# CENTERPIECE

**INSIDE** 

perform The Rocky Horror Show and Pasty Cline

# **Make Your Splash Big at The J** with A Summer Membership

by Alex Ramsey Public Relations Specialist

It's that time of year again folks, pools are ready for cannon ball jumps and sharks and minnows-- The J's summer hours and memberships are here! Will you make your splash?

Summer Memberships run from May 23-September 7 and include access to the entire facility. Gather the kids and the sunscreen, and head on over to the outdoor pool area at The J. Take your pick from one of three pools outside including a wading pool, family pool with a diving well and a nine-lane lap pool. Don't let the kids go hungry, the kosher concession stand at the pool has the per-

fect food choices for pool days.
Your Summer Membership also includes full access to our nearly 100 fitness classes. Elongate your muscles with yoga, whip that core into shape with boot camp and hop on a bike at cycling class. We may make you a little sore, but we take care of our dedicated members when they work to reach their fitness goals. Our personal licensed massage therapists have you covered.



And, of course, you'll get a membership

The J is much more than just a place to get a workout. J Arts and Ideas is your place to learn and grow. Catch a show with CenterStage, Louisville's oldest muscial theatre company. Learn with the J Arts and Ideas Author Series. expand your mind with Patio Gallery's fascinating art exhibits.

Memberships at The J also include discounts on youth programs like our

ACA accredited Summer Camp and Early Learning Center.

Membership Director Matt Vamvas said a summer membership is a great way to get a taste of all The J has to offer. "Most members sign up for the pools but once they see all the group fitness classes, free babysitting, 3 weight rooms, members will see we have family fun activities for the whole year," Vamvas said.

Greg Westenhofer, 43, said he started his summer membership with The J in

#### **PASSOVER HOURS**

Saturday, April 23 ......Closed Thursday, April 28 .........Close at 7 p.m. Friday, April 29.....

#### THE J OUTDOOR LAP POOL

The Outdoor Lap Pool will be open from noon-6:30 p.m. daily when the air temperature is above 60 degrees. Please enter through the outdoor locker room. The Family and Wading Pools will open Memorial Day Weekend with extended

### **OUTDOOR LAP POOL**

Monday-Sunday ......Noon-6:30 p.m. Through May 28.

May but converted to a full annual membership because he fell in love with the workout equipment. "I love weight training and using the cardio equipment, but my favorite is the steam room," he said.

Discover all that you can do with your Summer Membership at The J. Write your name on a class list, take your seat at CenterStage or cannon ball jump into the pool. Either way, leave your mark and make your splash at The J this sum-

The J welcomes everyone, regardless of age, race, religion, national origin or special need. To become a member or upgrade your membership, visit Jewish-Louisville.org/membership or call 502-

# Dive in to The J Summer Camp (with Flippers of course!); Registration is Open

hy pay all that extra money for off-shore scuba diving on a cruise when your kids can learn to scuba right here at The J Summer Camp?

Intro to Scuba is just one of over a dozen specialty camps that children, kindergarten age through 9th grade, can participate in, starting June 6 at The J.

Flippers and wetsuits not your child's thing? Perform right at the heart of CenterStage during Musical Theatre Camp or fall into the gravitational force at Astronaut-Jedi Training Camp. These are just some of The J's unique camps devoted to expanding children's imaginations and encouraging them to express them-

That's why Summer Camp at The J is more than just a place where children come to play during the summer. This year's imagine-themed camp will give



campers the opportunity to learn the importance of social action and how they can make a positive social change in the world.

Some children like to express them-

selves through dance, and that's where The J's Dance Camp comes in. Dance Camp encourages children to explore the world of dance and bust out moves to favorite radio tunes. Mom and Dad, see what your children have learned all camp long at a dance performance to conclude Dance Camp.

Perhaps among the top of The J Summer Camp's list is Water World Camp, where campers get to put on their bathing suits and hit the local water parks. But, most importantly, Water World Camp begins with water safety lessons. Every camp, however, includes free daily



The Yachad Inclusion Program gives everyone a chance to participate in The J's camps by giving children with special needs the resources they need to participate in camp activities. Some children are assigned a full-day advocate while others utilize an advocate assistant during challenging times or activities. Advocates personalize the camp experience to meet the individual needs of the



Registration for The J' Summer Camp is open and slots are filling up quickly. (Two are already sold out!) Don't wait, CELEBRATE Summer 2016 and give your children the time of their lives--seriously who else gets to be a secret agent at summer camp?

Camps last all summer, June 6-August 5 from 9 a.m.-4 p.m. with extended day options available from 7:30 a.m.-6 p.m. Scholarships and discounts are available. To register, visit www.JCCLouisvilleCamp.org.



### LA Israeli Dance **Teacher Visits** The J's ELC Children

by Alex Ramsey Public Relations Specialist

With Israeli folk music and meticulous 1-2-3 foot counts of Los Angeles dance teacher Jane Bernard, The J's Early Learning Center students enjoyed learning some Israeli dances on Thursday, April 14.

Bernard has been teaching Israeli dance for 30 years and makes three stops per year in Louisville to share her love of the folk dance at schools and tem-

ples.
"I love dancing and I love kids. Dancing with kids is what keeps me young," Bernard said.

Each of The J's ELC classes joined Ber-



see **DANCING** page 4

### Kick It with Your Kids at The J's Sunday Family Soccer

Strap on your shin guards, lace up those cleats and dust off your soccer balls, Sunday Family Soccer is almost here!

The Jewish Community Center is excited to introduce a soccer program for families each Sunday during the month of May for children in kindergarten through third grade and their parents. The sessions are from May 1 to May 24 and last from 2:15-3:15 p.m.

Children and parents will compete in a total of three games each Sunday with tournaments added in during weeks

three and four.

Director of 4Kicks for Kid, Gionatan Surrenti, will teach basic skills and then give players a chance to use them during small-sided games with their parents.

Senior Director of Youth Services and Camp Betsy Schwartz said Sunday Family Soccer will be fun for the entire family.

"Our Sunday Family Soccer program affords families the opportunity to be active together and enjoy learning, playing and being silly, while each youngster, and possibly even their parents, learn the basics of soccer," Schwartz said.

Schwartz also said Sunday Family Soccer is a great way to prepare for the Soccer Cosmic Cup and Triton Trophy soccer camps this summer.

soccer camps this summer.
Sunday Family Soccer is \$45 for The
J members and \$50 for non-members.
Each registered child gets a T-shirt. To
register, visit jewishlouisville.org/sundaysoccer.

# Twisters, Blizzards Hit The J at Mother Nature-Themed Spring Camp

by Alex Ramsey
Public Relations Specialist

wisters, tornadoes and blizzards barreled in as Spring Camp wrapped up a Mother Nature-themed week at The J.

Kindergarteners through sixth graders enjoyed each day of their Spring Break at The J with nature-themed arts and crafts, sports and games. "Storm" Friday completed the week with messy hair day and rain stick making.

Although the days were filled with

Although the days were filled with fun, camp focused on educating children about each day's theme.

dren about each day's theme.

Take "Tundra Day" for example. Children became greenhouse gases to learn how gases move and then planted seeds in their own greenhouse egg cartons.

Assistant Director of Camp and Youth



Services, Mike Steklof, said the children most enjoyed making rain sticks and bubble rainstorms.

"As staff members, seeing the kids learn and have fun is what's most important to us; we had a blast," Steklof said.

Staff members are now gearing up for The J's Summer Camp which is more than just a place where children come to play during the summer. This year's imagine-themed camp will give campers the opportunity to learn the importance of social action and how they can make a positive social change in the world.

The J's ACA Accredited summer

The J's ACA Accredited summer camps means parents can rest assured knowing their child's camp cares enough to undergo a thorough (up to 300 standards) review of its operation–from staff qualifications and training to emergency management.



The J's Summer Camp will foster self-esteem and help campers develop their understanding and appreciation for the world in which they live at camp, at home and in the greater community. All campers are welcome to participate, all campers can succeed and all campers can make new friends.

Registration for The J's Summer Camp is now open. For more information, visit www.jcclouisvillecamp.org.







# Dodgeball Tournament May 1 • 1-7 p.m.

Double Elimination Tournament 8 person, co-ed teams Team Fee: \$160

REGISTER ONLINE AT www. jewishlouisville.org/dodgeball or call the Health and Wellness Desk at 502-238-2727.





# STRONGER EVER AFTER

# May 2-26 Mondays and Thursdays Noon-1 p.m.

Moderate weight training combined with gentle yoga have been shown to make cancer survivors stronger after cancer than they were before! Certified Personal Trainer and cancer survivor Jeff Levy will show you how!

Instructor: Jeff Levy Fee: \$144, JCC Members Only



### **Plyometrics**

Mondays • April 4-25 • 6-7 p.m.

This class is designed to help athletes take their game to the next level. We will focus on your vertical leap and overall quickness by using a combination of powerful, explosive movements and agility training.

INSTRUCTOR: Nate Presley FEE: \$90, \$72 JCC Members

### **REGISTER ONLINE AT**

https://jewishlouisville.org/plyometrics or call the Health and Wellness Desk at 502-238-2727.

# The Rocky Horror Show, Patsy **Cline Come Home to CenterStage**

by Alex Ramsey Public Relations Specialist

Sci-fi, rock n' roll and honky tonk takes over as CenterStage presents two cabaret-style shows, both opening during the same week.

Patsy Cline: A Life in Concert and The Rocky Horror Show bring a lightening nostalgia home to Louisville as they relive the past on CenterStage.

Patsy Cline: A Life in Concert, presented by Hilliard Lyons, brings the nation's music icon and sweetheart right to the heart of CenterStage beginning Wednesday, May 11 at 7:30 p.m. For the fourth time in CenterStage history, Melissa Kenney Shepherd delivers a one-woman tribute to country music legend, Patsy Cline, but this time will be like no other.

With the revamped show, the audience can expect to hear eight additional songs, see brand new costumes, and meet a few musical guests. Kentucky honky-tonk performer, Mike Fryman, will complement Kenney as the two re-create the musical life of Cline; a woman who transcended into a female icon who was mentioned in the same breath as Johnny Cash and Elvis Presley.

Feel a part of the show in cabaret-style seating in Kenney's foot-stomping con-cert that re-creates Cline's rich and emotionally driven sound that birthed modern dav country music. Fall into your loved one's arms and swing to Cline's biggest hits like "Crazy," or the flirty tunes of "Walkin' After Midnight," and even the sensual sounds of "Leavin' On Your Mind."

Kenney said she's particularly excited about this show and to deliver the spunk and spirit that made Cline's fans love her.

"I am coming back to this show 12 years older than Patsy when she died. I am excited to introduce new musicians and to have a guest artist. For me this

a deeper meaning now that I personally have more life experience to apply to the telling of each song's story," she said.

Kenney keeps Cline's spirit alive in this incredible, theatrical and foot-stomping experience. Patsy Cline: A Life in Concert opens on Wednesday, May 11 and runs through Sunday, May 22.

CenterStage brings The Rocky Horror Show back to Louisville for the first time in 20 years. This campy musical delivers a satirical perspective of the science fiction films between the 1940s and '70s. The coupling of rock n' roll with this musical horror parody has owned stages from the West End in London to Broadway.

It is sure to be a blast with late showings and included show kits with newspaper, party hats, toast and playing cards to throw out during the show. It tells the story of a naïve and newly engaged couple, Brad and Janet, who get

a flat tire while driving in a rainstorm. Brad and Janet's lives are forever changed as they witness spooky things and are even seduced under the influence of Dr. Frank-N-Furter. J Arts & Ideas invites the public to dress up, enjoy a cash bar and be a guest in Dr. Frank-N-Furter's castle.

Written and produced by actor Richard O'Brien, who was jobless at the time, The Rocky Horror Show first opened in 1973 at the Royal Court Theatre and won the Evening Standard Theatre Award for Best Musical. It was adapted into The Rocky Horror Picture Show, a movie which starred O'Brien and became the longest-running release in film history.

Don't miss your chance to welcome The Rocky Horror Show back to Louisville and to sing and dance as your favorite characters come to life. The show opens Thursday, May 12 at 7:30 p.m. and lasts through Sunday, May 22 at 7 p.m. All showings of *The Rocky Horror Show* 

# PATSY CLINE: A LIFE IN CONCERT

**Presented by Hilliard Lyons** 

Wednesday, May 11	7:30 p.m.
Sunday, May 15	2 p.m.
Tuesday, May 17	
Thursday, May 19	7:30 p.m.
Sunday, May 22	2 p.m.

### THE ROCKY HORROR SHOW

Thursday, May 12	7:30 p.m.
Saturday, May 14	11 p.m.
Sunday, May 15	7 p.m.
Monday, May 16	7:30 p.m.
Saturday, May 21	11 p.m.
Sunday, May 22	7 p.m.

Tickets cost \$20 in advance and \$22 at the door and can be purchased at CenterStageJCC.org or by calling 502-238-2709. JCC Member Night at CenterStage is opening night for each show. Members get a \$4 discount when ordering tickets at the front desk or over the phone

will be about 90 minutes long.

Both Patsy Cline: A Life in Concert and The Rocky Horror Show feature a live orchestra. Reserve your group's table

CenterStage Artistic Director, John Leffert, said he chose *Patsy Cline* and *The Rocky Horror Show* with The J's audience at the forefront of his mind.

'They are fun and we knew the audience would love them. These shows are the perfect two shows to close this season," Leffert said. He said this will be the first time he's directed *The Rocky* Horror Show but that it reminds him of Saturday nights in St. Matthews at the Vogue. "This is my fourth *Patsy Cline* show





with Melissa, who happens to be one of my best friends. To take this journey with her once is a blessing but to take it four times is a dream," Leffert said.

Tickets are \$20 in advance or \$22 at the door and can be purchased over the phone by calling 502-459-0660 or online at www.CenterStageJCC.org.



8208 Brownsboro Rd

CenterStageJCC.org

# School's Day Out

Stars and Stripes • May 17

School's Out Days are 9 a.m.-4 p.m. with optional early drop off and late pick up services. All days include sports, arts and crafts, swimming and more. Bring a bathing suit, towel and lunch!

Contact Betsy Schwartz, Sr. Director of Youth and Camping, for more information at 502-238-2708 or bschwartz@jewishlouisville.org.

# Adult Basketball League Sundays, May 15-August 21

Open League • Sunday Afternoons • Noon-4 p.m. • Lower Gym. Rec League • Sunday Nights • 6:15-10 p.m. • Upper Gym & Lower Gym.

**TEAM FEE: \$500 | INDIVIDUAL FEE: \$100** 

# Give Back to The J and JFCS by Sponsoring the Republic Bank Player's Challenge

by Alex Ramsey Public Relations Specialist

The 12th annual Republic Bank Players Challenge, benefiting Jewish Family & Career Services and the Jewish Community Center, is Monday, June 20, with a 10 a.m. tee time at the Standard Club. Davis Jewelers' owner and Players Challenge sponsor Hank Davis said he'll be there with his golf clubs because it's a great way to support the institutions he loves.

"When I was young I used to do a lot at the JCC, its still part of my upbringing. I wanted to give back," Davis said. Davis Jewelers has been a sponsor of the Players Challenge for several years. The store gives a watch of up to a \$10,000 value to anyone who gets a hole-in-one on a specific hole.

The Players Challenge raises money to support both The J and Jewish Family & Career Services. Money goes toward helping people in need become members at The J or attend Summer Camp. It also ensures that people who need counseling and vocational services at JFCS can get the help they need regardless of their ability to pay.

The fun-filled day offers a variety of sports, contests and games. Many people enjoy the 18-hole golf scramble. For non-golfers, the Players Challenge offers a Duplicate Bridge Tournament and Canasta Tournament as well as an opportunity to wet your whistle with a Heaven Hill Bourbon tasting.

Each year, the Players Challenge

Each year, the Players Challenge greatly relies on sponsors and a silent auction to raise funds for the beloved services The J and JFCS provide for the community.

Davis, who is a fourth generation owner of his family jewelry store, said it's hard for businesses who get hammered with fundraising questions every week to decide which ones to sponsor.

"When you take a step back and think 'What if there weren't any funds for The J or JFCS to serve the community with, then what?' that's when you should want to become a sponsor," he said.

For information or details on how your business can become a sponsor, visit JewishLouisville.org/ playerschallenge/.

Registration for the Republic Bank Player's Challenge opens in May. More information is available by calling Kathryn Bentley at 502-452-6341, ext. 240.

# PARENT'S NIGHT OUT May 14 • Mispocha (Family) • 6-10 p.m. Parents, enjoy a night out while your kids have fun here at the JCC! Children 2 years-6th grade, join us as we as we celebrate families! Remember to bring a packed dinner, as well as one old magazine we can cut up and a family photograph to be used in the art project. Kids K-6 don't forget your bathing suit! Register online at www.jewishlouisville.org/pno or call 502-459-0660.



# YOUTH SPORTS Volleyball & Baseball

### Thursdays, April 21-May 19\*

2/3 years old: 4-4:30 p.m. 4/5 years old: 4:30-5 p.m.

Fee: \$50, \$40 JCC Members • Located in the Upper Gym

www.jewishlouisville.org/youth-volleyball-baseball

\* This class will not occur April 28

### **SENIOR CALENDAR**

### **APRIL 22-29**

JCC Nutrition Site will be closed for Passover. Normal schedule will resume Monday, May 2.

#### **MAY 10**

Bingo, 12:45 p.m.

#### **MAY 12**

Mike Linnig's & Riverside-Farnsley Moreman Landing, 11 a.m.

Leave JCC at 11 a.m., lunch at 11:45 a.m., tour at 2 p.m.

We will first have lunch at Mike Linnig's Seafood Restaurant followed by a guided tour of Riverside-Farnsley Moreman Landing, a 19th century farm on the Ohio River built in 1837.

Please note that this home has 2 levels with no elevator. The tour consists of the 1st & 2nd floors of the home. If you cannot climb stairs, there will be other parts of the home for you to see including the Gift Shop.

Cost of admission & transportation: \$10/M, \$15/NM. Lunch is on your own.

Reservation and payment due by Monday, May 9.

### **MAY 16**

Gourmet Dining Club, 5:30 p.m.

Join us for dinner at Ruby Tuesday's, Blankenbaker Parkway.

Cost of transportation: M/\$6, NM/\$8

#### **MAY 24**

Bingo, 12:45 p.m.

### **MAY 26**

### AARP Smart Driver Training Class, 10 a.m.-2 p.m.

Defensive driving techniques, new traffic laws and rules of the road will be covered. Most auto insurance companies will offer a premium discount. Refreshments will be served.

Cost of class: \$15/AARP Member, \$20/NM.

Call 502-238-2749 to make your reservations. Check made out to AARP or cash will be accepted. Please bring your AARP membership card with you.

#### **MAY 31**

### Senior Retirees Meeting, 12:45 p.m.

Rabbi Nadia Siritsky, Vice President of Mission, Kentucky One Health will be the speaker. Refreshments will be served.

### **DANCING**

Continued from page 1

nard in claps; Hebrew Head, Shoulders, Knees and Toes; and Israeli Hokey-Pokey. Bernard said she believes dancing raises children's self-esteem.

"I keep everything simple, simple, simple so that the kids can easily get it and walk out of class saying 'hey, I can do this," she said.

Amid the constant giggles and step counts, there was another constant voice. "They're so precious, look at them," ELC Director Norma Cahen said with some interruptions to get back to helping the girls twirl so their dresses would flair out like princesses, or hi-fiving the boys.

"The children love Bernard," Cahen said, "We bring her every year, and they remember her."

Bernard, whose son lives in Louisville, said that visiting is something she always looks forward to. She said the Louisville Jewish Community is very close knit. "I always feel at home when I'm here," Bernard said. "As long as the kids are having fun, so am I."





# A

# TRAIN TO BE A LIFEGUARD

Class meets Tuesdays and Wednesdays, May 3-18.

Register by calling 502-238-2727 or online at www.jewishlouisvlle.org.