

CENTERPIECE

INSIDE

ELC Spring Sing grows, supports children.

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A Welcoming Entrance for All



The JCC Main Entrance Ramp is now open! The new entrance features an ADA accessible ramp and doors that open automatically for you to assist families with strollers and those who need assistance. The ramp and many other improvements to the JCC were paid for by the 2014 Meet the Challenge Campaign and the generosity of the Jewish Heritage Fund for Excellence. The entrance closest to Dutchmans Lane is again locked for security reasons.

JCC Summer Camp Ready to Start

By Ben Goldenberg
Marketing Director

JCC Summer Camp is the place to tell your child's summer story. JCC Summer Camp runs from June 8 until August 7. For the first time in recent history, a week of general camp was full before camp started.

"We spent a lot of time last year listening to parents, campers and staff," said Betsy Schwartz, senior director of camp and youth services. "We made several changes to camp and tried to emphasize some of the things we do best in our marketing efforts."

Points of emphasis include a transition into Kindergarten, Yachad (inclusion) camp that many parents felt was the best in the city. JCC Summer Camp also focused on the Jewish and swimming elements of camp. It also moved the end of camp back to 4 p.m. to make it easier on parents.

The efforts have worked. Camp enrollment is 14 percent higher than it was at this time last year. JCC Summer Camp also set a goal of increasing their average campers per week from last year's total of 272 to 308 this year. Impressively, camp is already 82 percent of the way there and expects to top the goal.

"Our numbers continue to grow all summer," said Schwartz. "As kids have a great time, they want to keep coming back, and parents see the value of our program."

Seven specialty camps already have waiting lists, and more are very close to capacity. Some of the specialty camps offered this year include The Mighty Titan Obstacle Course, Nutty Scientists, Girls Just Wanna Have Fun, Clash of Bricks, Wiley Brown Basketball Camp, Water World, Spotlight Youth Musical Theater and more. Children with special needs can join the fun, too, with our Yachad program.

The special Keff Grade K unit, designed specifically for preschoolers transitioning into kindergarten in the fall is also especially close to full, with

less than 10 spaces available per week.

Morning carpool will run from 8:45-9:05 a.m. Afternoon carpool is scheduled for 3:45-4:05 p.m. for school-aged children. During these times, there will be more cars than normal in the parking lot, so please be patient.

Enrollment will continue throughout the summer as space allows. For more

information or to enroll in JCC Summer Camp, visit www.jccclouisvillecamp.org.

Housing is also needed for the Shaliach (emmisary from Israel) who will be working with JCC Summer Camp all season long. If your family is interested in helping house this summer, please contact Mike Steklof at 502-238-2774 or msteklof@jewishlouisville.org

JCC Summer Fitness Festival Brings Fun to Land and Water

Summertime means two things: Getting fit and getting outdoors. The JCC will combine both and add a big dose of fun during its Summer Fitness Fest, Sunday, June 7, 9:30 a.m. to 11:45 a.m.

"We wanted to offer something special for our members and guests that will allow them to come in early, get a good workout – outside – and try a new class that they may not normally try," said Ron Peacock, JCC fitness director. "And they might win something for their efforts!"

The JCC will have five of its most

popular fitness classes outside: Yoga, cycling, Your Own HIIT, Pilates and CXWorx. At the same time, there will be four popular aqua-fitness classes in our outdoor pool: Deep Water HIIT, Shallow Water HIIT, Water in Motion and Aqua Zumba. Participants will get a Fitness Fest Card that they will take to each class and get signed by the instructor. If they complete four of the 30-minute classes offered, they will be entered into a drawing in which they will be eligible to win a gift. Members could win a \$100 JCC Health and Wellness gift card, and guests can win two free months of mem-

bership.

All of the classes will be conducted outdoors on the JCC property for an extra dose of sunshine and fun. Yoga will be by the sparkling pool, and the cycling class will be in front of the building by Dutchmans Lane.

The Summer Fitness Fest is open to JCC members and their guests. Guest passes will be half-price (\$4 for adults 12 and older, \$2 for kids ages 3-12).

The normal JCC fitness schedule for that morning will be replaced with this special event.

Adult Basketball Leagues Return to the JCC

Ballers, put your skills to the test starting June 7 with a new adult basketball league.

The league is for adults 18 and older, and will have a nine-week session, including eight games and a two-day play-off tournament. Ryan Perryman will manage the league.

"Basketball leagues used to be popular here, and our members kept telling us that they wanted more competition," Perryman said.

Teams can include men and women, but there are no special co-ed rules.

Both members and non-members of the JCC can play in the league.

Some members who regularly play pick-up basketball said they were excited about the new league.

"I would absolutely play again," said Silas Miller, 44. Miller has been a JCC member for 15 years and played in the leagues last time. "I'd be in the over-35 division now, but I'm sure there's a lot of young guys who would love to play, too."

Dylan Kitchen, 19, has been a member for 10 years and said he plans to play. "I know tons of guys I could just call right

now and they'd join a team," he said. And he intends to do so.

Teams of 5-12 players will cost \$500. Free-agents can sign up for \$100 and be added to a team. Games will be played Sundays 1-4 p.m. at the JCC. There will be three divisions: open, recreational and over 35.

But regulars don't worry – pick-up basketball isn't going anywhere. The open basketball schedule is not changing.

For more information or to sign up, contact the Wellness Desk at 502-238-2727.

JCC MEMORIAL DAY AND SHAVUOT HOURS

Saturday, May 2310:30 a.m.-6 p.m.
Sunday, May 24 JCC Closed
Monday, May 257- a.m.-7 p.m.

The Business Office will be closed on Monday, May 25.

Special Group Fitness schedule for May 25:

- 8:30 a.m. Cycle with Lisa
- 9:30 a.m. BodyPump with Beth
- 9:30 a.m. Cardio Blast with Mary
- 10:30 a.m. Cycle/Sculpt with Ginny
- 10:30 a.m. Deep Water Intervals with Beth

OUTDOOR POOLS OPEN MAY 23

Family and Wading Pools:

Monday-Thursday9:30 a.m.-8 p.m.
Friday.....9:30 a.m.-6:45 p.m.
Saturday10:30 a.m.-5:45 p.m.
Sunday9:30 a.m.-5:45 p.m.

Outdoor Lap Pool:

Monday-Thursday6 a.m.-8 p.m.
Friday.....6 a.m.-6:45 p.m.
Saturday10:30 a.m.-5:45 p.m.
Sunday7 a.m.-5:45 p.m.

Dive in Diner

The Dive in Diner features a full menu of Kosher food located at the Outdoor Pool. Enjoy burgers, wraps and pizza while you cool off from a day of fun in the sun.
Monday-Thursday11:30 a.m.-7:30 p.m.
Friday & Sunday11:30 a.m.-6 p.m.



Photos by Lisa Hornung



ELC Spring Sing Grows To Raise More Money

by Lisa Hornung
Communications Specialist

The JCC's Early Learning Center Spring Sing has grown immensely in recent years.

This year, funds raised in the auction and raffle have topped \$7,500, which is a huge success, over \$1,500 just two years ago.

"The parent committee worked so hard, bringing in items for the auction and helping set up," said Angie Hiland, ELC assistant director. "It wouldn't be possible without all their hard work."

"And it wouldn't be possible without the sense of community we have here," ELC Director Norma Cahen added.

At the Spring Sing, ELC children go on stage and sing songs they have learned and practiced for their parents and other family members. Each class got up and sang a song or two, including "On Top of Spaghetti," "Zipadeedoodah," and "You are My Sunshine."

At the end, they all sang "Shalom Chavrim," the "Goodbye Friends" song.

As children got on stage, they all looked for their parents, who waved back at them.

The set on stage was especially fun this year because CenterStage left the "Seussical, Jr." set up and allowed the children to sit on the risers.

"It made such a beautiful backdrop to the show," Cahen said. "We are so thankful to John Leffert and his staff for leaving that for us."

The funds raised will help the ELC purchase higher-priced items for the classrooms such as art easels. "It will help us have age- and developmentally appropriate programming for the children," Cahen said.

Parent committee members were Chair Nikki Grizzle, Keren Benabou, Angie Distler, Jenny Graff, Aude Johnson, Lenae Price, Liz Rhodes, Kim Roberts, Stephanie Rosenthal, Robin Rueff, Beth Snowden, Kate Stratman and Anita Williams.




Gators Summer Swim Team

May 26-July 19

Practices: Tuesdays-Thursdays 4:30-7:30 p.m.
Fridays 4:30-6:30 p.m.
Swim Meets: Mondays 5-9:30 p.m.

Pricing:
\$175 for annual members
\$195 for summer members

To register, contact the Health and Wellness Desk at 502-238-2727 or jewishlouisville.org

JCC Louisville
125 Years
3600 Dutchmans Lane • Louisville, KY 40205
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Perelmuter & Goldberg
ORTHODONTICS

For more information, contact
Johnny Kimberlin at
502-238-2742 or
jkimberlin@jewishlouisville.org

Save the Date

JCC Athletic Hall of Fame Reception

July 27

Featuring:
Darren Erman




Make a nomination today at www.jewishlouisville.org/hof

'Nothing Like a Dame' Delights

by Shiela Steinman Wallace
Editor

When I hear the words "Nothing Like a Dame," the tune from one of my father's old records runs through my head and continues, "nothing in the world. There ain't nothing like a dame that is anything you can name."

So when the JCC announced a Mother's Day brunch on May 10 with food by Café Fraiche, a short revue with some favorite CenterStage performers and a special presentation by Eddie Shapiro, author of a book titled Nothing Like a Dame with stories about some of Broadway's leading ladies, of course, I wanted to go.

I was not disappointed.

The auditorium was bustling with people celebrating Mother's Day. The mimosas served by CenterStage personnel and volunteers were the perfect compliment to the elegant brunch buffet. CenterStage Artistic Director John Leffert emceed the revue, during which four members of the company performed

with the panache audiences have come to expect at the JCC.

Glenna Godsey performed "Everything's Coming up Roses" from Gypsy and famously played by Ethel Merman, Angela Lansbury, Betty Buckley and Patty LuPone. Tymika Prince presented "Kiss of the Spider Woman," from the play of the same name and played by Chita Rivera. Jessica Adamson did "Life of the Party" from The Wild Party from a role played by Idina Menzel. And Kate Reedy rounded out the set with "Astonishing" from Little Women famously played by Sutton Foster.

Shapiro, whose book includes interviews with all of these women, was a delight. Outgoing and candid, he gave a brief introduction about how the book came to be – how a brazen, young, aspiring writer managed to get interviews with stars from Idina Menzel to Carol Channing. And then spent the rest of the time fielding questions from the audience. He had such a good time doing it that everyone in attendance had a good time, too. And when it came time for his book signing, the available books were snapped up within minutes.



Glenna Godsey



The Pirott Family



Jessica Adamson



Eddie Shapiro



The Bond Family and Peggy Flemming



Jason Cooper, Jordan Price, Michael Detmer, Jason Tumulty, Kelly Dodd, Mandy Bray

Photos by Ted Wirth



Teaching EXCELLENCE
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No Enrollment Fee!
*offer valid until June 30



Register Today!
Call the Lenny Krayzelburg Swim Academy at 238-2758.

Adult Basketball League

June 7-August 2
Sundays, 1-4 p.m.

Basketball is back at the JCC!
Open, Rec and Over 35 Leagues
8 weeks of games + 2 weeks of playoffs
5-12 person teams

**Fee: \$500 per team,
\$100 per free agent**

Call the Health & Wellness Desk
at 502-238-2727 to register or
for more information.

NEW SUMMER HOURS!

J-PLAY & J-PLAY+

J-PLAY
INFANTS -
KINDERGARTEN

J-PLAY+
GRADE K-
GRADE 5

FREE FOR MEMBERS

RESERVATIONS for J-PLAY recommended.
Please call ahead to check availability at 502-238-2705.

Hours:

J-PLAY
Mondays-Fridays
8:30-Noon

Mondays-Thursdays
4:30-7:30 p.m.

Friday
4:30-7 p.m.

J-Play & J-Play+
Saturday
10 a.m.-Noon

Sunday
9 a.m.-1 p.m.




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Construction Begins on New Climbing Space

The new play space opening this fall in the basement of the Jewish Community Center will be a place for children to play indoors and enjoy the JCC with their parents.

Work has begun on the new space, which is outside of the J-Play room. The drywall is up, and the play equipment will arrive sometime this summer.

“Through the generosity of the Roth Family Foundation, our ELC families and the Jewish Heritage Fund for Excellence, we are able to provide a bright new play space for young children. When the former climbing room on the first floor was damaged by a flood, we decided to create a new space,” said Sara Wagner, senior vice president and chief operating officer.

“We are very excited to provide a destination for families to go to connect,” Wagner said. For many years, children grew up playing in the climbing room, and now a new generation will be able to enjoy the new space. “The JCC is a second home for many of our members, and this will be a great place for the younger generation to play,” she added.

The play space will have cubbies for shoes and benches for parents to sit and watch the children play. It will be available to children in the Early Learning Center, as well as members’ children, with parental supervision.

“It will create a place for families and toddlers to hang out,” said Angie Hiland, assistant ELC director. “If big kids are here for Sunday school, parents can take



Artist's rendering of how the new space could appear.

the littles down there to play while they wait.”

All children who use the space must be supervised by a teacher or parent.

“It’s a nice family space that will enhance our school and all JCC families’ experiences” said Norma Cahen, ELC director.

“It caters to young children, and right now, we don’t have a lot of indoor space for the younger ones,” Hiland added.

The space was funded by Meet the Challenge Campaign donors; the Roth Family Foundation and ELC families and the Jewish Heritage Fund for Excellence.

“I look forward to seeing lots of young children jumping, playing and using their imaginations in their new play space,” Wagner said.

SENIOR CALENDAR

THE JCC NUTRITION PROGRAM WILL BE CLOSED ON MONDAY, MAY 25 FOR MEMORIAL DAY AND SHAVUOT.

THURSDAYS
“Walk with Ease”-New Walking Program, 1 p.m.

Join us for this new and exciting Walking Program led by Denise Joseph & Mary Adams. This program will encourage you to start walking and stay motivated to keep a healthy lifestyle. Start your walking plan today and move your way to health.

MAY 26

Musical Programs Sponsored by National Council of Aging, 12:45 p.m.

Ben Andrews/John Thornberry (guitar/bass duo - swing jazz) Refreshments will be served.

JUNE 2

Musical Programs Sponsored by National Council of Aging, 12:45 p.m.

Winton Reynolds, solo pianist, will entertain with a variety of musical arrangements including jazz.

Residents from Atria St. Matthews will be our guests for lunch & entertainment.

Refreshments will be served.

JUNE 9

Bingo, 12:45 p.m.

JUNE 16

Musical Program-French Horn, 12:45 p.m.

Anna Ludig, the Engage Life Director from Atria, St. Matthews will be the guest soloist.

Refreshments will be served.

JUNE 15

Gourmet Dining Club, 5:30 p.m.

Join us at the Bristol Bar & Grille on North Hurstbourne Parkway.

Fee for transportation: \$6/m, \$8/NM.

JUNE 23

Sing along with Mary & Mila, 12:45 p.m.

JUNE 30

Bingo, 12:45 p.m.

Pickleball Games to Start in June

NBC Nightly News in March declared Pickleball the fastest-growing sport in the U.S., and the JCC is one of the first in the city to offer this fun game.

Pickleball is a cross between badminton, ping pong and tennis. It’s played on a court similar to a tennis court, only about half the size. Players hold paddles that are bigger than ping pong paddles and hit a ball similar to a whiffle ball.

FITNESS DEMO

June 28

2-2:30 p.m.

Learn to shape up with your sweetie!

The game appeals to all ages, said Ryan Perryman, who is organizing the events, but it’s very popular among older adults because it doesn’t have to be very labor-intensive. Play begins with an underhand serve with the player hitting the ball below their waist. The game is mostly played and scored like tennis: when a player on a non-serving team misses a ball or it goes out of bounds, the serving team scores a point. Games are played until one side scores 11 points.

Perryman said he first became aware of the growing sport from a member and knew he had to bring it to the JCC. Now, Perryman is very excited about the game. He likes that it’s fun for all ages and all levels of fitness. He said if there is enough interest, he would love to create a competitive league.

The sport was invented in 1965 on Bainbridge Island, WA, when a dad saw that his kids were bored. They had a badminton court and decided to

play, but didn’t have the equipment so they improvised with ping pong paddles. Soon after, the dad, U.S. Rep. Joel Pritchard, along with two other dads, came up with the official rules, according to the USA Pickleball Association website. The name, it is believed, came from the Pritchards’ dog, Pickles, who liked to steal the balls and run off with them. Another story says the name came from the sport of rowing, with a pickle boat being a mixture of rowers, like the game is a mixture of other sports.

Pickleball will be available for pickup games Monday, Wednesday and Friday 9 a.m.-noon, Thursday 7-8 p.m. and Sunday 1-4 p.m. in the upper gym. If the weather is bad and kids at JCC Summer Camp need to come inside, the games will be moved to a racquetball court.

Pickleball is free for members and \$5 for non-members.

For more information, call the Health and Wellness desk at 502-238-2727.



STARTS IN JUNE PICKLEBALL

One of the fastest growing sports in the U.S. A combination of tennis and ping pong, Pickleball is fun for any age 5-90.

DROP-IN SCHEDULE
Monday, Wednesday, Friday 9 a.m.-Noon
Thursday, 7-8 p.m.
Sunday 1-4 p.m.

FEE: \$5, Free for JCC Members

Call the Health & Wellness Desk at 238-2727 for more information.

Summer Fit

BOOTCAMP

Tuesdays, June 2-23 6-7 p.m.
Instructor: Ryan Perryman

Fee: \$90, \$72 JCC Members
Call the Health & Wellness Desk at 502-238-2727 or at www.jewishlouisville.org/summer-fit-boot-camp to register or for more information.



THURSDAYS, JUNE 4-25, 5:30-6:30 P.M.

REGISTER ONLINE TODAY!
jewishlouisville.org/women-wine-workout

Get ready with a 45 minute Ladies only workout and afterwards enjoy wine tastings from some of Louisville's finest wineries.

Instructor: Denise Joseph
Fee: \$90, \$72 JCC Members

Call the Health & Wellness Desk at 502-238-2727 to register or for more information.

