

# CENTERPIECE

## INSIDE

Schlichia Dafi Chen says goodbye to Louisville after an amazing summer at JCC Summer Camp.

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## Expanded Fitness Classes Offered This Fall



by Ben Goldenberg

The JCC is offering a variety of unique, specialized classes starting this fall to provide enhanced fitness opportunities for members.

The new Post-Rehab class, offered on Thursdays, September 4-18 at 9 a.m., will help people who've finished rehabilitation of common injuries but still need guidance returning to a solid exercise program. The class will teach participants how to safely progress safely back to a workable fitness routine and can be customized to any level of fitness and injury rehab. This class costs \$60 per member.

In Power Lifting 101, offered on Wednesdays September 3-24

at 5:30 p.m., class members will develop strength and lean muscle through heavy weight training. Participants will learn the safe and efficient way to squat, bench press, deadlift and perform other heavy lifting exercises for their own body types. This class costs \$80 per person.

Family Fun Run 2 Race will motivate your entire family motivated to get healthier and stronger while having fun. This eight-week training program starts Tuesday, September 9 at 5:30 p.m. Training ends with The Chocolate 5k on Sunday, November 2 at Waterfront Park! The program is open to JCC families, including those age 8 and up. Family Fun Run 2 Race costs \$55 for the first child and

adult, \$35 per additional adult and \$20 per additional child. Chocolate 5k registrations are included in the cost of Family Fun Run 2 Race.

"The JCC is offering more diverse classes to its members," said Fitness Director Ron Peacock. "We have an incredible group of trainers here and we want them to train and help our members as much as possible."

These classes are part of a plan to increase the amount of fitness classes at the JCC, utilizing the latest techniques and trends in exercise.

Call the Health & Wellness Desk at 502-238-2727 to register or to get more information or online at [www.jewishlouisville.org/jcc/health-wellness](http://www.jewishlouisville.org/jcc/health-wellness)

## Chicago Heats Up CenterStage Sept. 4-20



are still prevalent in society like reality stars, paparazzi and fame," said Artistic Director John Leffert.

The cast is sure to please as much as the racy costumes and dazzling score. Whitney Trowbridge, former Miss Kentucky and 4th Runner up Miss America, makes her CenterStage debut as Velma Kelley, delivering a seductive performance of "And All That Jazz." Kate E. Reedy returns to the stage as vixen Roxie Hart, having appeared in CenterStage classics including Rent and Ragtime. Pete Lay "razzle dazzles" the audience as lawyer Billy Flynn.

Chicago is the second of six plays in CenterStage's 100th anniversary season. CenterStage will also showcase *Sweeney Todd*, *Beauty and the Beast*, *Once on this Island* and *Fiddler on the Roof*.

Tickets for *Chicago* cost \$20 or \$22 at the door and are on sale by calling 502-238-2709 or online at [www.CenterStageJCC.org](http://www.CenterStageJCC.org)

### CHICAGO

Sept. 4	7:30 p.m.
Sept. 6	7:30 p.m.
Sept. 7	2 p.m.
Sept. 7	7 p.m.
Sept. 9	7:30 p.m.
Sept. 11	7:30 p.m.
Sept. 14	2 p.m.
Sept. 14	7 p.m.
Sept. 15	7:30 p.m.
Sept. 16	7:30 p.m.
Sept. 18	7:30 p.m.
Sept. 20	7:30 p.m.

Tickets cost \$20 or \$22 at the door and can be purchased by calling 502-238-2709 or visiting [www.CenterStageJCC.org](http://www.CenterStageJCC.org). A limited amount of \$10 rush tickets are available for weekday performances only by calling 502-238-2709 or in person at the Box Office.

## Doggie Dip Closes Out Summer Fun at the JCC

The JCC's annual Doggie Dip returns this year, Sunday, September 21, 10 a.m.-2 p.m. The official closing of the summer season at the JCC, Doggie Dip has grown into a member favorite.

This year's Dip will take place at the Family Pool for larger dogs and Seng Jewelers Wading Pool for smaller pooches. A portion of the proceeds will be donated to area canine charities.

"Members always look forward to this end-of-the-year event," said Aquatics Director, Johnny Kimberlin. "It is always great to see the dogs get in the water and enjoy themselves."

Last year's event drew dozens of dogs and dog lovers to the pool for water fun, splashing and playing with tennis balls.



The event costs \$6 per dog, \$5 for JCC Members and Members of the Louisville Dog Run. Dogs must have current vaccination records and must be accompanied by their owners at all times.

### JCC FALL HOLIDAY HOURS

Labor Day	
Sept. 1	JCC Open 7 a.m.-7 p.m.
Rosh Hashanah	
Sept. 24	Close at 6 p.m.
Sept. 25	Closed
Sept. 26	Closed

Yom Kippur	
Oct. 3	Close at 6 p.m.
Oct. 4	Closed

Sukkot	
Oct. 8	Close at 6 p.m.
Oct. 9	Closed

Shemini Atzeret	
Oct. 15	Close at 6 p.m.
Oct. 16	Closed

### JCC FALL POOL HOURS

#### OUTDOOR LAP POOL

##### Before September 1

Sunday	7 a.m.-6:45 p.m.
Monday-Thursday	6 a.m.-8:45 p.m.
Friday	6 a.m.-6:45 p.m.
Saturday	10:30 a.m.-6:45 p.m.

##### After September 2

Sundays	Noon-6:45 p.m.
Monday-Thursday	Noon-8:45 p.m.
Friday	Noon-6:45 p.m.
Saturday	Noon-6:45 p.m.

#### FAMILY POOL

Sunday	9:30 a.m.-6:45 p.m.
Monday-Thursday	4-8:45 p.m.
Friday	4-6:45 p.m.
Saturday	10:30 a.m.-6:45 p.m.

#### SENG JEWELERS WADING POOL

Lifeguard on duty when possible	
Sunday	9:30 a.m.-6:45 p.m.
Monday-Thursday	9:30 a.m.-8:45 p.m.
Friday	9:30 a.m.-6:45 p.m.
Saturday	10:30 a.m.-6:45 p.m.





## LIMO SCAVENGER HUNT

**SEPT. 7**  
**12:30-3:30 P.M.**  
**FEE: \$40**  
**JCC MEMBERS: \$20**

For details call **502-238-2774** or visit  
[jewishlouisville.org/teen-connection](http://jewishlouisville.org/teen-connection)

Explore Judaism through your interests, experiences and lives. Join **Kesher Café** today and feed your spirit this year.

**HOURS**  
**NOON – 1 P.M.**  
Meet one Sunday a month starting **August 31** and runs through May 2015.

**LOCATION**  
**1801 RUDY LN**  
Meet at the Panera Bread on Rudy Lane off of Brownsboro Rd.

**FEE**  
**\$125**  
JCC Members: \$100

Call 502-238-2774 for more info.  
or visit [jewishlouisville.org/BBYO](http://jewishlouisville.org/BBYO).

## Schlichia Dafi Chen Says Goodbye

My journey to Louisville started about eight months ago, when I signed up for the JAFI “shlichim” program. After many try-outs and interviews, I finally got the happy news about my acceptance and about the camp I am going to. “LOUISVILLE, KENTUCKY?! Where is it?”

Since I had no previous knowledge I really didn’t know what to expect.

Three months ago, if I was asked to describe America, I’d probably describe New York City or LA, tall sky scrapers, heavy traffic, narrow alleys and people who are not necessarily nice.

From now on, when you ask me to describe America, I’ll say huge green golf lawns, a wide river, historic sites, sports fans and the kindest people in the whole world.

Being a camp counselor is never an easy job. Internationally. Regardless of which language the campers speak. So here is the full English-Hebrew dictionary to the counselor:

- I miss my mommy - ani mit-ga’agea le’ima. – אני מתגעגע לאמא.
- I need to go potty - ani tsarich pipi. – אני צריך פיפי.
- This is boring - ze mesha’amem. – זה משעמם.
- When are we going to swim? - Matay holchim labrecha? - מתי הולכים לבריכה?
- I forgot my... (Anything possible!!) - Shachachti et... – ... שכחתי את ...
- This is fun! - ze kef. – זה כיף.
- I love camp - ani ohev et hamachane. – אני אוהב את המחנה.

But as hard as it may be, it is also the most rewarding job on earth. The feeling I get when I hear campers saying “let’s play rainbow bunny!” (the Israeli version of duck, duck goose), humming a song I just taught them, dancing around with an Israel-flag-printed-blowup-guitar to the sound of Israeli music, is priceless and I wouldn’t replace it for the world.

I want to thank Betsy Schwartz, Mike Steklof, Sara Wagner and Stu Silberman for the opportunity to have this amazing experience and for the help and support in all subjects and matters.

This past 11 weeks I’ve learned the meaning of the phrase “home away from home.”

Dafna Schurr and Eddie Cohen hosted me on my first two weeks in Louisville. It was a great soft landing living with Hebrew speakers and such a warm caring family. Thank you so much!!

For the past nine weeks (and one more to go) I am hosted by the Gitter family. Greg and Laura became a second pair of parents for me and Joel and Josh became the brothers I never had.

## Hundreds of New Kids Join the JCC Camp Family

Another great JCC Summer Camp season is being packed away for the school year.

This year saw almost 300 new campers and 225 new families attend camp. In all, more than 650 children participated in camp from almost 500 families.

The fun continues all year with Schools Out Days, Winter and Spring Camps and even Parents Nights Out.



Thank you guys for all that you’ve given and showed me. This experience would have never been the same without you!

Last but most certainly not least, I want to thank the community of Louisville for being welcoming, loving, caring

and supporting. Thank you for the opportunity to become a part of your community. You will be in my heart forever.

Dafi Chen, Shlichia, summer 2014.  
*Editor’s note: Dafi Chen wrote this letter to the community the last week in July.*



**Meets Tuesdays  
starting Sept. 9th  
at 5:30 p.m.**

Get healthy and strong with your family and have some FUN! Grab your family and head to JCC for an 8 week walk/run training program tailored for the entire family.

For more information, call the Health and Wellness desk at 502-238-2727 or visit [jewishlouisville.org/JCC-Running](http://jewishlouisville.org/JCC-Running).



# Louisville's Got Talent to Showcase Youth

by Niki King

While most kids are cooling their heels over summer break, Jake Latts has been putting up posters, sending off emails and doing interviews to promote Louisville's Got Talent.

While it's a lot of work, hearing how much the talent showcase for youth will benefit CenterStage's Acting Out program makes it all worth it, he said. "It makes me feel great," he said.

The second annual Louisville's Got Talent will give local youth, ages 7-18, a chance to compete on stage at the Jewish Community Center.

Proceeds support Acting Out, CenterStage's professional children's theatre company that brings live theatre to school children who would not otherwise have that experience.

Latts, who is 14, began Louisville's Got Talent last year as a project for his Bar Mitzvah and raised \$6,696. Since it was such a huge success, he wanted to do it again this year.

Lenae Price, CenterStage Outreach director, said it's especially important this year as two grants for Acting Out weren't renewed.

For every \$500 raised, Acting Out can provide a school performance at a discount, which makes the performance much more affordable, she said.

"A lot of these schools, especially Title 1 schools, have limited resources," she said.

Latts loves the performing arts, plays piano and has been in a number of plays at CenterStage and other theaters. His mission all along has been to help kids like him have opportunities to enjoy theatre, as he has.

Kate Latts, Jake's mom, said it's been a great opportunity for Jake to develop leadership skills and put into practice their family's philanthropic values.

"I'm proud of him," she said.

Jake Latts encouraged everyone who has a performing arts skill to come to the auditions Sept. 7 at the JCC. Whether it's music, dance, acting, comedy or something else, all acts are welcome.

"It doesn't matter what your talent is," he said. "It's a lot of fun and just know

# Textile Artist, Melinda Snyder Showcase at JCC Patio Gallery Aug. 31-Oct. 7

by Niki King  
PR Specialist

The JCC Patio Gallery is pleased to present "What I Did On My Summer Vacation" a textile exhibit by Louisville fiber artist and educator Melinda Snyder from Aug. 31-Oct. 7, with an opening reception Aug. 31, 2-4 p.m.

Snyder works with hand dyed cottons and silks, using strong color relationships to build abstract compositions. Her work has been included in many regional and national shows and pub-



"Sunset" by Melinda Snyder

lished in Fiberarts Design, Books Five and Seven and the Surface Design Journal. Her most recent work was exhibited in Form, not Function, Quilt Art at the Carnegie, 2013 and Fiber Focus, 2011 at Art St. Louis where her quilt won the Excellence in Quilting Merit Award.

She is also the artist-in-residence at Bloom Elementary in Louisville, where her students are a continuous inspiration. Her students have even made a direct contribution to the show. All the black and white printed fabrics were made by them in art class.

"They are the best at being unafraid to try new things all the time. I love their artwork and constantly tell them I always like their work better than the samples I make to get them started. They think I am kidding, but it is really true," she said.

Still, the summer is a time for Snyder to more fully concentrate on her own art.

"For this show I wanted to get more immersed in fabric collage. As soon as summer vacation began, I started play-



"Blue Crosses" by Melinda Snyder

ing with composition, paint and stencil, a technique I loved to do in art school," she said. "Several of the quilts were stitched this summer also. It is the process of quilting that is so rewarding to me: dyeing the fabric and finding surprises of color and texture, pulling the cloth out of the dye pot, cutting and piecing and finishing the completed cloth with rows of quilting stitches."

Patio Gallery hours are Sun. 9 a.m.-7 p.m.; Mon.-Thurs. 8:30 a.m.-9 p.m. and Fri. 8:30 a.m.-6 p.m.

that you're supporting a good cause. Come out and audition!"

The final round showcase on Sept. 21 will be judged by outgoing Fund for the Arts President Barbara Sexton Smith, former Miss Kentucky, Whitney Trowbridge, Angie Hopperton and a representative from Heyman Talent talent agency. An audience vote will make up 50 percent of the final round judging as well. Jake will co-host the final round with CenterStage Artistic Director John Leffert.

There is a \$10 registration fee for each contestant. The first prize winner will win \$300, second will earn \$150 and third place will take home \$75. To register, please visit [www.CenterStageJCC.org/talent](http://www.CenterStageJCC.org/talent) or call 502-238-2763.

## LOUISVILLE'S GOT TALENT

First Prize ..... \$300  
Second Prize ..... \$150  
Third Prize ..... \$75

Registration Due by September 5  
Auditions: September 5 at 3 p.m.  
Live Finale: September 21 at 2 p.m.

Register by calling 502-238-2763 or visiting [www.CenterStageJCC.org/talent](http://www.CenterStageJCC.org/talent).

## W.O.W. WOMEN ONLY WORKOUT

### SEPT. 23-OCT. 27

Tuesdays, 6-6:30 p.m. with Denise Joseph

**\$108 | JCC Members Only**

For more information or to register, call the Health and Wellness Desk at 502-238-2727 or visit [jewishlouisville.org/womens-fitness](http://jewishlouisville.org/womens-fitness).

## SCHOOLS OUT DAYS

### DOWN ON THE FARM

**Monday, Sept. 1 | 9 a.m.-3 p.m.**

Farm Games, Animal Games, and Fun!  
Don't forget a bathing suit, towel and lunch.

Fee per day: \$62\*, JCC Member: \$42\*

\* \$5 off if registration is received by 5 p.m. on August 25.

Download registration form at [www.jewishlouisville.org/SOD](http://www.jewishlouisville.org/SOD) or call 502-238-2718 for a registration form.

## PARENTS NIGHT OUT

**Sept. 20**  
Theme: Apples & Honey  
5:30-9:30 p.m.

Fee: \$30, + \$10 per additional child\*  
JCC Member Fee: \$20, + \$10 per additional child\*  
\* Children must be from the same household.

**For infants-6th grade. Snacks will be provided, bring your own dinner.**

For more information contact Betsy Schwartz at 502-238-2708 or [bschwartz@jewishlouisville.org](mailto:bschwartz@jewishlouisville.org). To register, call 502-459-0660 or visit [jewishlouisville.org/family-programming/](http://jewishlouisville.org/family-programming/).

## Dive In Movie in the outdoor Lap Pool

Disney  
**THE LITTLE MERMAID**

**AUGUST 31 AT 8:15 P.M.**

Free for JCC Members! Pizza can be pre-ordered at the Dive in Diner by August 29 at 5pm. Free popcorn will be served!

For more information contact Johnny Kimberlin at 502-238-2742 or [jkimberlin@jewishlouisville.org](mailto:jkimberlin@jewishlouisville.org)





## SENIOR CALENDAR

**AUGUST 26**  
Bingo, 12:45 p.m.

**SEPTEMBER 2**  
Bingo, 12:45 p.m.

**SEPTEMBER 7**  
Lunch & Show—"Chicago", 12:15 p.m.-Lunch 2 p.m.-Show

Join us for a catered lunch prepared by Gerry Burns, followed by this wonderful musical set in Chicago during the roaring 20's.

Cost of lunch & show: \$25/JCCM, ASCM, \$30/NM.

Paid reservations by Friday, August 29th.

**SEPTEMBER 9**  
Computer Class for Seniors, 10:30 a.m.

Learn the basics of using a computer including the internet and Facebook with Craig Goselin. Class is free for all JCC Members.

**SEPTEMBER 9**  
Sing along with Mary & Mila, 12:45 p.m.

**SEPTEMBER 15**  
Gourmet Dining Club, 5:30 p.m.

Join us at O'Charlie's Restaurant on Breckenridge Lane.

Cost of transportation: \$6/M, \$8/NM.

**SEPTEMBER 16**  
Karaoke with Larry Godhelff, 12:45 p.m.

Join us as we sing some of your favorite songs. We will also celebrate birthdays & anniversaries.

**SEPTEMBER 23**  
Senior Retirees Meeting, 12:45 p.m.

Jennifer Leibson, prosecuting attorney, will speak on Elder Abuse. She is also on the JCC Board of Directors and is the chair of the program review committee.

Refreshments will be served.

**SEPTEMBER 30**  
Bingo, 12:45 p.m.

# JCC Adds New Art Instructors, Classes

by Ben Goldenberg

The JCC is expanding its cultural arts classes this fall. Two new art instructors will be joining long-time teacher, Sue Huttenlocher, to provide additional options for art students. The JCC is also adding a new creative writing class.

Sharon Matisoff will teach a new Introduction to Soft Pastel class on Tuesdays, September 23-October 28 at 6:30 p.m.

Matisoff is an award-winning artist who creates pastel and oil paintings in the realist tradition with an Impressionistic approach to color. The course is open to students of all levels. Each week, students will work to capture an arrangement with soft pastel. The class will discuss art, color theory and the special skills needed to work in pastel. The class costs \$130, \$95 for JCC Members.

Luci Mistratov from the Kentucky Watercolor Society will teach Watercolor for Beginners on Mondays, September 22-October 27 at 6:30 p.m.

Mistratov is an international artist, originally from Russia and who has also worked in Germany. This class was especially designed for students who do

not have a lot of experience working with watercolor and will practice the basics of still life and composition with the wet technique. Painting quickly is the goal! The class costs \$136, \$96 for JCC Members.

Sue Huttenlocher, a beloved instructor will continue to teach at the JCC. There are two options for her Watercolor class; October 1-22 and October 29-November 19. Both classes meet on Wednesdays at 10 a.m. Each class costs \$92, \$72 for JCC Members.

Huttenlocher will also teach Drawing on the Right Side of the Brain on Mondays, October 6-November 24 at 10 a.m. The class for those "who can't draw a straight line," will teach the five basic skills of drawing.

Kristen Clodfelter will lead a class on creative writing on Mondays, September 22-November 24 at 6:30 p.m.

Clodfelter is the author of "Casualties," of a collection of war-impact/homefront stories. She has also written for Salon and The Good Men Project and is the editor of At the Margins.

Registration for all classes is now open. For more information or to sign up, call 502-459-0660 or visit [www.jccoflouisville.org](http://www.jccoflouisville.org).



**NEW  
J-PLAY &  
J-PLAY+  
HOURS**

**Mon.-Fri.**  
4:30-7:30 p.m.

**Saturdays**  
10 a.m. - Noon

**Sundays**  
9 a.m. - 1 p.m.

For more information contact Angie Hiland at 502-238-2716 or [ahiland@jewishlouisville.org](mailto:ahiland@jewishlouisville.org).

## Birthday Parties

at the JCC

Parties for children of all ages are 90 minutes and can be customized!

**Mention this ad for a \$15 discount!**  
Expires December 31, 2014

**502-238-2717**

[birthdays@jewishlouisville.org](mailto:birthdays@jewishlouisville.org)  
[www.jewishlouisville.org/birthday](http://www.jewishlouisville.org/birthday)

# POST REHABILITATION

## EXERCISE PROGRAM

**SEPTEMBER 4 - 18, 2014**

**INSTRUCTOR ::** Chad Eurtion

**FEE ::** \$60 JCC Members Only

Call the Health & Wellness Desk at 502-238-2727 for more information.

## POWER LIFTING

# 101

**SEPT. 3-24**  
Weds. @ 5:30 p.m.  
Instructor: Ryan Perryman  
**FEE: \$80**  
**JCC MEMBERS ONLY**

Learn the most safe and efficient way to squat, bench press and deadlift for your body type while developing strength and lean muscle mass through heavy weight training.

Call the Health & Wellness Desk at 502-238-2727 for more information or to register.