

# CENTERPIECE

## INSIDE

More than a hundred people celebrated PJ Library's 5th Birthday with a concert by Rick Recht.

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## JCC Personal Trainer Competes in World Strongest Man Competition in January

By Niki King

Ryan Perryman, a personal trainer in the JCC's health and wellness department, might not fit pre-conceived notions of a World's Strongest Man competitor.



Perryman completing a 220 lbs. clean press

He's not a hulking beefcake of a guy, the kind you see on ESPN2 pulling a line of cars.

But at 5 feet 9, and 220 pounds, he's considered a light heavyweight, and in the Strongman competition, that almost means more, he said.

"Those big guys, they can do what they do with sheer mass," he said. "We have to be much stronger."

Perryman competed Jan. 18 in the World's Strongest Man North American preliminary event. He was on target to place 8 out of 11, but hurt his back and had to withdraw before finishing. This was his second competition; he placed third in an event held in Kentucky in 2011.

Most would agree, just being able to meet the requirements of the competition is quite a feat.

He had to be able to deadlift 550 pounds, carry a 265-pound husafell

stone 75 feet, carry a 250-pound keg 75 feet and do a 240-pound axel clean and press.

Perryman, 29, has been training since he was 14 years old. He was a pudgy kid and his dad suggested he start lifting weights and helped him get started. They worked out together and competed with each other.

Perryman said he liked working toward goals, and improving day by day. It taught him discipline and perseverance, he said.

"There are a lot of great lessons you can apply from the gym outside of exercise," Perryman said.

Perryman has several levels of training certifications, including having been a physical training leader in the Air Force. He's now working toward his Certified Strength and Conditioning Specialists certification from the National Strength and Conditioning Association,



Ryan Perryman lifting 550 pounds in a frame deadlift.

## JCC to Hire 100 Summer Workers

By Niki King

Whether you need to pick up some extra hours or find that first job, it's not too early to start planning for summer work. The JCC is having a hiring fair

Mon., March 3, from 4-7 p.m. to find the right people for more than 100 seasonal positions.

Openings include: Dive In Diner staff, pool gate reception staff, camp counselors, advocates (special needs coun-

selors), lead kindergarten group leaders (camp counselors), lifeguards, lifeguard supervisors and swim instructors.

The age requirement for most positions is 16 and older. Camp staff will work May through August, and pool staff can work through Mid-September.

Applicants may submit their resumes and applications at the hiring fair and meet the hiring supervisors for on-the-spot interviews.

"So, dress for success," said Tara Stone, assistant director of membership and wellness.

Stone said people who can't make the hiring fair may stop by the JCC and fill out an application or email a resume to the hiring supervisor. Applications are already coming in, so don't wait too long.

"It's a great place to start for a first-time job. The schedule offers some flexibility, you get to be out doors and get some good experience," Stone said.

Camp counselors with specialty skills in a variety of areas including science, nature, music, dance, drama and gardening are especially needed.

Jefferson County Public Schools teachers and teaching assistants are encouraged to apply as lead teachers for kindergarten groups. Candidates with a Child Development Association Credential or Kentucky Teaching Certification are preferred.

The JCC Camp program also needs people with experience working with children with special needs. The children in the Yachad program may be developmentally delayed, on the autism spectrum, have attention deficit disorder or any other of a number of challenges.

"We are seeking college age students or older looking for a rewarding summer making a difference in the life of a child with special needs," said Angie Hiland, Early Childhood Assistant Director.

College students in fields such as education or social work may even work out an internship, Highland said.

## Summer Camp Open House and Spring Camp Dates Set

The JCC has the perfect cure for your kid's cabin fever. Let them start counting down the days to spring and summer camp.

Camp Open House is 1-4 p.m., Sun., March 23. That's when families can tour the JCC's facilities, ask questions, meet camp staff, register and see what a day in the life of a camper is like. There's a presentation at 2 p.m. for new campers.

Spring camp is March 31-April 4, from 9 a.m.-3 p.m. with care before and after for additional cost. This year, there are exciting new camp options to choose from including Wiley Brown Basketball Camp, Mocking Bird Soccer Camp, CenterStage Academy's Musical Theatre Camp, Artful Child Camp, Nutty Scientists Camp, J-Tots (1 and 2 year olds) Let's Get Messy and J-Tots (3 and 4 year olds) Travel the World and Explore Art.

For summer campers, there are also lots of new offerings to look forward to. The program for children entering kindergarten has been restructured to better meet their needs.

"There'll be more developmental opportunities, with fewer transitions, while keeping all the best parts of camp," said Angie Hiland, Early Childhood Assistant Director.

Swimming, field trips, specialty areas like art and crafts, will be taught by pre-school teachers who will make sure the

little ones are getting lots of lessons to help them prepare for school.

There's also a new program for infants through 23-month-old children who might have siblings at camp.

"While it's not quite camp, it's still a nice, safe environment," Hiland said.

There'll be more specialty camps, particularly in the busiest weeks. And, there are pre-kindergarten through K4 camp options for the first time ever, like soccer, tennis, cooking and art.

The Yachad program received a grant this year through the National Inclusion Program that will fund the chance for 20 children with special needs to attend camp. The Yachad program ensures kids with special needs are assigned assistants and advocates to help them enjoy a full, immersive camp experience.

Hiland said the JCC is hiring for camp staff, too, especially for people who can work with special needs children and for pre-school teachers. College students could even work out an internship.

Lastly, Betsy Shwartz recently took the helm as the new camp director. Shwartz worked in a number of integral roles at JCCs in Massachusetts and Florida, but always enjoyed camp the most.

"I always said the perfect job for me would be camp 24/7," she said.

To register, contact Mary Dooley at 502-238-2718 or mdooley@jewishlouisville.org.

which is considered the gold standard in the industry.

But again, don't pre-judge Perryman. He's no gym rat with nothing between the ears.

Perryman, who has a BA in Humanities from Indiana University Southeast, is also working toward his Master's degree in Civic Leadership from University of Louisville. His thesis focuses on using feminist standpoint theory to create more holistic approaches and policies for exercise and exercise education.

He said he'll keep competing in Strongest Man competitions. The final competition is invitation only.

"I'd like to achieve professional strongman status," he said.

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(JCC Building Notifications)

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JCCPOOL

(JCC Pool Notifications)

to 51818 for up to the minute  
emergency notifications.



# Everyone Enjoys PJ Library's 5th Birthday Celebration and Rick Recht Concert

by Jennifer Tuvlin  
PJ Library Director

PJ Library celebrated providing Louisville's Jewish children with free books and CDs with a birthday party, concert and book reading on Sunday, January 26. More than 150 children and their families came to the JCC, which had just reopened after a frozen pipe burst, closing the building.

This was truly a special community event, as both the LBSY (Louisville Beit Sefer Yachad/The Louisville Hebrew School) and The Temple Religious School arranged for their students to participate and families from all synagogues in Louisville attended.

Rick Recht, a nationally recognized Jewish singer, performed for the PJ Library crew. Recht is the national celebrity spokesperson for PJ Library. He has 13 hit Jewish music albums including two children's albums and has also published a book based upon his hit song, Kobi's Lullaby. Rick had the children up on stage dancing and singing and no one sat still.

"I was so impressed with how he was able to reach the youngest kids while still being 'cool' enough for the older kids. One 7-year-old remarked to me afterwards that at first she thought the music was going to be 'for babies' but when she actually saw him, she realized that he was 'cool' and 'rock and roll.' He used a lot of humor...silly voices, movements, etc...and got the kids to imitate them," said Cantor Sharon Hordes. Marsha Roth, co-chair of the PJ Li-

brary, kicked off the event with her reading of Something From Nothing, the first PJ Library book ever sent.

After the concert, the children had cake and made a video thanking Harold Grinspoon, founder of PJ Library, for his support of the Louisville Jewish community. The Harold Grinspoon Foundation has provided over \$100,000 for Louisville's PJ Library. (See story, page 10)

PJ Library Louisville would like to thank the entire community for five years of support. It would especially like to thank Stephen and Sandra Linker for their past support, the Jewish Heritage Fund for Excellence, Beth Grafman from the Harold Grinspoon Foundation who flew in to attend the celebration and Marsha Roth and Becky Ruby Swansburg, co-chairs of this important program.

Swansburg enjoyed the concert with her twin 2 1/2 year-old children, Robert and Molly.


"PJ Library is obviously about books, but songs and books go hand-in-hand and some of my kids' favorite songs are songs of Rick's," she said, adding that music and stories are tremendous tools for introducing Judaism to children.

"One of the reasons I wanted to be chair of the program is because it does so much to teach my kids about Judaism, to bring Jewish ideas into our home in a way they love," she said.

If you know of any Jewish children, aged 6 months through seven years, who is not already receiving PJ Library books, please register them at [www.pjlibrary.org](http://www.pjlibrary.org).



## Partnership BOOK DISCUSSION



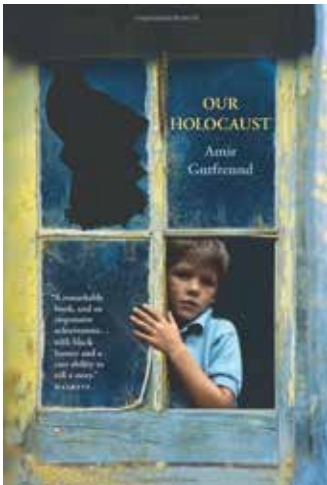
**PARTNERSHIP  
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You are invited to be part of the  
first Partnership 2Gether Book Discussion.

Join readers from Israel, Louisville and other  
consortium communities for a LIVE internet discussion  
with author of 'Our Holocaust', Amir Gutfreund.

**APRIL 6, 2014 • 12:30 P.M.**  
**LOCATION: JEWISH FAMILY & CAREER SERVICE**

Buy your book  
today and watch  
for more details to  
follow.



'Our Holocaust' is  
available on  
Amazon.com.

RSVP by contacting Mary Jean Timmel at  
502-238-2722 or [mtimmel@jewishlouisville.org](mailto:mtimmel@jewishlouisville.org).



# The Color Purple Brings New Actors and Director to CenterStage

by Niki King  
PR Specialist

CenterStage at the JCC is proud to continue its outstanding 2013/14 season with the local premier of the Broadway hit musical *The Color Purple*, a story of redemption and love, March 20-April 6 in the Linker Auditorium, 3600 Dutchmans Lane.

Nominated for eleven Tony Awards, including Best Musical, *The Color Purple* opened in 2005 at the Broadway Theatre where it ran for more than two years. It's based on the classic Pulitzer Prize-winning novel by Alice Walker and the moving film by Steven Spielberg.

It's the unforgettable and inspiring story of a woman named Celie, who finds the strength to triumph over adversity, and discover her unique voice in the world. With a joyous Grammy-nominated score featuring gospel, jazz, pop and the blues, *The Color Purple* is about hope and the healing power of love.

Rush Trowel, a Louisville-based actor, director and theater instructor, is directing the show. Trowel has extensive experience in the entertainment industry, having produced and directed more than 50 stage productions nationwide as well as working administratively for

Broadway in New York City. Rush's latest endeavor was the portrayal of King Asherdan in *JONAH* at Sight & Sound Theatre in Pennsylvania. He also played Scar in a 13-month run of *The Festival of the Lion King* at Hong Kong Disneyland in Hong Kong, China. Rush has given many Performing Arts Workshops for local students, and is currently directing *Peter Rabbit* for CenterStage's Acting Out and was the voice of the plant in CenterStage's *Little Shop of Horrors*.

John Leffert, artistic director for CenterStage, said he's proud that *The Color Purple* is an entirely African American cast.

"We think it's important to diversify our audience and acting company," he said.

The production holds true to its source material, but there are real differences, Leffert said.

The music, for example, has won tremendous critical acclaim. The cast that's been chosen carries it off magnificently, he said.

"When they're singing, your whole body vibrates, their voices are so big," said Lenae Price, CenterStage development and outreach director.

Call 502-238-2709 or visit [www.CenterStageJCC.org](http://www.CenterStageJCC.org) to reserve tickets.

## Show Dates & Times

Thurs., March 20 .....	7:30 p.m.
Sat., March 22 .....	7:30 p.m.
Sun., March 23 .....	2 p.m.
Thurs., March 27 .....	7:30 p.m.
Sat., March 29 .....	7:30 p.m.
Sun., March 30 .....	2 p.m.
Mon., March 31 .....	7:30 p.m.
Thurs., April 3 .....	7:30 p.m.
Sat., April 5 .....	7:30 p.m.
Sun., April 6 .....	2 p.m.

## Tickets

For tickets, visit [www.CenterStageJCC.org](http://www.CenterStageJCC.org) or call 502-459-0660. Tickets cost \$18 in advance or \$20 at the door. JCC Members get a \$4 discount for the 7:30 p.m. performance on Thursday, April 3.

*The Color Purple*  
The Musical about Love

## CenterStage Acting Out Brings Kid-Friendly Classic to Local Families

CenterStage Acting Out will present public performances of the family classic *The Tale of Peter Rabbit* (and Benjamin Bunny) on Sun., March 2, and Sun., March 9, at 2 p.m. in the JCC's Linker Auditorium, 3600 Dutchmans Lane.

This sparkling musical adaptation of Beatrix Potter's timeless story is filled with delightful tunes that will make everyone smile. From Mr. McGregor's "This Is War," and Caw and Kem's "Bugs and Berries," to the beloved finale of "The Family That Sings Together," this show will have your children hopping in merriment, while learning im-

portant life lessons.

The musical touches on critical social themes such as acceptance, coping skills, managing different and conflicting emotions and family dynamics and relationships. It is suitable for children in grades k-5.

The two performances offer the public an opportunity to see the production that will tour through local schools March 3-May 10.

Tickets are \$7 for kids and \$12 for adults. Call 502-459-0660 for tickets or order online at [www.centerstage.org/actingout](http://www.centerstage.org/actingout)



Those passing through the halls of the JCC lately may have seen The Wall of Hope. People were invited to cover it with quotes, pictures and mementos reflecting the experiences and feelings they've had with cancer. The wall is a collaboration of CenterStage and Gilda's Club of Louisville and is associated with CenterStage's production of *W;t*, the one-act play that examines a poetry professor's journey with cancer. The play runs through Feb. 23. (see story Community page 12)

**Free KID'S FITNESS**

Starting February, we'll be offering kid's (5-7 years) and youth (8-10 years) fitness and yoga classes! Also, get your kids started in sports with our Intro. to Sports fitness class.

All kid's fitness classes are located in the Aerobic Studio.



**different classes for kids of different ages!**

**TEEN CONNECTION** JEWISH YOUTH GRADES 5-8  
5TH GRADE ONLY EVENT



**SKY ZONE**  
INDOOR TRAMPOLINE PARK

**MARCH 2**  
1-3 P.M.

Transportation from LBSY and the Temple Hebrew School will be provided.

**Cost: \$25**



**TEEN CONNECTION** JEWISH YOUTH GRADES 6-8

**PAINT NIGHT**

Fee: \$35

**GAME CRAZE**

Fee: \$20

**March 29**

**7-10:30 p.m.**

Whether you decide to paint or game the night away, we'll start with a Pizza Party at 7 p.m.!



## JCC's Patio Gallery StudioWorks 2014 Exhibit Showcases Intellectually Disabled Artists

The JCC Patio Gallery is proud to present the exhibit StudioWorks 2014, Feb. 23-April 1, with an opening reception Sun., Feb. 23, 2-4 p.m.

StudioWorks is an arts program and gallery operated by Zoom Group, the leading provider of enrichment services and employment for adults with developmental disabilities in Louisville.

There are 35 artists working in a variety of media in the StudioWorks program. Trained staff introduces materials and techniques such as painting, drawing, jewelry-making, photography and digital media, ceramics, soft sculpture and collage to help each artist develop his or her strengths.

"The opportunity for personal expression is one of the keystones of the StudioWorks program," said Al Gorman, StudioWorks administrator. "The visual arts function as a second language, accessible to staff and artists alike. The artists in the program have embraced their creative identities and prize the validation they receive as contributing members of the community."

StudioWorks began in 2006 with a few adults with intellectual and developmental disabilities meeting in the back room of a coffee house to make art and

craft projects. It's continued to grow into one of the better art programs of its kind in the country. Much of the credit is due to the artists and staff who provide for the program and embody the idea that everyone has a story to tell and is capable of developing expressive potential.

StudioWorks has a studio and gallery at 2008 Eastern Parkway that is open to the public during business hours. Artists regularly exhibit their art locally and the staff is always seeking opportunities far afield. Artists have shown on both coasts and across the country.

Staff and artists frequently see other exhibitions in the community. StudioWorks has an active visiting artists program, as well, which provides inspiration. Bette Levy, Patio Gallery director, was such a visiting artist and encouraged StudioWorks to exhibit at Patio Gallery.

"The artwork that I saw while I was there was fascinating and engaging," Levy said. "It was obvious that this program has brought richness to the lives of the participants as well as to those who work with them."

Patio Gallery hours are Sun. 9 a.m.-7 p.m.; Mon.-Thurs. 8:30 a.m.-9 p.m. and Fri. 8:30 a.m.-6 p.m.



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502-238-2727



**ORCHESTRA OF EXILES**

**SUNDAY, MARCH 30 AT 7 P.M.**

Prices: \$12 in advance; \$14 at the door, \$6 students

To purchase tickets or for more information, call the JCC at 502-459-0660.

Includes a performance by Kling Chamber Orchestra with Daniel Spurlock as Conductor and the film "Orchestra of Exiles".

Sponsored by NCJW and The Temple

## SENIOR CALENDAR

**MARCH 4**  
**Chorus & Sing-along, 12:45 p.m.**

**MARCH 11**  
**Purim Celebration, 12:45 p.m.**  
Join us as we celebrate Purim with a festive luncheon & of course Hamentaschen. After lunch "Trio Louisville" will entertain.

**MARCH 17**  
**Mammogram Screenings-women 40+, 8:30 a.m.-3:15 p.m.**  
Screenings are done by U of L & James Graham Brown Cancer Center and are sponsored by the Louisville & Jefferson County Partnership in Cancer Control & the Jewish Community Center.

Call 238-2749 to schedule your appointment!

**MARCH 18**  
**Movie & Popcorn, 10:45 a.m.**  
We will watch "The King & I" starring Yul Brynner & Deborah Kerr, rescheduled from January 21! We will also celebrate birthdays & anniversaries.

**MARCH 19**  
**Derby Dinner Playhouse-"Copacabana", 11 a.m.**  
This love letter to musicals of the 1940's is full of dazzling costumes, splashy pro-

duction numbers and original songs by Barry Manilow. Only a few reservations remaining!

Cost: \$30/JCCM & ASCM, \$38/NM.

**MARCH 24**  
**Gourmet Dining Club, 5:30 p.m.**  
Join us at Uptown Café on Bardstown Rd. for dinner.

Cost of transportation: \$6/M, \$8/NM.

**MARCH 25**  
**Bingo, 12:45 p.m.**

**MARCH 30**  
**"Orchestra of Exiles", 7 p.m. at The Temple**  
The Louisville Jewish Film Festival has planned a special evening as a prelude to the arrival of the Israeli Philharmonic's concert on April 1st. The Kling Chamber Orchestra will perform followed by the film "Orchestra of Exiles" which depicts the origin of the Israeli Philharmonic and how 70 of the world's greatest musicians were rescued from Nazi Germany.

A reception will follow sponsored by NCJW.

Cost: \$5 for those registered for the Israeli Philharmonic Concert, \$12 for others.

Reservations for this event due by Wednesday, March 19th.

## New Classes Added to Adult Experiences Semester

The next semester Adult Experience classes begin in March. Back are popular classes including Ballroom Dancing with Kelli Romanchuk as instructor starting March 10. Sue Huttenlocher will continue teaching Introduction to Acrylic Painting and Watercolor on March 31 and April 2 respectively. You can learn conversational Hebrew by taking Beginning Hebrew on March 20.

New this semester, seniors can learn to use the internet with instructor Craig Gosselin starting March 11. Classes are free for JCC Members and only \$5 for non-members thanks to TARC and Metro United Way.

A new art class, Beginning Drawing, begins March 25. Lucy Minstratov will teach students the basics of drawing including shading, tones, composition and drawing methods.

To register for all classes, call 502-459-0660 or visit [www.jccoflouisville.org](http://www.jccoflouisville.org)



Join us for  
**Hamentaschen**  
in the Lobby

March 12-14  
4:30 p.m.