CENTERPIECE INSIDE *Wizard of Oz* returns to CenterStage PAGE 3

JCC Unveils New Smart Cardio Equipment

By Lisa Hornung Communication Specialist

embers of the Jewish Community Center got a big gift this holiday season - new cardio equipment.

Coming on the heels of the locker room upgrade, the new equipment is a much-needed improvement allowing the JCC to jump to the top of the list of local gyms in fitness technology.

There are 24 new machines by Precor, including two AMTs (adaptive motion trainers), two recumbent bikes, 10 treadmills and 10 elliptical machines. All of them will have computers on board in which users can log in, watch TV, check Facebook and Twitter (and check in at the JCC!) and upload their workouts to their smartphones with the fitness tracking app, Preva. The machines will have workout videos to follow and let members know about upcoming classes and events at the JCC.

"This is the newest cardio equipment on the market," said Ron Peacock, JCC

fitness director. "No other gym in Louisville has this quantity of state-of-the-art fitness equipment."

The AMT is a cross between an elliptical machine and a stair-stepper, except that you control the stride yourself. The machine allows you to climb, run or stride like a gazelle.

According to the Precor brochure, 'users can go from short stride to long stride, walking to running, climbing to lunging, allowing them to target different muscle groups. Pushing and pulling the moving handlebars will engage the upper body, resulting in a total body workout.'

All the Precor equipment will allow users to read in English, French, Dutch, German, Italian, Russian, Spanish, Japanese or Chinese.

The ellipticals use CrossRamp technology allowing the user to adjust the machine to his or her own fitness level between 13 and 40 degrees of incline with moving upper-body handlebars. The treadmills adjust from a -3 percent to 15 percent incline, and go up to 16 mph.

A JCC Member working out on the new Percor elliptical machine. The new machines will allow you to log in an track your workouts online as well as watch TV and surf the web during your workout.

Meet the Challenge Campaign **Renovates Locker Rooms Donations now total more than \$80,000**



On December 5, the Men's and Women's locker rooms re-opened to much excitement. Old metal lockers were replaced with new wooden ones on both sides. New flooring and paint were in put in and the men's vanity was re-placed. The upgrade was paid for by the JCC Meet the Challenge Campaign, which is raising \$120,000, all of which will be matched by the Jewish Heritage Fund for Excellence.

Thank you!

Thanks to generous contributions from many of our members to the Meet the Challenge campaign, needed improvements are underway throughout the JCC. The renovated locker rooms are open; new chairs for CenterStage have been ordered; and planning is underway for other projects on our list that will ensure the building serves our members as best we can.

But we're not there, yet. We have raised \$84,000 toward our goal of \$120,000. There's time left by year-end to make

Thank you again.

Susan Waterman & Bud Schardein Health and Wellness

Kate Stratman

Early Learning Center

Sarah Harlan CenterStage

your contribution online or return the Meet the Challenge card sent to you in the mail. As a reminder, every donation will be matched by the Jewish Heritage Fund for Excellence, and your donation may be fully tax deductible. What better time of year to make a long-lasting gift to our second home?

We're glad you're part of our JCC fam-ily. We could not have completed the above updates without help. For those of you who have not yet had the chance, please help us finish up the other items on our list.

Barb Schwartz BBYO

Seana Golder Summer Camp

Margot Kling Seniors

WINTER HOLIDAY SCHEDULE AT THE JCC

Wed., December 24: 7 a.m3 p.m. Group Fitness: 8 a.mJ-BarreBekki Jo 8:30 a.mBODYPUMP™Tara 9 a.mCycleSusan 9:30 a.mCardio Challenge. Susan 10:30 a.mDeep WaterBeth 10:45 a.mYoga FlowMichelle	Wed., December 31: 7 a.m3 p.m. 8 a.m. J-Barre. Bekki Jo 8:30 a.m. BODYPUMP™. Tara 9-9:30 a.m. Cycle Susan 9:30 a.m. Cardio Challenge. Susan 10:30 a.m. Deep Water. Beth 10:45 a.m. Yoga Flow Michelle
Thurs., December 25: 7 a.m3 p.m. Group Fitness 10:45 a.mYoga Flow Michelle 9-9:30 a.mCycle Lite Lisa 9:30 a.mMuscle Blast Lisa 10:30-11 a.mCXWORX™ Tara 11 a.m	Thurs. January 1: 7 a.m3 p.m. 9-9:30 a.mCycle Lite Lisa 9:30 a.mMuscle Blast Lisa 10:30 a.mDeep Water Beth 10:30-11 a.mCXWORX™ Penny 11 a.mBODYPUMP™ Penny

Dreidels, Bikes Spin for Kentucky Special Olympics at Cycle for Good



By Tara Stone

The Third Annual JCC Cycle for Good took place on Sunday, December 14. There were more than 25 cyclists participating during the four-hour event. The cyclists donated \$25 and cycled as long as they could. Several JCC members made it two hours on the bikes. JCC Assistant Membership and Wellness Director Tara Stone continued her streak of cycling all four hours for the third year in a row. After getting off the bike, massage therapists were on hand to help work out tense muscles.

This year, Special Olympics athletes participated and cycled along with members. For the first time, donations topped \$1,000 with proceeds going to Special Olympics of Kentucky. Donations can still be made by contacting the Health and Wellness desk.

JEWISH YOUTH GRADES 6-8

bbyo

PERFECT NORTH SLOP

SKI TRP TO

PERFECT NORTH

MONDAY, JANUARY 19

8 a.m. Departure from JCC

8 p.m. Arrival Back at JCC

Join us as we take a trip to Perfect North

on your day off from school. You can ski,

snowboard or tube or do all three. Experience

winter at its finest with the JCC.

Transportation, lift ticket and flex rental included

Fee: \$85 | JCC Members: \$80

Please bring spending money for

lunch and dinner.

To register, contact Mary Dooley at 502-238-2718.

Register by Monday, January 5 at 5 p.m.

Register online at بٹٹیز jewishlouisville.org/teen-ski-trip

JCC Patio Gallery Brings Peace in the New Year

By Lisa Hornung Communications Specialist

The theme of January's Patio Gallery art show is Peace, and there are two artists and an organization that will collaborate in this endeavor January 11-February 24: Laurie Wohl, Terry Taylor and Peace Postcards.

Because all three shows are focused on the same theme, they are displayed in conjunction in the Patio Gallery and outside the gallery in the lobby.

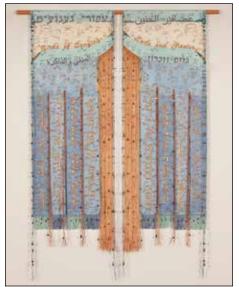
"It's three different forms of art that promote peace," said Slava Nelson, cultural arts director. "With our 125th anniversary this year, it perfectly symbolizes our mission. From the very beginning, the JCC has always promoted peace."

Laurie Wohl

"Birds of Longing: Exile and Memory" by Laurie Wohl, interweaves Muslim, Jewish and Christian poetry and spiritual texts for the period of the Convivencia in Spain (the eighth through the 15th centuries) and from contemporary Middle Eastern poets, particularly Palestinian and Israeli.

Wohl will give a presentation on Sunday, January 11, from 12:15-1:30 p.m., which is sponsored in part by Louisville Area Fiber and Textile Artists (LAFTA). The presentation will be followed by an opening reception 2-4 p.m.

Wohl uses what she calls Unweavings to make her fiber art pieces, using unwoven canvas, textured papers and oth-



"Birds of Longing" by Laurie Wohl

er materials as a foundation to integrate visual and tactile elements with texts, using Arabic and Hebrew calligraphy, with Greek and English calligraphy, too.

There is an audio component to the project and consists of readings in English, Arabic and Hebrew of the portions of the poems and spiritual texts contained in the Unweavings, Wohl said.

"My hope for the project is that its visual and auditory impact will make vivid for viewers the connections among the Abrahamic religions and stimulate reflection on their shared emotional, aesthetic and thematic content," Wohl said.

New Patio Gallery Space Opens with Robert Klein's Photography

Local photographer Robert Klein has a showing in the front lobby of the JCC now until January 6.

The photos take up a recently unused space and bring needed beauty to the lobby of the JCC. The area will be used as additional space for the Patio Gallery to provide more room for future shows.

Èven as Klein hung his photos, guests began wandering over to see the photos. It's Klein's first show, and he admitted that it's exciting and intimidating.

The show features some of his work from 1973 to the present, with an emphasis on his two recent trips to Israel. The last visit was as a participant in the Artist in Residency program sponsored by Partnership2Gether. The program pairs artists in various fields in the Partnership's region in Israel, the Western

Galilee.

One of Klein's duties on that adventure was to document the other artists and activities of AIR, and some of those images are included in this exhibition. About a third of the show features photos from Israel, and others are from Kentucky, Cincinnati and Oregon. This exhibition shows a range of subjects and styles reflecting Klein's varied ways of expressing his vision in photographic images.

Klein said he believes that a photographer often sees the world differently, noticing the unusual juxtaposition of things or the visual order of the world. He finds joy in being able to do that and constantly strives to realize his vision with greater technical and artistic skill.



Monday-Friday, December 29-31 & January 2, 9 a.m.-3 p.m. (Camp is closed on January 1.)

Open to Preschool Campers and K-6 Campers! Extended day options available. Pick up registration forms at the JCC or visit **www.jewishlouisville.org/wintercamp.** Contact Mary Dooley at 502-238-2718 or mdooley@jewishlouisville.org for more information. Bette Levy, Patio Gallery director, brought Wohl to the gallery because of her religious vision. "I first became aware of Laurie (Wohl) when I was a vice president of the Surface Design Association and she applied for a grant which was subsequently given to her," Levy said. "I thought, at that time, that her work was particularly intriguing because it focused on the three major religious groups and looked for commonalities in the music, religious writings, and art of the three."

When she later sent Levy a letter at JCC," I was delighted to offer the opportunity to bring her work to Louisville."

LAFTA is supporting, in part, her presentation and gallery talk, the Sunday prior to the reception.

Terry Taylor

Terry Taylor, executive director of Interfaith Paths to Peace, will present his show, "A Pilgrim Lens," alongside Wohl.

The photos displayed were taken during Terry's "sometimes sacred, sometimes secular spiritual journeys around the US and around the world."

Taylor worked as a journalist early in his career, shooting black and white photos for print. Today he has adopted as an intentional aesthetic the use of an iPhone and simple cameras to produce photos that are printed as-is, with little or no digital manipulation.

Taylor's travels have taken him to 29 nations and all 50 states. He maintains an active membership in the Fellowship of Reconciliation and serves on the Board of Fons Vitae Press, and is a member of the Board of the Louisville Chapter of the American Foundation for Suicide Prevention. He is also a member of the North American Interfaith Alliance. Terry collaborates on projects and events with the Roman Catholic Archdiocese of Louisville; the Jewish Community Relations Council; the Episcopal Diocese of Kentucky; the Islamic Cultural Center of Louisville; the Baha'is of the Kentuckiana area; the Drepung Gomang Institute (Louisville's Tibetan Buddhist community); the Ten Thousand Buddhas Summit Monastery of Corydon, Indiana; the Hindu Temple of Kentucky and Kentuckiana American Indian Advocates.

Peace Postcards

Peace Postcards will also participate in the event with a public art project set up outside of the Patio Gallery. Peace Postcards is a public art project based out of Louisville that allows people to draw on postcards their vision of peace and add them to a gallery of postcards from all over the world. Some of the postcards will be shown in Peace Postcard exhibitions.

Peace Postcards began in January 2009. Allan Weiss, a Louisville lawyer and peace activist working with Interfaith Paths to Peace, wondered what would happen if the public were allowed to draw their visions of peace on postcards. Five years later, Peace Postcards has more than 20,000 postcards from 25 countries around the world.

Weiss takes the postcards displays to showings worldwide. In August 2012, he displayed cards at the Hiroshima memorial in Japan – the first American organization to be part of that memorial. In September 2012, he took 200 cards to the Tehran Peace Museum in Iran.

Weiss said the majority of the cards are from children because it's easier to get schools to participate, but the cards are open to everyone. The display at the JCC will have easels set up for anyone to make art, and the cards will be displayed on the glass walls of the library.

For more information on Peace Postcards, visit Peacepostcards.org.





Theme: Hand in hand 5:30-9:30 p.m.

Fee: \$30, + \$10 per additional child* JCC Member Fee: \$20, + \$10 per additional child* * Children must be from the same household.

Register by 5 p.m. Friday, Jan. 9.

Register online at jewishlouisville.org/family-programming

Expanded Art Classes at the JCC this Winter

Ever thought about taking a class on watercolors, oil painting, collage or jewelry making? The JCC has all these classes planned beginning January, all taught by local professional artists.

The classes give beginners an opportunity to stretch their creative muscle and expand their ability to make beautiful art for themselves, family and friends.

Luci Mistratov is a new instructor to the JCC. Since 1998 she has been an instructor for Kalinigrad University as a lecturer in computer art and watercolors. She has a Ph.D. in art education and will teach Watercolor for All Levels

Award winning artist Debra Lott, a south Florida transplant to Kentucky, is inspired by the human form. "Beyond my artistic endeavor is also a desire to elevate each person's value, to create awareness and to promote their position with a visual expression of their spirit.

Her social-justice themed paintings have been featured in the National Art Education Women's Caucus four years

in a row, as well as the National Women's Caucus for the Arts at Kniznick Gallery at Brandeis University, Boston, and the St Louis National Caucus for the Arts in St. Louis, Missouri. Lott will teach Oil Painting

For the first time, the JCC will offer jewelry-making classes with Yulia Pogrebinsky. "In this all-inclusive class I will provide you with the techniques, tools, and materials, as well as tips, tricks, and pointers to make your own unique, beautiful pieces," Pogrebinsky said. By the conclusion of the four-week session, participants will have made a pair of earrings, a bracelet and a necklace, and have learned the skills to go on and make more.

After learning the basics of beaded jewelry, artists can expand their options by learning to work with wire. In this all-inclusive class, participants will make wire embellishments, rings and pendants. Pogrebinsky will teach Basic Beading and Basic Wire Wrap.

Linda Erzinger is also a transplant

WATERCOLOR FOR ALL LEVELS

Instructor: Luci Mistratov Mon., January 12-February 16, 4-5:30 p.m. Mon., January 12-February 16, 6:30-8 p.m. Fee: \$136, \$96 for JCC Members, plus supplies

OIL PAINTING

Instructor: Debra Lott Tues., January 13-February 17, 10 a.m.noon

Thurs., January 15-February 19, 10 a.m.noon

Fee: \$130, \$94 for JCC Members, plus supplies

JEWELRY-BASIC BEADING

Instructor: Yulia Pogrebinsky Wed., January 14-February 4, 6:30-7:45

p.m. Fee: \$140, \$120 for JCC Members, including supplies

to Kentucky from Florida. She arrived in Louisville to get a master's degree in expressive therapies at the University of Louisville then worked for many years as an art therapist.

In her collage class, students will learn how to make their own visually interesting collage compositions using magazine photos and photos from home.

JEWELRY-WIRE WRAP

Instructor: Yulia Pogrebinsky Wed., February 11-March 1, 6:30-7:45 p.m. Fee: \$140, \$120 for JCC Members, including supplies

COLLAGE

Instructor: Linda Erzinger Tues., January 13-February 19, 6:30-7:45 p.m. Fee: \$100, \$800 for JCC Members, including supplies

WATERCOLOR WEDNESDAYS

Instructor: Sue Huttenlocher Wed., January 14-February 18, 10 a.m.noon Wed., April 8-29, 10 a.m.-noon Wed., May 6-27, 10 a.m.-noon

Fee: \$92, \$72 for JCC Members, plus supplies

Students will complete two projects, with the second having a Valentine's Day theme featuring loved ones, which they can save for themselves or give as a gift.

Beloved long-time instructor Sue Huttenlocher isn't going anywhere. She will continue to teach watercolor classes at the JCC this year, too.

Family Favorite Wizard of Oz Returns to CenterStage

This January, CenterStage will dance down the yellow-brick road and into your hearts.

Journey over the rainbow with your favorite childhood friends - Dorothy, Scarecrow, Tin Man and the Cowardly Lion – as they follow the yellow brick road back to CenterStage, entertaining not only children, but all of us who are young at heart.

The show will run January 8-25 at the Jewish Community Center.

Share a long-time family tradition, not to mention a national treasure, as CenterStage and Physician's Center for Beauty introduces a whole new generation of children to the magic of "The Wizard of Oz." Based on the novel by L. Frank Baum along with music and lyrics from the MGM motion picture score by Harold Arlen and E.Y. Harburg, CenterStage's exciting new production will feature a cast of 72, including 46 children who will sing and dance their way into your hearts.

If you are a fan of the classic MGM film, you will love the stage production. True to the film, the musical features the same heartwarming story, colorful characters, clever dialogue, lush score and even a transformation of the stage from a sepia-toned Kansas to a Technicolor Oz.

Reprising their roles from Center-Stage's original 2002 production is Kate Welsh as Dorothy Gale and the local favorite, Colette Delaney as Glenda and Aunt Em. Joining Frank Goodloe III as the Tin Man are Brian Bowles as the Scarecrow, and Scott Goodman as the Cowardly Lion. Rounding out the cast and donning the green make-up will be Kristy Calman as the Wicked Witch. And don't forget Toto, too!

CenterStage has produced sold-out runs of "The Wizard of Oz" twice with the most recent being 10 years ago. "In my long history of directing shows, I have never experienced a show like 'The Wizard of Oz.' We all have our favorite memories of sitting wide-eyed in front of the television once a year, sharing it with our family," " said John R. Leffert, CenterStage artistic director. "It is thrilling for me to see the awe and joy on the faces of parents and children alike as they leave the theater after having shared the familiar experience. Those

who wish to attend a performance had better get their tickets early because, if history repeats itself, every performance will sell out!'

Prior to each Sunday matinee, CenterStage invites you to a special Tea with Dorothy and Friends, in which the children will tour backstage, create a

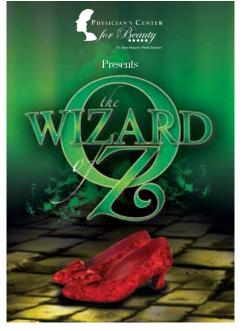
fun take-home craft and enjoy a child friendly lunch alongside Dorothy and her friends. Following the tea, you will receive priority seating for a matinee performance. Tea-only tickets are also available. Make your reservations today as space is limited.

Tickets for children (10 and younger)

are \$16, tickets for adults are \$20.

Group rates (20 or more) available by request, contact Anne Ensign at 238-2773. Tea Party tickets are \$16 or can be purchased with a matinee ticket for \$26. Tickets can be purchased at the JCC,

by phone by calling 502-238-2709 or on-line at www.CenterStageJCC.org.



WIZARD OF OZ

Thurs., Jan. 8	7:30 p.m.
Sat., Jan. 10	7:30 p.m.
Sun., Jan. 11	2 p.m.
Mon., Jan. 12	7:30 p.m.
Thurs., Jan. 15	7:30 p.m.
Sat., Jan. 17	7:30 p.m.
Sun., Jan. 18	2 p.m.
Thurs., Jan. 22	7:30 p.m.
Sat., Jan. 24	7:30 p.m.
Sun., Jan. 25	2 p.m.

Tickets cost \$20 or \$22 at the door and can be purchased by calling 502-238-2709 or visiting www.CenterStageJCC.org. A limited amount of \$10 rush tickets are available for weekday performances only by calling 502-238-2709 or in person at the Box Office.





Weds., Jan. 7-28, 2015 • 5:30-6:30 p.m. • Fee: \$72, JCC Members only Stop in at the Health & Wellness desk to register. For more information call 502-238-2727



SENIOR CALENDAR

DECEMBER 30 Bingo, 12:45 p.m.

JANUARY 6 Computer Class, 10:30 a.m.

Gregg Benefield from TARC will be back to

Give instructions in using YouTube, Skype, Amazon, Ebay and more.

Free for Club Members, \$10 for NM.

JANUARY 6 Bingo, 12:45PM

JANUARY 13 Senior Retirees Meeting, 12:45 p.m.

Rabbi Nadia Siritsky will speak on "Judaism & Health-Eating Healthy." Refreshments will be served. JANUARY 19 Gourmet Dining Club, 5:30 p.m.

Join us at Cattleman's Restaurant on Hurstbourne Lane for dinner.

Cost of transportation: \$6/M, \$8/NM

JANUARY 20

Sing-along with Mary & Mila, 12:45 p.m.

JANUARY 27 Bingo, 12:45 p.m.

Clothing Drive for Immigrants from Bhutan (near Pakistan & India)

During the month of January, please bring in either new or gently used men's or women's clothes such as coats, hats, gloves, pants, shirts, etc.

Donation boxes will be in the Senior Adult Lounge.

JCC Garden Club Needs Volunteers



No experience needed! Seed planting begins in March. To lend a hand, call Margaret Mazanec 502-271-7197 Mag Davis 502-326-4920 or Diane Sadle 502-238-2749

TRAIN YOUR WAY PERSONAL TRAINING AND PILATES AT THE JCC



NOW FEATURING NEW RATES!

Our goal is to provide you with the **motivation and education** needed to help you meet your Health & Wellness needs. Let us help you create a fitness program based on your goals today.

Contact the Health & Wellness Desk today for details. 502-238-2727



Miller Wins Largest Mazin Annual Art Exhibit Ever

By Ben Goldenberg Marketing Director

Douglas Miller won the largest ever Mazin Annual Art Exhibition for his work "We Are Always There." Teri Dryden was awarded second place for "Champagne Bubbles," and Sherrill Keefe won third place for "Landscape." Honorable Mentions were also given to Ron Anderson, Ada Asenjo, Sally La-Baugh and Allison Renyolds. The show will be on display at the JCC Patio Gallery until January 6, 2015.

This year's showcase was the first to be open to Kentucky, Indiana and Southern Ohio. With the help of Judy Hummel and her sisters Marilyn Mazin Miller and Helaine Mazin David, the daughters of Bernice Mazin, JCC Patio Gallery nearly doubled the award money to \$1,000 for first, \$500 for second and \$300 for third places.

\$300 for third places. McCrystal Wood, a professor of art from the University of Cincinnati, juried the show. She said it was a very tough decision deciding from 142 entries from 63 regional artists and that "based on the quality, could have created three exhibits."

Patio Gallery director Bette Levy worked tirelessly to increase the visibility of the Mazin Annual Art Exhibit and the JCC Patio Gallery. Patio Gallery assistants Lisa Simon and Katlyn Brumfield helped install the shows and are part of the Visual Art Committee at the JCC.

JCC. "We are absolutely blessed with a visual art committee who are always working to help promote this exhibit and all the others," said Slava Nelson, JCC Patio Gallery administrator. "Bernice would definitely be very proud of the level of



2014 Mazin Exhibit Honorees: Ron Anderson, Sherrill Keefe, Douglas Miller, Terry Dryden, Ada Asenjo and Allison Reynolds



Patio Gallery Director Bette Levy, show patrons Emily and Judy Hummel and JCC Adult and Cultral Arts Director Slava Nelson

sophistication and how the show has grown through the years."

Bernice Mazin was a beloved member of the Jewish community who died last year. Ten years ago, she started the annual show to provide opportunities for local artists.

The JCC Patio Gallery will bring Laurie Wohl, a fiber artist from New York in January as well as a photography exhibit from Terry Taylor, the retiring executive director of Interfaith Paths to Peace. A reception for the exhibits will be January 11, 2015 (see CenterPiece page 2).



Latkes in the Lobby took place at the JCC each weeknight during Chanukah. Everyone enjoyed lighting the menorah, stories and latkes with plenty of applesauce and sour cream!

