

CENTERPIECE

11 NISSAN 5773 ■ MARCH 22, 2013

INSIDE

Avenue Q, it is just like your life, only funnier. Catch the next CenterStage show in April.

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Expanded pool hours at the JCC this summer

Outdoor Pool Opens April 14

When the pools at the JCC open this summer, you can count on one more hour of fun in the sun every Saturday and Sunday than you had last year. "Members all wanted more time at the pool last year," said Membership and Wellness Assistant Director Tara Stone. "You spoke and we listened." We will stay open until 6:45 p.m. on the weekends.

The Outdoor Lap Pool will open on Sunday, April 14 this year. The hours will be noon-6 p.m. until Friday, May 24, after which the entire complex opens

with full summer hours. Also new this year, the Family Pool and Seng Jewelers Wading Pool will be open for all of Memorial Day weekend, starting Saturday, May 25.

Until the Family Pool and Seng Jewelers Wading Pool open, lap swimmers may use the outdoor locker room entrance to the pools. To enter, simply ring the bell by the door. JCC desk staff will unlock the door remotely.

This summer's Member Appreciation Day will be Memorial Day, May 27. Come enjoy the day with the family and take part in our annual JCC Picnic. The



JCC Group Fitness Classes Continue to Grow

More and more people are finding the best way to work out is in a group. In the first two months of 2013, attendance at JCC Group Fitness classes has grown by more than 1,000 people, a 13.9% increase.

"The addition of Les Mills BODYPUMP has been incredible to our group fitness schedule," said JCC Fitness Director Ron Peacock. "Since classes started in September, they have done nothing but grow."

In February, 505 people attended the low weight and high repetition weightlifting class. In September, when BODYPUMP was introduced to the JCC, only 378 people tried the class. Les Mills classes are designed to burn calories while building lean muscle. Using more than 800 lifts in an hour class, you can burn up to 600 calories.

Other classes at the JCC are also growing in attendance. Cycling classes are always popular at the JCC. We now recommend that you call the Health and Wellness Desk at 502-238-2727 at least 24 hours in advance to reserve a bike for any afternoon or weekend class. In



the first two months of the year, cycling classes have shown a 12% increase compared to last year.

"We regularly tweak the group fitness schedule based mainly on attendance. We are always looking for the right combination of class times to make them convenient for everyone," says Peacock.

The JCC currently offers more than 90 group fitness classes per week. Schedules are posted online at www.jewishlouisville.org.

Passover hours at the JCC Projects starting during shutdown

The JCC will observe special hours during Passover. More information about the holiday and its observances can be found online at www.jewishlouisville.org.

JCC PASSOVER HOURS

Monday, March 25

JCC closes at 6 p.m.

Tuesday, March 26

JCC closed

Wednesday, March 27

JCC open, but the business offices will be closed

Monday, April 1

JCC closed

Tuesday, April 2

JCC open, but the business offices will be closed

During the shutdown, we will finish many projects to improve the JCC. These include grouting and replacing tiles in the men's locker room shower and replacing

the glass block in the men's and women's steam rooms. These repairs will be done as quickly as possible and the areas will be open by Saturday, March 30, at the latest.

The motor for the main elevator will be replaced starting Tuesday, March 26, and will be finished by Friday, March 29. While the main elevator is down, those in need of assistance may use the elevator in the Health and Wellness area. Please enter the building through the doors by the Health and Wellness wing of the JCC. We will disarm the alarm while we are repairing the elevator.

Maintenance staff will also do some general repairs that cannot be done, while the building is open, including some painting, plumbing repairs and a detailed cleaning of the building and equipment. As always, we appreciate your patience while repairs are being made. An email will be sent out to update when the elevators, showers and steam rooms are reopening.

Old Fashioned Fourth of July Party will return mid-summer with pool races, a big splash contest, DJ, popcorn, sno-cones and fun activities for the entire family.

"It will be an exciting summer at the JCC pool," says Membership Director Suzy Hillebrand. "We are bringing back some of the old celebrations that our members loved and starting some new traditions as well."

Many different JCC groups will use the Family Pool during the summer. JCC Summer Camp will have Lenny Krazyelburg Swim Academy Swim

Lessons in part of the Family Pool and three lanes of the Lap Pool from 9:30 a.m. - noon most weekdays. Camp free swim will use half of the Family Pool from 12:45-2:30 p.m. The JCC Gators will practice in part of the Outdoor Lap Pool starting May 20 from 4-7 p.m. The Gators will use five lanes. Families and lap swimmers are always welcome to use the non-dedicated parts of the pool during this programming.

More information will be announced in next month's CenterPiece about the Outdoor Snack Bar revised menu and hours.

Come celebrate!

RAIN OR SHINE

ISRAEL@65

FREE MUSIC, FOOD, FUN!

April 14th 12-3pm

JCC Louisville

Yom Ha'atzmaut (Israel Independence Day)

is celebrating Israel's 65th birthday by coming together for one big event filled with music, family fun and spirit.

Family activities with

Speed Art Museum

Krav Maga demonstration

Honor IDF Soldiers

12:30 p.m. COMMUNITY WALK with ISRAEL

PJ Library Story Walk

LIVE MUSIC

with performers from Israel

Great Food!

IT'S ALL HAPPENING AT THE JCC

3600 DUTCHMAN'S LANE

For more information call 459-0660

JCC Spring Camp is going on an environmentally sound picnic April 2-5

The flowers are starting to bloom at the JCC, which can only mean it is time for Spring Camp. This year, campers will be "Going on a Picnic" as they explore this classic springtime activity from every perspective. Spring Camp is open to children 20 months-5th grade and runs at the JCC April 2-5.

Throughout camp, participants will participate in an ecological special project, collecting cell phones to be reused or recycled. The cell phones will be given to Pace Butler Corporation to recycle and to provide affordable cell phone services to those without a phone.

Camp begins with a look at the smallest picnic participants, but ones that may not be invited-ants! Campers will explore their picnic from the ants' perspective and get a special visit from Bricks 4 Kidz with a LEGO project.

On Wednesday, April 3, everyone will

get dirty. Campers will learn how dirt plays an important role in the ecosystem. K-5th graders will take a field trip to the Louisville Nature Center. On April 4th, campers will practice their three R's: reduce, reuse and recycle. Campers will reuse items others might throw in the trash. On Friday, campers will expand their imaginations by bringing items from home for their picnic.

Campers K-5 swim daily, and of course there will be lots of crafts, sports and exciting activities for all age groups. Camp runs 9 a.m.-3 p.m. with Get Up Gang and Stay 'N Play options available. There is no camp on April 1 due to Passover.

To register for camp, download a registration form at www.jewishlouisville.org/springcamp. For more information, call 502-238-2708.

Summer Camp Open House was a Blast!



JCC Spring Camp

Going on a Picnic

April 2-5



Times and Registration at
jewishlouisville.org/springcamp

STUDIO ART CLASSES

Drawing and
Watercolor
Classes with
Sue Huttenlocher
start April 15 & 17.

To register, call
459-0660

camp is short play hard
LOUISVILLE JCC SUMMER CAMP 2013

Register for Summer Camp

Early Bird Discount Until March 22!

- Sessions from June 10th-August 9th
- General Camp for Ages 20 Months-6th Grade
- Specialty camps include Swimming, Art, Theatre, Dance, Sports and much more!

For more information call 459-0660 or visit
www.jccloisvillecamp.org

Swim Every Day!

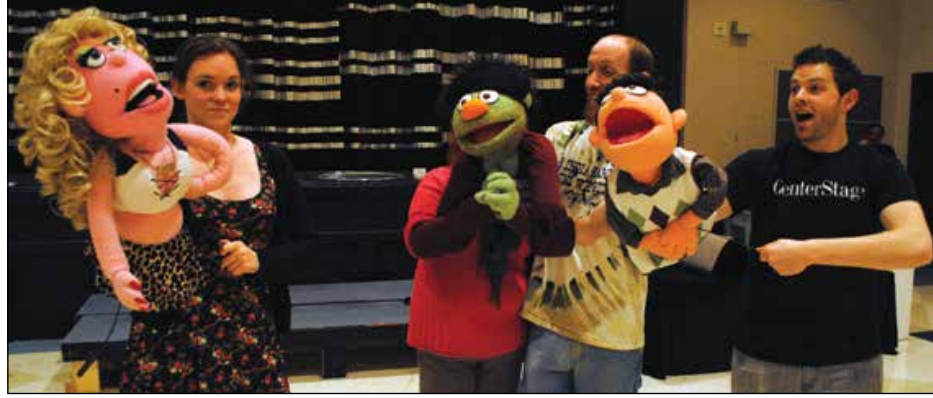
CenterStage Searches for the Purpose of Life with *Avenue Q*

Avenue Q is the smash-hit Broadway musical about real life in New York City, as told by a cast of people and puppets through a hilariously irreverent comedy. CenterStage will present, *Avenue Q*, a winner of the Tony Triple Crown with Best Book, Best Score and Best Show awards, April 11-28 at the Jewish Community Center as the closing show of their 2012/2013 season.

Avenue Q tells the story of Princeton, a bright-eyed college graduate who moves to NYC with big dreams and a tiny bank account. The only apartment he can afford is way out on Avenue Q, where everyone's looking for the same things he is: a decent job, a stable relationship and a "purpose." Eventually, Princeton learns to embrace the ups and downs of city life and realizes that "the real world" isn't so bad, after all!

The New York Times hailed *Avenue Q* as "a breakthrough musical of a very different stripe. Savvy, sassy and delicious!" and Entertainment Weekly claimed it was "one of the funniest shows you're ever likely to see!"

Avenue Q features music and lyrics by Robert Lopez and Jeff Marx, book by Jeff



CenterStage Actors Kate Nuss (Lucy), Brian Morris (Rod) and Jordan Price (Princeton) learn to use their puppets early in rehearsal.

Whitty, based on an original concept by Robert Lopez and Jeff Marx. "*Avenue Q* is one of the funniest shows I have ever seen. Its irreverent comment on today's society is tongue and cheek and teaches us that a sense of humor can help us all get through life," says CenterStage Artistic Director, John R. Leffert. "Sometimes I think we take ourselves too seriously. This smart musical is a perfect satire from which we all can learn. With songs like 'Everyone's a Little Bit Racist,'

'The Internet is for Porn,' 'It Sucks to Be Me,' how can you go wrong?" Bringing to life the fun, furry characters who live on *Avenue Q* are Jordan Price (Princeton/Rod), Katie Nuss (Kate Monster) and Brian Morris (Nicky, Trekkie Monster).

Due to mature themes, adult language and full-puppet nudity, *Avenue Q* is inappropriate for children. Parental guidance is advised.

Tickets cost \$18 in advance or \$20 at

Avenue



The Musical

MORE INFORMATION

Show Dates & Times

Thurs., April 11	7:30 p.m.
Sat., April 13	7:30 p.m.
Sun., April 14	2 p.m.
Thurs., April 18	7:30 p.m.
Sun., April 21	2 p.m.
Sun., April 21	7 p.m.
Mon., April 22	7:30 p.m.
Thurs., April 25	7:30 p.m.
Sat., April 27	7:30 p.m.
Sun., April 28	2 p.m.

Tickets

For tickets, visit www.CenterStageJCC.org or call 502-459-0660. Tickets cost \$18 in advance or \$20 at the door.

the door and are on sale now. Call 502-459-0660 or visit www.CenterStageJCC.org to reserve tickets for *Avenue Q*.

Acting Out Presents: *Schoolhouse Rock Live!*

On Sunday, March 10, more than 100 children and their parents and grandparents gathered at the JCC for a public performance of *Schoolhouse Rock Live!* presented by CenterStage Acting Out.

One of America's favorite 1970's Saturday morning cartoon series taught history, grammar, math and more through crowd pleasing songs including "Just a Bill," "Lolly, Lolly, Lolly" and "Conjunction Junction." The audience was pulled up on stage throughout the show, to the delight of the children in attendance.

The day also included lunch and post-show exercises and games with the professional actors and JCC Fitness Staff.

Acting Out is now touring schools throughout Louisville and Kentuckiana with the high-energy show. For booking information, contact Lenae Price at 502-238-2763 or lprice@jewishlouisville.org

CenterStage Acting Out is presented by the Marian Weisberg Youth Theatre Fund, The Jewish Federation of Louisville, Metro Louisville Jefferson County and Target.



SCHOOLS OUT DAYS

GRADES
6th-8th

Visits ROCKSPORT!
THURSDAY, APRIL 4

two times to choose from

9 a.m. - 3 p.m. OR
10 a.m. - 1 p.m.

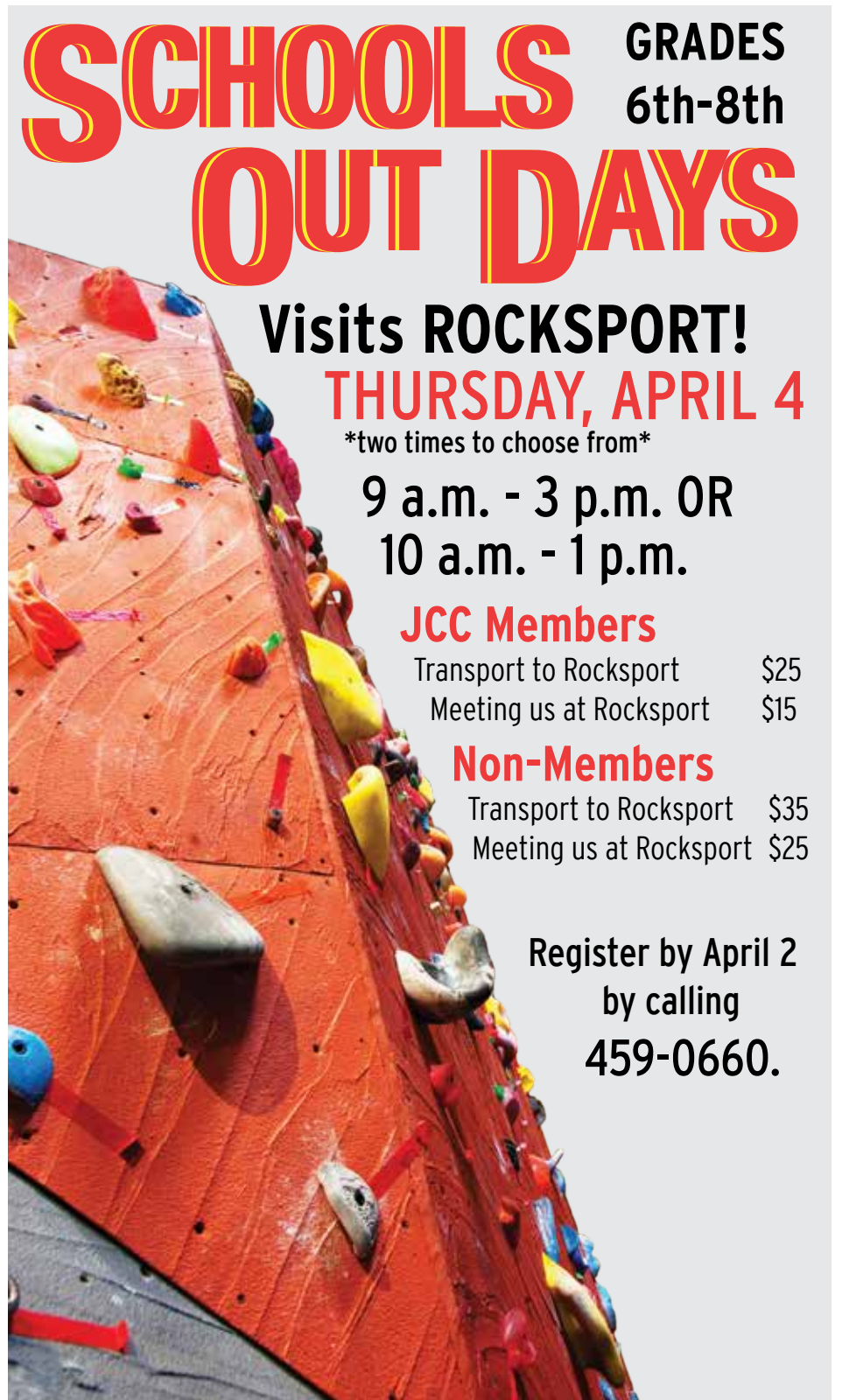
JCC Members


Transport to Rocksport	\$25
Meeting us at Rocksport	\$15

Non-Members

Transport to Rocksport	\$35
Meeting us at Rocksport	\$25

Register by April 2
by calling
459-0660.



FAMILY MOVIE NIGHT


TUESDAY, APRIL 9
FREE FOR MEMBERS
 Family Gym: 3:30-6 p.m.
 Movie Night: 6:15 p.m.
 Located in the Upper Gym

Security Update

We would like to thank our members, guests, visitors and staff for helping to make the Jewish Community Center's transition to ONE ENTRY/ONE EXIT both successful and relatively uneventful. There have been few alarms going off around the building. We have established new exit routes for many of you who pass through our doors, and we have been able to provide you with updated membership and community cards during this transition.

Please remember that this was phase two in our security update process. As you may remember, the installation of additional new cameras throughout the building was phase one. We know we are not perfect and there will be some

mistakes. We ask for help in identifying challenges and opportunities for us to improve our systems. We promise to do our best to assure the safest environment for you and your family, and we will continue to look for ways to enhance the security and your enjoyment of the facilities available to us all. We will soon announce the enhancements you will experience when using the outdoor pool and JCC Camps this summer. Our goal is to provide you with an enjoyable and secure environment.

--
 Stew Bromberg
 Vice President and Chief Development Officer

SENIOR CALENDAR

THE JCC NUTRITION SITE WILL BE CLOSED FROM MONDAY, MARCH 25 THROUGH TUESDAY, APRIL FOR PASSOVER.

APRIL 9
 Chours and Sing-along, JCC Senior Lounge, 12:45 p.m.

APRIL 16
 Bingo, JCC Senior Lounge, 12:45 p.m.

APRIL 22
 JCC Book Club, JCC Library, 11 a.m.

APRIL 22
 Gourmet Dining, Smokey Bones on Hurstbourne Parkway, 5:30 p.m.
 Meet us for Dinner. Cost of transportation: \$6/M, \$8/NM. Call 238-2749 to make your reservations.

APRIL 23
 Chours and Sing-along, JCC Senior Lounge, 12:45 p.m.

APRIL 26
 Redt Yiddish with Al Goldin, JCC Senior Lounge, Noon

APRIL 30
 Bingo, JCC Senior Lounge, 12:45 p.m.

SPRING SWIM TEAM

CONDITIONING



Ages 5-8
April 2-13, 5-6 p.m.

Ages 9-18
April 15-26, 5-6 p.m.

Fee: \$120, JCC Members \$100

JCC GATORS

2013 SWIM TEAM

MAY 20-JULY 14

Fee: \$175*

Ages: 5-18



Register at the Health and Wellness Desk or by calling 238-2727



LIFEGUARD TRAINING

CLASSES HELD:
 To register for one session call 238-2727

SESSION 1 Tues.-Fri., April 2-5 9 a.m.-4 p.m. Sat., April 6 10:30 a.m.-3 p.m.	SESSION 2 Mon.-Thurs., April 15-18 4-8:30 p.m. Sat. & Sun., April 20 & 21 11 a.m.-5 p.m.	SESSION 3 Tues.-Thurs., April 30-May 2 4-8 p.m. Fri.-Sun., May 3-5 11 a.m.-5 p.m.	SESSION 4 May 13, 14, 16 & 17 4-8:30 p.m. May 18-19 11 a.m.-5 p.m.
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CPR CLASSES ALSO OFFERED

TO REGISTER, CALL: 238-2727



ADVANCED SWIM TRAINING

SEE IF YOU CAN KEEP UP!

WEDNESDAYS, 7:05-8:05 p.m.

NOW EXTENDED THROUGH MAY 27

To Register, call 238-2727



Free for JCC Members!