

She also knows what it's like to be a parent with kids in camp.

"My children went to the camp here, so I've not only been a camper and a staffer in camp, but a parent as well. I've sat in every seat."

As director of camp and youth services, which oversees activities for children in grades kindergarten and up, as well as BBYO and other teen programming, Mannel said she wants to bring

"strength" to her staff and "structure" to the activities.

"I believe education and structure are the keys to keeping children active and stimulated," she said. "If they're not active, then they're looking for mischief. So engagement is the key to keeping them happy, and the parents happy."

Since the summer camp program at The J is already set, she expects few changes early on, but they're may be some tinkering if she spots a need.

"I'm the type who likes to come in, do a lot of observing, see what works and what needs tweaking," she said.

Cahen said she's sorry to lose her assistant and fellow lobby sitter, but she expects good things from her in her new job.

Ron Leshem to appear at U of L; lecture part of Naamani Series

Acclaimed novelist and Israeli television producer Ron Leshem will speak on the subject, "Israel as #1 Exporter of TV Shows to the U.S.," Sunday, April 9, 1:30-3 p.m., at the Chao Auditorium, Ekstrom Library on the University of Louisville campus.

The talk is part of the 2017 Naamani Memorial Lecture Series.

Leshem will address how Israel has triumphantly emerged as a powerhouse in the world of TV production. His appearance will include a video presentation.

An author, screenwriter and winner of the Sapir Prize, Israel's top literary award, Leshem's powerful novel *Beaufort* chronicles the painful events leading up to Israel's 2000 withdrawal from Southern Lebanon, was on Israel's bestsellers list for two years and translated into 20 languages and adapted into a movie nominated for an Academy Award for Best Foreign Language Film.

Leshem's second book, *The Underground Bazaar*, is a richly imagined novel, set in modern-day Teheran. A tale of love, friendship, and repression, the novel moves between euphoria and paranoia, taking the reader to the black market of Teheran, where one can buy everything that is illicit, to the public squares where adulterous women are executed.

After three years as a reporter in the West Bank and Gaza, Leshem became head of the news division of Israel's most widely read daily newspaper,

Yediot Ahronot. He eventually became a military-affairs analyst for the publication.

By age 26, he was deputy chief editor for Ma'ariv, one of Israel's three main newspapers, simultaneously writing for *Le Monde* in France and columns for various European newspapers.



Ron Leshem

Leshem served as head of content and programming for Keshet Broadcasting, Israel's major commercial TV network. He was a producer of the successful Israeli TV show *Chatufim*, which later was adapted into the hit TV series *Homeland*. Leshem was also executive producer of NBC's TV drama *Allegiance*. He is currently working on adaptation of the Israeli TV show *The Gordin Cell* for American TV network.

The discussion will be followed by a free reception. RSVP to Shari Gater: shari.gater@louisville.edu.

Established in 1979, the Naamani Memorial Lecture Series honors the memory of Professor Israel T. Naamani, key educational figure, scholar and teacher at the University of Louisville, and a beloved Jewish community member.



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Passover Section

Do it yourself

Yoskowitz shows how making gefilte fish for Passover is not so hard

By Lee Chottiner
Interim Editor

Just in time for Passover, Jeffrey Yoskowitz brought a timely message to Jewish Louisville: Ashkenazi cooking is cool.

He especially meant that most iconic of Ashkenazi dishes – and one without which no seder table is complete – gefilte fish.

Since 2011, the New York chef, steward of Ashkenazi food culture, and drummer for cooking with sustainably grown foods, has been spreading the word about the recipes cooked by Eastern European Jews. To him, they are a treasure trove of healthy, hearth-warming and delicious eating.

His passion for these recipes led to his new cookbook, *The Gefilte Manifesto: New Recipes for Old World Jewish Foods*, which he co-authored with fellow Ashkenazi food enthusiast, Liz Alpern. They also run an artisanal food business called the Gefilteria.

"I associated Jewish food with my mother's kitchen and the smell of the holidays," Yoskowitz, 32, told a room full of Ashkenazi food fans at a March 1 cooking demonstration at The J's Patio Gallery. "It's the essence of who I am."

He used the evening to demonstrate how Jews made gefilte fish for generations, mixing greens, onions, eggs, dill and what ever fresh fish happens to be available (in this case, a mix of sable and salmon).



Jeffrey Yoskowitz processes ingredients for gefilte fish during a recent cooking demonstration at the Patio Gallery. (photo by Lee Chottiner)

In addition, Chef Sasha Chack of Izzy's Kosher Catering made borscht, herb-deviled eggs, challah and "everything spice butter" for sampling.

But gefilte fish is special to Yoskowitz, has been since Passover 2011 when he helped his grandmother prepare the delicacy.

Back then, Ashkenazi food was increasingly off the menu. Bedeviled by perceptions it was "all brown and heavy," Yoskowitz said younger genera-

tions of Jews were passing on traditional dishes for more exotic fare from the Middle East and East Asia. Meanwhile, the generation that grew up eating and cooking these dishes was dying.

Gefilte fish in particular, something millions of Jews grew up eating out of jelly-packed jars, was the "lowest of the low," he said. It irked him that young Jews were unaware of the myriad ways it was made in the Old World.

"Those foods were no longer sexy," Yoskowitz said.

Today, all that is changing. Food prophets, like Yoskowitz and Alpern, are researching the old dishes, discovering differences in how Jews from Lithuania, Galicia and Hungary cooked. For instance, Litvaks peppered their gefilte fish while Galicianers added beets for sweetness.

"We decided to write the book because we felt that we had tapped into something that inspired our peers," Yoskowitz said. "We gave out a recipe for gefilte fish a year into the business, and many people tried to make it. They told us about it and we were so excited that a new generation gave it a try. We wanted to empower more young and old people to cook these foods."

How gefilte fish was cooked differed even after Jews left the shtetls. For instance, Yoskowitz said Jews in Argentina generally bake their gefilte fish; American Jews poach it, and British Jews? Well, they fry everything.

Gefilte fish is cultural as well as

gastronomical. Stories abound about how immigrant families would keep a carp in the bathtub. One woman told Yoskowitz that she regularly bathed with one. A childrens book -- *A Carp in the Bathtub* -- was written about two kids who tried save the fish, which had become their pet, from being the family's dinner.

All of which gave rise to the one-liner, "from tub to table."

Ashkenazi cooking is making a comeback, Yoskowitz said. Young people are inspired to seek their ethnic roots through the old recipes, discovering the food wasn't as "brown and heavy" as they thought.

Many who try making gefilte fish themselves find it isn't so hard. "I talk so much because this doesn't take very long," Yoskowitz said.

JOFEE Fellow Michael Fraade, who brought Yoskowitz to Louisville, tried making the dish himself, "The gefilte fish was very easy to make," he said. "I also made his cauliflower mushroom kugel and apple cake. Both very easy and very good."

Unlike people from other cultures, though, Jewish foodies are at a disadvantage. Where Irish Americans can return to Ireland to sample authentic fare -- and Italian Americans to Italy, Chinese Americans to China -- Ashkenazi Jews have no where left to go.

"For Jews from Eastern Europe, there's no more Eastern Europe to back to," he said. "The community is gone."

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Passover Section

10 tips for a less stressful Passover

By Duby Litvin

(My Jewish Learning via JTA) -- Passover requires a great deal of preparation, especially if you are making your home kosher for Passover.

These 10 tips will help you organize and prioritize, so you can enjoy the holiday.

1. Don't wing it, plan it

Planning is imperative. Think of your house as your corporation and you are its CEO. You are in charge. Just like a big company would plan out its functions, you also want to work on "Project Passover." When you have a plan in place, things will go much smoother.

2. Delegate to your team, including children

As CEO it is your job to delegate and supervise all the tasks. The more you delegate the better off you will be. If you can afford it, hire a cleaning person to help. Have your spouse or a teenage son or daughter take care of the shopping. Even if you think the job is small and easy, the less on your plate the better.

The best thing with children under 6 is to have someone else take them out of the house, so you can clean without them underfoot. Older children can handle small jobs, such as wiping down toys and surfaces. In the kitchen, these little helpers can do peeling, juicing, cracking nuts or other introductory jobs. Know what your child can or can't handle and let him or her feel important.

3. Passover cleaning vs. spring cleaning

Imagine sitting down to a beautiful Passover seder – the house is sparkling clean, the chandeliers are glistening, the windows are sparkling -- and you're falling asleep. While it's lovely to have them sparkle and shine, chandeliers and windows are not imperative to making your home kosher for Passover. Passover cleaning is any place that there's a very good chance that food was brought in. If you know there was no food brought there, then it doesn't have to be cleaned. Even food that's been stuck on the wall, if it's more dirt than food, it doesn't have to be scrubbed. For something to be consid-

ered chametz, it needs to be edible and accessible.

4. Poor man's bread or bread that makes us poor

For those buying only foods certified kosher for Passover, the holiday can be very expensive. But you don't have to make matzah or other processed foods mainstays of your meals. Instead, focus on in-season fruits and vegetables. Before heading to the supermarket, create a menu and shopping list, then stick to it.

5. Don't buy an entire kitchen your first year

If you are making your house strictly kosher for Passover, you will need to pack away your year-round dishes and cookware and replace them with Passover ones. However, you can build up your Passover collection gradually. Start with just the few crucial items the first year and each year buy a few more things

6. Your best friend is your list

From a cleaning to-do list to detailed shopping lists, from last-minute reminders to menus, lists will save your life. Don't let the mental to-do list overwhelm you – get it all down on paper and rest assured nothing will be forgotten. Keep everything in one place (or on your smartphone).

7. Passover doesn't have to be Pinterest worthy

While many people believe everything has to be picture-perfect, simplifying can make your life much easier. Plan a new and fancy dish here and there if it gives you pleasure, but don't feel like you must. Where possible, cook things in advance and freeze them.

8. Leave the bitterness to the maror

The last thing you want is to have a chip on your shoulder when it comes to holiday traditions. If you do feel resentful about the amount of work that goes into holiday preparations, then something needs to change ASAP. Try to shift your thinking from "yet another thing I have to do" to a place of "we have an opportunity here." Focus on what's most important about Passover:

the seders, time with family and loved ones.

9. Have fun and create new traditions

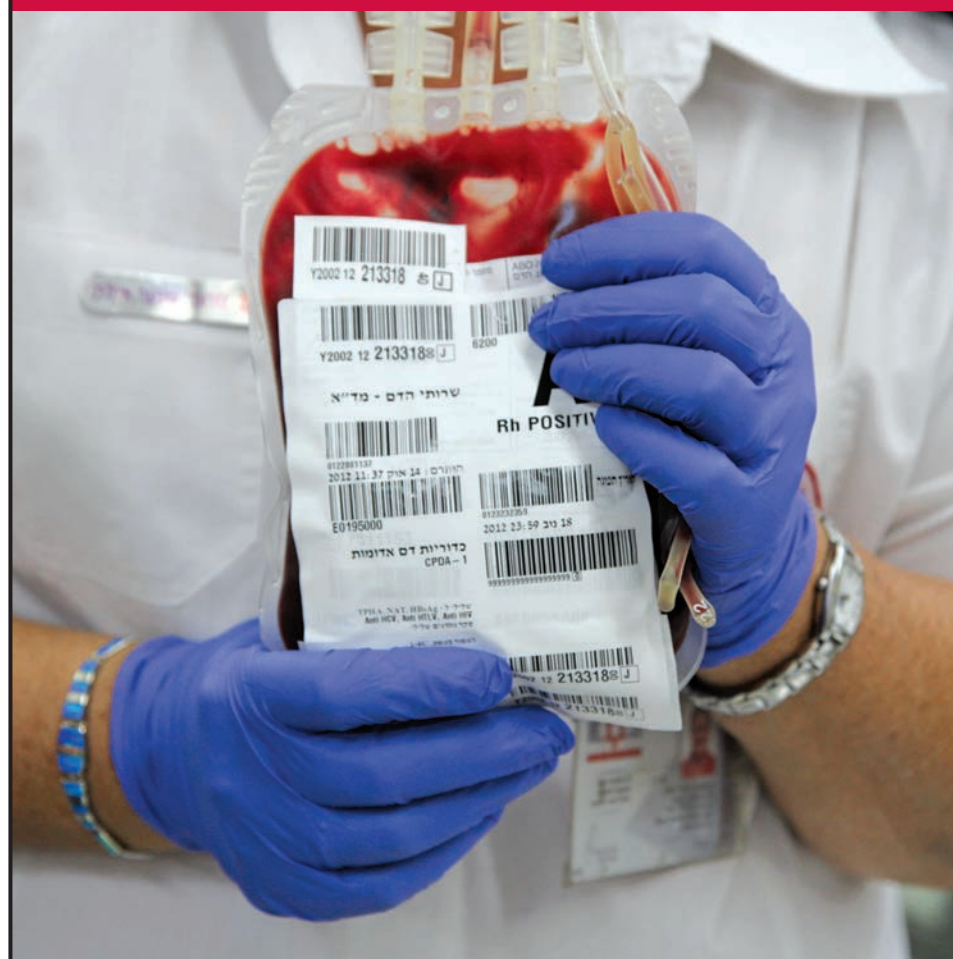
My mother-in-law makes a special orange soup for Passover, and all her grown children now make it as well, because it's a beloved tradition. You may think, who cares, it's just soup ... or it's just the annual Passover week trip to the park. But these are exactly the things that make Passover special. Here are some ideas to make holiday prep more fun: putting music on when cleaning, giving out prizes (to yourself as well

as others) for accomplishing specific tasks, special new toys for the holiday, create photo contests with friends or family members of "funniest items found while cleaning for Passover."

10. When all is said and done, get it in writing!

Passover is over, and the last thing you want to do is look at one more list, let alone go through it. But hang in there and jot down what worked, what didn't, if you bought too much matzah or not enough. Write down that new trick you came up with to help the kids enjoy the seder. You will thank yourself

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Passover Section



Passover pushes us to make the world a more compassionate place

By Rabbi Nadia Siritsky
For Community

As we prepare for Passover, Jewish tradition enjoins us to consider the Exodus from ancient Egyptian slavery; not as a one-time event that happened thousands of years ago, but rather, as a recurring opportunity to fight for justice and freedom for all people.

The Talmud commands each of us to experience this redemption from bondage in our own day, because the promise of liberation is an eternal promise.

The weeks leading up to Passover are a time to reflect upon those aspects of our lives that feel unjust or impact our sense of freedom. According to kabbalah, the spiritual quality that is associated with Passover is “chesed,” which means loving kindness. What we can



Rabbi Nadia Siritsky

learn from this is that a necessary component of liberation is compassion. This is what true love does: It is freeing and healing – redemptive.

During Passover, we are asked to forego chametz, which is translated as leavening.

There are many mystical explanations of the deeper symbolism of chametz. One suggests that we should remove from ourselves anything that can make us “puff up” which is a reference to the ego and its defenses. Another suggests that that chametz is related to the word chamootz, which means sour.

Thus, we must relinquish the hold of all that makes us sour: be it anger, grudges or desire for revenge. Both meanings of the word speak to the aspects of self that can affect our ability to fully embody chesed – to love unconditionally, in a way that is freeing and transcendent.

These spiritual lessons have relevance for us individually and collectively. The idea that Passover is not a one-day event, but rather a week long (eight days for many), with weeks of preparation, is a reminder that all of us are on a journey. The ritual of being asked to do this every year is a reminder that it is easy to fall back into old habits.

And the parallels between this holiday’s themes and those of the high holy days teach us that we need these reminders more than annually. We

need them to remind us to have compassion on others – those whose fears, shaky egos and old pain keep them from unconditional love and embrace of others.

Our world is filled with growing levels of fear, intolerance and injustice – far too many amongst us are in need of liberation. Slavery continues to exist, and millions of people around the world pray every day for their own exodus: their own passage to freedom and justice. This Passover, let us work on making this world a more loving and compassionate place for all people.

(Rabbi Nadia Siritsky is vice president of mission for KentuckyOne Health.)

Passover isn’t just for brisket anymore; lighten the season with fish and veggies

By Megan Wolf
JTA

I love serving light foods that are naturally kosher for Passover. With so much matzah, vegetable and fish dishes are often a welcome addition in my home.

In this holiday menu, my Coconut Carrot Soup is a creamy soup at its finest. The combination of carrots, ginger and coconut is so warming and really delicious. Not a ginger fan? It’s easy enough to leave it out.

And what could be better than a recipe that doesn’t require excellent knife skills? Since the soup ingredients are blended, dicing imperfection won’t be noticeable at all.

For the Caesar Salad, making your own dressing is an easy way to cut down on the fat and calories and tailor the taste to your palate. I’m a big garlic fan, but feel free to scale back – your dressing will still be delectable. Romaine hearts hold up especially well against a hearty dressing.

The Lemon Salmon recipe is perfect for a crowd. Little work is required and the end result is so tasty. Roasting lemons really brings out the flavors. You can encourage your guests to squeeze the warm lemon atop the salmon for even more flavor.

The lemon in the Grilled Asparagus nicely complements the salmon without imparting an overpowering lemon

flavor. Because one dish has roasted lemon and one has lemon zest, they are bright without being redundant.

If you don’t have a grill pan -- it’s a wonderful kitchen item to have, especially if you’re tight for space -- you can easily roast the asparagus in the oven for a similar texture. But really, nothing beats the smokiness of a grill.

Coconut Carrot Soup

Ingredients:

1 pound carrots, peeled and thinly diced

1 cup diced celery

1 tablespoon diced ginger

3 tablespoons olive oil, divided

1 Vidalia onion, thinly sliced

1 can coconut milk

3 cups vegetable stock

salt and pepper to taste

coconut milk yogurt, optional

Preparation:

In a large stock pot, heat 2 tablespoons olive oil over medium low heat, then add the carrots, celery and ginger. Cook until soft, about 18-20 minutes.

In a small skillet, heat the last 1 tablespoon olive oil and sauté the onions until translucent, then set aside.

Add the can of coconut milk to the carrot and celery mixture and stir to combine. Add 2 cups of stock and stir to combine.

Place half of the onion into the carrot mixture and place the mixture in a

blender to combine until smooth (you can also use an immersion blender directly into the stock pot). Season to taste with salt and pepper.

Serve with remaining sautéed onions and optional coconut yogurt on top.

Caesar Salad

Ingredients:

2 large heads romaine lettuce hearts

3/4 cup low fat Greek yogurt

2 tablespoons olive oil

3 cloves garlic

1/2 teaspoon Dijon mustard (can be omitted for Passover)

1 lemon, juiced

salt and pepper to taste

1/4 cup shredded Parmesan cheese

hot pepper flakes, optional

Preparation:

In a blender or food processor, combine yogurt, olive oil, garlic, mustard and lemon juice.

Taste, then season with salt and pepper and set aside.

Halve each lettuce heart and dice, then place in a large bowl.

Toss the greens with half of the salad dressing to start, adding more to your taste.

Sprinkle with Parmesan cheese and red pepper flakes.

Lemon Salmon

Ingredients:

1 pound salmon, sliced into 4 fillets

2 tablespoons olive oil
1/2 teaspoon kosher salt
1/2 teaspoon peppercorns
1 lemon, thinly sliced
4 sprigs rosemary

Preparation:

Preheat oven to 400 F.

Coat each piece of salmon with olive oil, then sprinkle with salt and peppercorns.

Place lemon slices over salmon and roast until cooked to your liking, about 10 minutes or more.

Serve on a platter with rosemary springs.

Grilled Asparagus

Ingredients:

1 pound asparagus, ends trimmed

1 tablespoon olive oil

1/4 cup Parmesan cheese

1 lemon, zested

Preparation:

Heat a grill pan until hot (or roast in the oven).

Toss asparagus with olive oil and place on grill pan, cooking about 3 minutes each side.

Sprinkle warm asparagus with Parmesan cheese and lemon zest.

(Megan Wolf is the author of “Great Meals with Greens and Grains.”)




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Meets on the first Tuesday of the month at Thomas Jefferson Unitarian Church, 4936 Brownsboro Road. Contact Naomi Malka at 502-452-6341, ext. 249.

APRIL 13 Parkinson's Caregiver Support Group 1 pm

Meets on the 2nd Thursday of the month at Jewish Family & Career Services. Contact Connie Austin at 502-452-6341, ext. 305.

APRIL 14 Alzheimer's Caregiver Support SSP Group 2 pm

Meets on the second Friday of the month at Jewish Family & Career Services. Contact Kim Toebbe at 502-452-6341 ext. 103.

APRIL 19, 10 am Grandparents Raising Grandchildren

Meets on the third Wednesday of every month at Kenwood Elementary, 7420 Justan Avenue Contact Jo Ann Kalb at 502-452-6341, ext. 335.

APRIL 20, 7 pm Adult Children of Aging Parents

Meets on the third Thursday of the month at Jewish Family & Career Services. Contact Mauri Malka at 502-452-6341, ext. 250.

Support groups are facilitated by JFCS and funded by KIPDA Area Agency on Aging through the Older Americans Act and the Cabinet for Health Services.

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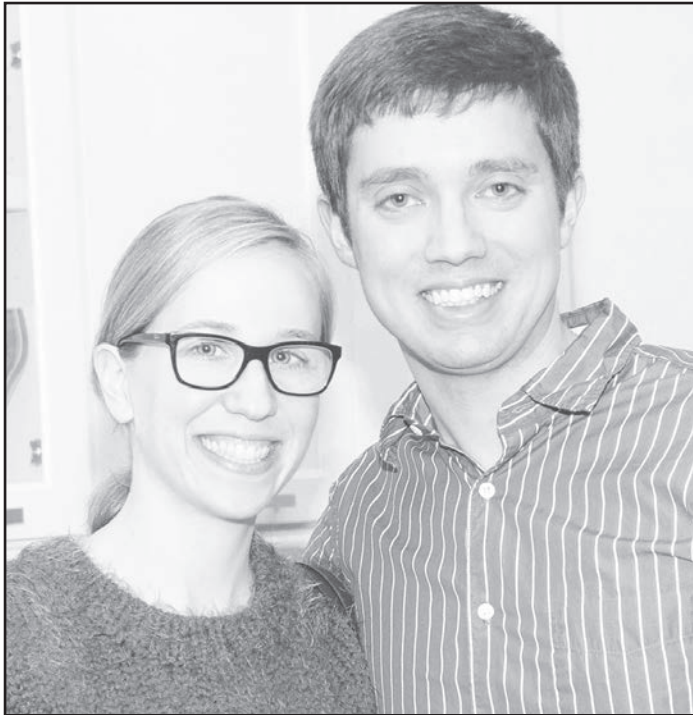
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PICTURE THIS: BEN GURION SOCIETY

Photos by Debby Rose

Several members of the Ben Gurion Society met at the home of Keren and Yariv Benabou, Thursday, February 23, for an evening of drinks and socialization. Named for the late Israeli prime minister, Ben-Gurion Society, through which talented young men and women build a strong and responsible Jewish community, welcomes donors, ages 22-45, who make a contribution of \$1,000 or more to the federation's Annual Campaign. Benefits include invitations and V.I.P. treatment at professional and networking events locally and nationally.



PICTURE THIS: RED RIVER GORGE HIKE

Photos by Debby Rose

Members of YAD and the Cincinnati JCC's young adult group joined each other Sunday, March 19, for a day trip to Red River Gorge, one of Kentucky's most beloved natural resources. The group made new friends, hiked together and explored what Judaism has to teach about the outdoors.



NEWSMAKERS



Deborah Slosberg

Deborah Slosberg, director of Louisville Melton, was invited to speak during the "Spotlight on Excellence" session at the International Directors Conference of the Florence Melton School of Adult Jewish Learning in

Chicago last month.

Slosberg restarted Louisville Melton in 2013 after several years without a local franchise. Through anecdotes, she painted a picture of the Louisville Melton culture – the closeness and camaraderie among students of all ages and backgrounds, between faculty and students, and the quality of the teachers who facilitate the students' encounters with ancient and modern Jewish texts.

This year, Louisville Melton is offering 16 courses with a student body of 114 students, many of whom are enrolled in multiple classes, totaling 220 class registrations. New students may register for the nine-week term of courses beginning March 14: jewishlouisville.org/melton or dslosberg@adathjeshurun.com.



Carol Heideman

Carol Heideman, has just been named a Center for Women and Families 2017 Woman of Distinction.

A community activist and a volunteer manager of a warehouse in Louisville – the only distribution

center in the country that collects surplus ostomy supplies and sends them to third world countries – Heideman is part of the Kentuckiana Ostomy Support Group and the national board of the Friends of Ostomates.

She also helps with The Temple's Blankets and Blessing program.

Previously, she sat on the boards of Maryhurst and Operation Brightside and was a youth director for five years for the high school program for the Louisville Section of the National Council of Jewish Women. She also served on the Child Victims Trust Fund and has been an active member of The Temple. She also has prepared lunches for Senior University, taught music to preschoolers and served as a Girl Scouts leader.

Amy Shir, and Michael and Steven Hamburg, have donated the piano and needle pointed bench that belonged to their mother, **Lynn Hamburg Goldstein**, to the Senior Adult Department.

The donation, according to the siblings, was made to create "a musical legacy at the JCC" for their mother.

Goldstein, who died December 3, 2016, made music at the JCC for more than 30 years. She taught music, sang, played piano accompany for the seniors and performed at Four Courts and other nursing homes.

She also taught music at Eliahu Academy, AJ Sunday School, and had starring roles at Heritage Theater.

Sarah Robinson and other musicians have expressed delight that the department will now have a proper piano.

Beth Kuhn, commissioner of the Kentucky Department of Workforce Investment and the Kentucky Career Center, spoke at the Second Annual Kentucky



Beth Kuhn

and the overall quality of Kentucky's workforce..." according to the Kentucky Chamber News.

Kuhn addressed new cabinet initiatives, including the recently released Kentucky Future Skills Report.



Justin Paul

Workforce Summit.

The Summit, sponsored by the Kentucky Chamber of Commerce, focused on areas "where greater employer involvement can make a positive difference for the productivity of their companies

and the overall quality of Kentucky's workforce..." according to the Kentucky Chamber News.

Kuhn addressed new cabinet initiatives, including the recently released Kentucky Future Skills Report.

Justin Paul, was a finalist at the SPIE International Medical Imaging Conference in February, Orlando, FL.

Paul was one of the finalists for the Robert F. Wagner All-Conference Best Student Paper Award for his

paper, "Deep Learning for Brain Tumor Classification." He worked in the Medical Imaging and Statistical Interpretation (MASI) lab at Vanderbilt University with director Bennett Landman, associate professor of electrical engineering, computer engineering and computer science.

Paul, the son of Sue and Ron Paul of Prospect, works at Google in Mountain View, CA.

Twenty-five students from five laboratories affiliated with the Vanderbilt Institute in Surgery and Engineering (VISE) attended the conference. Five Vanderbilt University students across computer science, electrical engineering and biomedical engineering were selected for scientific awards out of almost 450 papers presented this year.

The conference provides a great opportunity to see the latest and greatest from research groups around the world and for students to showcase their work.



Peter Pearlman

Peter Pearlman, was elected chairman of the State Board of Licensing Hearing Instrument Specialists on February 3. A nationally recognized audiologist, Pearlman teamed up with Gould's Discount Medical in 2015,

opening his office in Gould building, 3901 Dutchmans Lane.

Dr. Warren Shaikun and Robert Karman, have opened a new office in St. Matthews. Their practice, called Expert Sleep Medicine, is now a division of Family Allergy & Asthma.

They focus on the diagnosis and treatment of various sleep disorders, including sleep apnea.

The office is located at 4121 Shelbyville Road and can be reached 963-0487. Both physicians are board certified in sleep and pulmonary medicine.



By Sarah Harlan
For Community

April is going to be an entertaining and engaging month for Chavurat Shalom. Please join us for the following programs:

- Thursday, April 6 – Crowd favorite, Jennifer Diamond, will be singing jazz standards for us, accompanied by the incomparable Todd Hildreth on piano. Lunch will include turkey sandwiches, Italian wedding soup with orzo, mixed green salad, fresh fruit and cookies and brownies. Lunch will be in the Heideman auditorium and the program will be in the Waller Chapel.

- Thursday, April 13 – No Chavurat Shalom for Passover.

- Thursday, April 20 – Mike O'Bryan will be back to entertain us on his accordion and we'll celebrate April birthdays and anniversaries. Lunch will include oven-roasted chicken with artichokes and sun dried tomatoes, rice pilaf, quinoa salad with vegetables, fresh fruit, and cheesecake parfait.

- Thursday, April 27 – The big event you've been waiting for all year, Senior University, will take place from 9:30 a.m.- 3 p.m. There will be so many fascinating programs and speakers, too many to list here.

Chavurat Shalom is a communitywide program for all Jewish senior adults and their friends. We meet in the Levy Great Hall of the Klein Center at The Temple, 5101 U.S. Highway 42, unless otherwise designated in the listing.

A healthy and nutritious lunch is available at noon for \$5, followed by the program at 1 p.m. Come see what all the buzz is about with Chavurat Shalom's reenergized programming and fabulous caterer, Chef Z, and make sure there is enough for everyone to eat by reserving your place by calling 502-423-1818 or emailing Sarah Harlan at sarahharlan86@gmail.com by the Tuesday of the week you plan to attend. Vegetarian meals are available if requested by the Tuesday before the event.

Transportation can be scheduled by calling Jewish Family & Career Services at 502-452-6341. The cost is \$5 per round trip.

Funding for Chavurat Shalom is provided by the Jewish Heritage Fund for Excellence, the Jewish Community of Louisville, National Council of Jewish Women, The Temple's Men of Reform Judaism and Women of Reform Judaism, and many other generous donors.

Shalom Tower Waiting List Now Has 3 Month Wait for Vacancy

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Tuesday, May 9
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Standard Club

Sunday, May 22
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Standard Club

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AROUND TOWN

Shtetl dinner slated

The Rabbi's Shabbat Dinner, Shtetl-style, will be held Friday, March 24, 6 p.m. in The Temple's Levy Great Hall. A vegetarian option will be available. Cost is \$5 for adults, children under 12 eat free. Call (502) 423-1818 to RSVP.

Temple slates next Bridges session

The Temple's next Bridges session is Sunday, March 26, 1:30 p.m. in the library. The welcome-to-Judaism class is taught by Rabbi Gaylia Rooks and Nadyne Lee and is open to anyone with an interest in Judaism.

Temple holds dinner & movie

The Temple will hold a dinner and movie, Sunday, March 26, 6:30 p.m. with Rabbi Gaylia Rooks. This month's picture is the IMAX film Jerusalem. RSVP is to 502 423-1818 by March 24.

TS women to hold Painting Place party

Women of Temple Shalom will hold for a painting party, Wednesday, March 29, 6:30 p.m. at the Painting Place. Participants will be led in painting an iconic Louisville scene. Snacks and beverages will be provided. RSVP to Temple Shalom, 502-458-4739, by March 24, and ask to be contacted by Amy Doctrow. Cost is \$35. The community is invited.

Keeping It Kosher Jewish Food Pop Up

Keneseth Israel, Izzy's Kosher Catering and Rainbow Blossom Natural Markets are partnering on the second annual Keep It Kosher Jewish Food Pop Up, Sunday, April 2, from 10 a.m.-3 p.m. The focus is on meat this year with overstuffed Sandwiches on house-made bread.

VP to visit Hats off to Hadassah

Carol Ann Schwartz, national vice president of Hadassah, will be the featured guest at the Louisville chapter's High Tea and Chai Society, Sunday, April 2, 2-4 p.m. Participants should bring a baked good to use up chametz prior to Passover. RSVP to Michelle at 502-645-4739 or louisvillehadassahchapter@gmail.com for the location.

AJ hosts Kentucky Homefront

AJ will host two live-tapings of WFPK's Kentucky Homefront on April 2, from 6:30 - 9:00 p.m. at Adath Jeshurun. Hear local musicians and storytellers. Tickets: \$12 at www.adathjeshurun.com/ radio or 458-5359 or at the door. Event co-sponsors, Adath Jeshurun, Kentucky Homefront, and the Stuart Handmaker L'dor Vador Fund of Adath Jeshurun.

Holiness & renewal service slated for Temple

The Temple will hold its April Alef service of holiness and renewal, Friday, April 7, 7 p.m. in the Levy Great Hall. The musical service will be led by Rabbi Gaylia Rooks and will feature musical guests.

Temple to hold First Night Seder

The Temple's second annual First Night Seder will be held Monday, April 10, 6 p.m., in Heideman Auditorium. Chef Z of Personal Touch will cater the event. Cost is \$10 for adult Temple members, \$15 for adult non-members, \$15 Children ages 12 and under eat free. RSVP for members is open until April 3; non-members, March 20-April 3. Reservations are first come, first serve. Payment is required upon reservation. Jewish Heritage Fund for Excellence is sponsoring the event.

AJ hosts kosher community seder

Adath Jeshurun will host a first-night catered kosher seder led by Rabbi Robert Slosberg, Monday, April 10, 6:30 p.m.

Cantor David Lipp will lead songs. Space limited to the first 200. Reservations received after April 3 will be placed on a waiting list. Cost is \$30 for adult members, \$15 for children ages 6-12, \$50 for adult guests, \$25 for guest children ages 6-12, \$5 for children 5 and under. Register and pay online at adathjeshurun.com/seder.

AJ releases Passover service times, dates

- Service for the first born: Monday, April 10, 7:15 a.m.
- First day of Passover: Tuesday, April 11, 9:30 a.m. and 5:45 p.m.
- Second day of Passover: Wednesday, April 12, 9:30 a.m. and 5:45 p.m.
- Seventh day of Passover: Monday, April 17, 9:30 a.m. and 5:45 p.m.
- Eighth day of Passover and Yizkor: Tuesday, April 18, 9:30 a.m. and 5:45 p.m.

KI, TS, to host joint Passover seder

Keneseth Israel and Temple Shalom will co-sponsor a community Passover seder, Tuesday, April 11, at KI starting with services at 7 p.m. Dinner will follow at 7 p.m. The Bristol will cater the meal and Rabbis Michael Wolk and Beth Jacowitz Chottiner, and Cantor Sharon Hordes will lead the seder. To RSVP and pay, go to tinyurl.com/KISeder, or call Temple Shalom at 502-458-4739.

AS rabbi, wife, host community seder

Anshei S'fard Rabbi Simcha Snaid, and his wife, Hindy, are inviting the community to their home for a Passover seder, Monday, April 10, and Tuesday, April 11, at their home, 3706 Dutchmans Lane. RSVP to the Anshei S'fard at (502) 451-3122 x 0 by Thursday, April 6, for either one or both seders.

Rabbi's Shabbat Shtetl Dinner planned

The Temple will host a shtetl-themed rabbi's Shabbat dinner, Friday, March 24, 6 p.m., in the Levy Great Hall of the Klein Center. In celebrating the food of the shtetl, brisket, cholent, veggies and strudel will be served. Adults are \$5 and children under 12 eat free. RSVP to (502)423-1818 by Wednesday, March 22.

AS releases service times, dates

Anshei S'fard's Passover synagogue services will begin Monday, April 10, at 8:15 p.m.; Tuesday, April 11, and Wednesday, April 12, services will begin at 9 a.m. Services on the last days of Passover - April 17 and 18 - will begin at 9 a.m. Yizkor on April 18, will be at approximately 11 a.m. Passover ends at 8:22 p.m. on Tuesday, April 18.

Gilman to speak at TS adult ed. program

Temple Shalom's April 17 adult edu-

cation program will feature attorney Sheldon G. Gilman. His topic will be, "Comparing Jewish Talmudic Law with American Constitutional Law." The talk will start at 7 p.m. A question-answer session and refreshments will follow. RSVP to Temple Shalom at 502-458-4739 by April 14.

Temple Shalom to mark Yom Hashoa

Temple Shalom will mark Yom Hashoa, Friday, April 21, 6:30 p.m., during the Shabbat service. There will be a commemoration ceremony that will include lighting yellow yahrzeit candles.

Temple slates young adult seder

The Temple will hosting a modern seder for young adults, ages 22-33, from across the community, Saturday, April 15, 6 p.m. The Jewish Heritage Fund for Excellence is sponsoring the event. RSVP at thetemplelouky.org by April 10.

Rabbi's Israeli style Shabbat dinner

The Temple will hold a rabbi's Shabbat dinner, Friday, April 28, 6 p.m. Traditional Israeli foods will be served. Cost is \$5 for adults. Kids 12 and under eat free. RSVP to (502) 423-1818 by April 26.

KI Gala coming

Keneseth Israel Congregation invites the community to its annual gala on Sunday, April 30. Cocktails, silent auction and raffle begin at 6 p.m. The dinner and program follow at 7 p.m. Reservations may be made by clicking here: <https://fs30.formsite.com/keneseth1/form4/index.html>. That's also how ads for the commemorative journal can be purchased. Contact Yonatan Yussman at yyussman@kenesethisrael.com or 502-459-2780.

Ariel-Joel teaches Tanakh at Temple

Rabbi David Ariel-Joel will lead a study of the Books of Joshua and Judges Monday nights at 7 p.m. The class will not meet April 3, 10 and 17.

Rooks leads beginning Hebrew at Temple

Rabbi Gaylia Rooks teaches the Hebrew Alef class - a class for students who haven't mastered the alef-bet -- Monday nights at 7 p.m. The class will not meet April 3, 10 and 17.

Temple holds advanced Hebrew study

An advanced Hebrew chavurah meets Monday nights at 8 p.m. Biblical and prayer book Hebrew will be studied. The class will not meet April 3, 10 and 17.

Temple holds basic Judaism courses

The Temple holds three six-week classes covering the holidays and festivals. The second session with Rabbi Gaylia Rooks will not meet April 3, 10 and 17.

Temple holds year-round Torah study

Rabbi David Ariel-Joel leads Saturday Torah study from 9-10 a.m. in the Fishman Library. Coffee, bagels cream cheese and treats will be on hand.

Temple holds scholars program

Rabbi David Ariel-Joel leads a scholars class Wednesday mornings from 9:30-10:35 a.m. The topic is, "What is a Jew? Dilemmas of Identity in the 21st Century." The class will not meet April 5.

Rapport leads study of Jews in Spain

Rabbi Joe Rooks Rapport teaches a course on Golden Age Spain // from 10:50-noon, at The Temple. The class covers five centuries of Jewish life in Muslim Spain. The class will not meet April 5.

Temple's WRJ Women's Seder planned

The Temple Women will hold their annual Women's Seder, Thursday, April 13, 6 p.m. Rabbi Gaylia Rooks will lead using a special women's hagadah that she and members of the congregation wrote. Cost is \$10 for adults and \$5 for children under 12. RSVP 502-4231818 by Monday, April 10.

Wolk holds Jews and Brews

Keneseth Israel Rabbi Michael Wolk will hold "Jews and Brews", a one-hour Torah study class over coffee, Wednesdays at 11 a.m. in The J café. The community is invited. Contact Yonatan Yussman, at yyussman@kenesethisrael.com or 502-459-2780 for more information.

Torah Yoga held at KI

Cantor Sharon Hordes and yoga instructor Lisa Flannery lead a Torah Yoga class every third Thursday, 6:30 p.m. at Keneseth Israel Congregation. Temple Shalom and Hadassah co-sponsor the class, which is free to the

See **AROUND TOWN** on page 24



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Around Town

continued from page 23

community. Contact Yonatan Yussman, at yyussman@kenesethisrael.com or 502-459-2780 for more information.

Wolk holds lunch and learn

Rabbi Michael Wolk holds his lunch and learn class every first Thursday, noon, at The Bristol on Main Street RSVP to rsvp@kenesethisrael.com or 459-2780. Food sold separately.

KI Junior Congregation is back

Keneseth Israel Junior Congregation meets every first Shabbat of the month from 10:30-11:45 a.m. third graders to pre-bnai mitzvah youth are encouraged to attend. Prayer and Torah study are

among the activities. Contact Yonatan Yussman at yyussman@kenesethisrael.com or 502-459-2780.

Rosh Chodesh Girls Club slated

Keneseth Israel girls, grades 4-8, are invited to celebrate Rosh Chodesh, Sunday, April 23, 12:30 p.m. following LBSY. Another girls club program will follow from 1- 2:30 p.m. RSVP to rsvp@kenesethisrael.com or 502-459-2780.

KI Children's Shabbat Service

Keneseth Israel's Children's Shabbat service meets the second and fourth Saturdays of the month from 10:30 a.m.-noon. Services conclude by joining the whole congregation in the main sanctuary prayers to lead Ein Keloheinu and Adon Olam. For more information, contact Yonatan Yussman at [\[nesethisrael.com\]\(http://nesethisrael.com\) or 502-459-2780.](mailto:yyussman@ke-</p>
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Shabbat Unplugged at KI

Keneseth Israel hosts a monthly catered Shabbat dinner every fourth Friday of after Kabbalat Shabbat services. The activity includes a free Shabbat dinner, but contributions are appreciated. Donations can be made at kenesethisrael.com or by mailing in a check to KI RSVP to 502-459-2780 or rsvp@kenesethisrael.com.

AJ hosts celebration Shabbat

Adath Jeshurun will celebrate birthdays and anniversaries, Saturday, April 1. All who are celebrating in the month of April may participate in a group aliyah during morning services beginning at 9:30 a.m.

AJ accepting items for treasure show

The following items are being accepted the Adath Jeshurun Upscale Treasure Show: antiques, art, coins, crystal, décor, furniture, jewelry, lamps, pictures, serving pieces, toys and watches. Items may be dropped off at AJ on weekdays between 9 a.m. and 5 p.m. Donations are tax-deductible and benefit the synagogue. The sale will be held in early-August.

No Shush Shabbat at Temple Shalom

Temple Shalom will hold its monthly No Shush Shabbat service with Benji Berlow on Friday, April 14 at 6:30 p.m. There will be no potluck dinner because of Passover.

TEEN TOPICS

By Kari Semel
For Community

Louisville's Jay Levine BBYO garnered a top prize at the recent BBYO International Convention in Dallas, receiving the honorable Miriam Albert Chapter Excellence Award – the most prestigious honor a BBG chapter can earn.

Chapter N'siah Abigail Geller said she was thrilled to receive the award, which recognizes excellence in all areas of chapter operations, including membership growth, programming and participation in International initiatives.

Twenty Louisville BBYO teens joined nearly 4,800 Jewish others, as well as professionals, and philanthropists for the February 16 convention. The attendees came from 48 states, districts, and provinces, and 30 countries, making for the largest gathering of Jewish teen leaders worldwide, according to BBYO.

The teens heard welcome video addresses President Reuven Rivlin of Israel, Prime Minister Justin Trudeau of Canada and American businessman and Dallas Mavericks owner Mark Cuban.

With their 8-foot-tall inflatable rubber duck mascot, the members of the Kentucky Indiana Ohio delegation couldn't be missed at opening ceremonies.

Throughout the four-day seminar, teens heard influential speakers and engaged in community service projects, social issues programming, concerts and even some Dallas sightseeing.

Among the speakers were Deputy Speaker of the Knesset, Yehiel "Hilik" Bar, former U.S. Secretary of Housing and Urban Development Julián Castro; ALS Ice Bucket Challenge creator Andrew Frates, American historian Deborah Lipstadt actor Joshua Malina and U.S. Rep. Pete Sessions.

"As we highlight BBYO's core principles of community service, civic en-



The Kentucky, Indiana, Ohio regional delegation to the BBYO International Convention in Dallas poses for a group shot. (photo provided by Jason Dixon)

gagement, philanthropy, leadership and Jewish heritage, our program will focus on the opportunities we have as citizens to shape the world," said Matthew Grossman, chief executive officer of BBYO. "Each of our guest speakers has made a positive impact in effecting change, and each has inspirational stories to share."

The convention culminated in a con-

cert by Fifth Harmony and Nelly.

The next international convention will be held in 2018 in Orlando, Florida. Registration opens in October.

(Kari Semel is teen director of the Jewish Community of Louisville and assistant director of The J Summer Camp.)



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Rally

continued from page 1

said it doesn't matter whether the bomb threat was real or a hoax.

"The hate that creates all bomb threats is equal, and we're here because we're all one family," he said.

Sadly, Wagner opened the rally by announcing that the Indianapolis JCC had received a bomb threat just 20 minutes earlier. Teens from Indianapolis were in town Sunday for the Drew Corson Regional Basketball Tournament and were among the teens who stood behind Wagner as she spoke.

U.S. Rep John Yarmuth (D-Louisville) lamented the need for such gatherings and correctly warned there will probably be more incidents in the future that will prompt the Louisville community to come together.

"Unfortunately, We've had to do this too many times in recent years," said

Yarmuth, the first Jewish congressman elected from Kentucky. "The good news is we still do it."

He said the current political climate has "created the kind of environment where people feel comfortable doing the kinds of things we are here resist."

Jeffrey Tuvlin of Louisville, who sits on the board of directors for the JCC Association of North America, said his president and CEO, Doron Krakow, has been in touch with national leaders about quenching these serial threats. He quoted Krakow in saying such threats to the JCCs, which he called a "town square for America," would not stop the centers from serving the people who depend upon them.

Rev. Charles Elliott Jr., pastor of the King Solomon Missionary Baptist Church in Louisville and a veteran of the civil rights movement, had recently been hospitalized, but he wanted to be at the rally where he reminded everyone that Jews had marched with black leaders

in Birmingham during the civil rights movement of the '60s.

"We are all one family and nothing will separate us," said Elliott, an inductee into the Kentucky Civil Rights Hall of Fame. "As we said 50 years ago, with God on our side we shall overcome."

Rabbi Joe Rooks Rapport of The Temple reminded the crowd how the rally was happening on the same day as Purim, a festival that marks the day in Jewish history, designated by the casting of lots, in which the Jewish of ancient Persia were to be murdered.

He said Purim teaches a vital lesson in the face of today's resurgence of intolerance.

Finally, Teddy Abrams, music director of the Louisville Orchestra, performed two selections, including one by Gustav Mahler, to conclude the rally. (photo by Courtney Hatley)

"It is a lesson of solidarity," Rapport said of the gathering. Esther, he noted, could have saved herself, and perhaps

her family, by staying silent. Instead, she risked everything to save her people.

"Sooner or later, when the lots are cast, they will fall on us," he said.

While Sadiqa N. Reynolds, president and CEO of the Louisville Urban League, did not invoke Purim herself, she passionately delivered a similar message.

Mentioning how people have lamented how such rallies are happening too often; Reynolds claimed they're not happening often enough, and that Louisvillians of color live their lives at risk.

"Don't just rally today; it goes beyond today," she said, practically shouting at the throng. "There are terrorists who make no bomb threats, who make no calls.... If I stand for you today, can I count on you tomorrow?"

(JTA contributed to this story.)

JTomorrow!

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would be environment friendly. "We have a tremendous opportunity to leave a small carbon footprint and frankly to realize some cost savings."

The design will meet the security needs of the community, he said. And

it will envision a parking plan that will reflect changing transportation models such as Uber-style services and driverless vehicles.

"I don't know how people will be getting to the facility in 20 years," he said, "but I'm pretty sure they will not be driving themselves in their own cars the way they are now."

In short, he said JTomorrow! wants a

center that will not be obsolete in a couple decades.

LMH Architecture has been retained for the charrette phase of the process as has Kristen Booker Design for landscape issues, Chris Bingaman is the project manager

Only a couple options for the J are off the table, Goldberg said. One of them is no center at all.

"Not having a physical facility is not something we foresee," he said.

Another is renovating the 60-year-old building.

"We've carefully examined the option of renovating the building again. At this point, another renovation won't meet our needs," Goldberg said. "The one thing we're certain of is the current JCC physical plant will be replaced."

LOUISVILLE VAAD HAKASHRUTH

Venues currently supervised and certified by the Vaad:

- ◆ The Jewish Community Center (Kitchen)
- ◆ The J Outdoor Café (Dine -n- Dine)
- ◆ KentuckyOne Health Jewish Hospital (kosher kitchen only)
- ◆ The Arctic Scoop: 841 S. Hurstbourne Pkwy. (They have pareve options and are available for any occasion at any off-site venue)

Services provided by the Vaad:

- ◆ Consultation on kashruth and of kosher products at local businesses and companies

List of local businesses providing kosher catering (must request to have Vaad supervision when ordering):

- ◆ Bristol Catering (kosher catering available at off-site venues such as The J, synagogues, etc.)
- ◆ Hyatt Regency Louisville (kosher catering only)
- ◆ Masterson's (kosher catering available at off-site venues such as The J, synagogues, etc.)
- ◆ Other venues may be approved only upon request for kosher supervision

Please visit our website for more info:
www.louisvillevaad.org

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5929 TIMBER RIDGE DRIVE, PROSPECT, KY
2440 BARDSTOWN ROAD, LOUISVILLE, KY
3039 BRECKENRIDGE LANE, LOUISVILLE, KY
2219 HOLIDAY MANOR, LOUISVILLE, KY



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WITH CARD

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WITH CARD
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WITH CARD
Kedem
Grape Juice
Select Varieties, 64 fl oz



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2.19

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Select Varieties, 24 oz



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Yehuda
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3 oz